

Smoke Signal

ZONTA CLUB OF DENVER

CALL TO DISTRICT CONFERENCE



District 12 Governor
Kay Meyer

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ZONTA DISTRICT 12 CONFERENCE Communication: It's Complicated!

CALL TO CONFERENCE
October 1—3, 2010

Hilton Garden Inn
2229 E. Grand Avenue, Laramie, WY 82070
307-745-5500 www.laramie.stayhgi.com

Communication from the Gov:

It's a **great date** (Oct. 1-3).

A **beautiful hotel** and central location.

A **dynamic host club** with smart, friendly leaders.

An agenda with **relevant content** you can use.

Parties that you will be hearing about for years.

The usual can't-be-beat **Zonta camaraderie & STORE...**

All for a price that is **such a bargain**. *So, what's not to love?!!*

Quite simply, this is one you shouldn't miss. So... **don't**.

You will learn--

- ▶ How to maximize your personal communication style
- ▶ The intricacies of intergenerational communication
- ▶ New Technical Tools YOU can use
- ▶ How to talk about important issues when you disagree, AKA 'Civil Dialogue'
- ▶ Best Practices for every officeholder & committee
in workshop breakout sessions, AKA 'Zonta Bootcamp'

And don't forget the **Nifty 50s Night** on Friday,

and on Saturday evening: **'A Night-at-the-Zontas'**—THE Awards Gala.

However, what makes this conference really special

(and why we continue to hold it annually) is seeing old friends and making new ones.

We want to see **YOU**. **Please join us!**

Hugs,

~ Kay

PRESIDENT'S MESSAGE

Well, summer is definitely winding down, and while I don't want to see the long days and summer activities end, I'm sure none of us will miss the heat.

We closed out our Zonta summer with another lovely pot luck dinner and meeting in Liz Cameron's beautiful home and garden. I think we all marvel at Liz's ability to grow such a beautiful flower garden. Thank you Liz!

We had several visitors at the meeting – keep them coming – that's how we'll continue to get new members! Also, Mary and Evie entertained us with tales of the great time that they had at the International Convention in San Antonio.

The only business that we conducted was a couple of housekeeping issues regarding finances that Nikki



presented. Otherwise, it was a social meeting and it was so nice to just visit with both old and new friends.

The District Meeting is coming up the first week-end of October in Laramie. This is a very dynamic club, and I am sure they have planned a productive and entertaining 3 days. (Call to Conference is on page 1 of this issue and the registration form is on page 11.) I hope you will consider attending. New members – remember that the club will pay your registration for this meeting. You will not be disappointed!

I hope to see you at the September meeting. Kate and Dottie have planned another great meeting.

—YIZ, Kathy

ZONTIANS IN THE KITCHEN

Pooh Bars

1 ½ c. old-fashioned oatmeal
 1 ½ c. all-purpose flour
 ¼ c. toasted wheat germ
 1 t. baking powder
 ½ t. salt
 1-2 t. cinnamon
 1 c. unsalted butter (2 sticks), softened

½ c. light brown sugar
 2 eggs, slightly beaten
 ½ c. honey
 2 t. vanilla extract
 1 t. almond extract
 ½ c. orange juice
 6 oz. shredded coconut



Preheat oven to 350°. In a medium bowl, mix together the oatmeal, flour, wheat germ, baking powder, salt and cinnamon. In a large bowl, cream the butter and sugar together at medium speed. While beating, add the eggs, honey and extracts in a steady stream. Beat well. Using a large spoon, fold ingredients into the butter/sugar mix in the following order: half of the dry ingredients, half of the orange juice, all of the coconut, the remaining juice and the remaining dry ingredients, making sure everything is fully incorporated before adding the next ingredient. Pour into an ungreased 9x13" pan and bake at 350° for 30-35 minutes.

Prep time: 15 min. Baking time: 30-35 minutes.

(Ed. note: This recipe was provided by a Zontian about two years ago, but, alas, the editor's records do not reveal her identity!)

Continued on page 4

SEPT MEETING

Where: Embassy Suites Hotel
7525 E. Hampden Avenue
Denver, CO 80231

When: Thursday, September 9, 2010
5:30pm – Social Hour
6:00pm – Dinner

Menu: Grilled chicken breast with a basil cream sauce and herb roasted potatoes. Garden salad, seasonal vegetables, rolls Chef's choice dessert

Cost: \$30.00

Greeters: Let's all be greeters!

Inspirational

Moment: Kathy Hyzer

RESERVATIONS: Please RSVP to Kate Linscott no later than Monday, September 6th at noon at (303) 520-8136 or clinscott14@msn.com. If you are on the Permanent Reservation List, please call if you are unable to attend. If you need a special menu, please let Kate know as well.

SEPTEMBER PROGRAM: Back by popular demand is our own Dottie Jenkins who last year gave us a wonderful presentation on how to identify and prevent strokes. Once again her presentation will cover health issues for women that I know will be of interest to each of us. Dottie is a Registered Nurse in the ICU at St. Joseph's Hospital and, as she puts it, "has seen it all." Don't miss her special program! Bring a guest or two!

September Board Meeting—

Sept 16 (not the usual day) at TBD's house (you remember her, don't you?)

Rules of Marriage (as described by kids)**Rule number one:**

Q. HOW WOULD YOU MAKE A MARRIAGE WORK?

A. Tell your wife that she looks pretty, even if she looks like a dump truck . --

Ricky , age 10

Permanent Reservations

Should your name be listed here?

Carroll Allen	Kate Linscott
Judy Bederman	Cheryl McHugh
Mary Benoit	Judy McNerny
Sheila Davis	Wendy Moraskie
Nikki Headlee	Beth Mundell
Cynthia Herndon	Linda Rhea
Kathy Hyzer	Dorothy Swindt
Dottie Jenkins	Joetta Williams

Reservations

- For each general dinner meeting, please remember to call if you aren't on the permanent reservation list. Because we are charged for the number we guarantee, we have to bill anyone who makes a reservation but doesn't come to the meeting (or who forgets to cancel a permanent reservation).
- If you plan on coming to every meeting—why not add your name to the permanent reservations list?
- If you are on the permanent list but tend to forget to call and cancel—why not take your name off the list?
- Please call Kate with your request to be added or deleted!

Happy Birthdays to—

Beyoncé—Sept 4

Grandma Moses—Sept 7

Pam D—Sept 9

Sheila D and Jacqueline Bisset—Sept 13

Liz C—Sept 22

Barbara Walters and Catherine Zeta-Jones—Sept 25

A truly happy person is one who can enjoy the scenery on a detour.

COMMITTEE NEWS

FUND RAISING COMMITTEE

The Fund Raising Committee will be bringing the scarves made over the summer to the September meeting for all members to see. Oh, and if you want to

buy one or two, that would be okay too!

—Judy B

MEMBERSHIP COMMITTEE

The Membership Committee is planning some wonderful upcoming meetings that we hope you will all enjoy. We have tentatively scheduled our Holiday Party on December 9th at the Lakewood Country

Club where we have enjoyed some wonderful parties in the past. We will keep you updated as the plans are finalized. We are looking forward to a great year!

—Kate

ADVOCACY COMMITTEE

The Advocacy Committee is planning ways to help club members learn more and become comfortable with advocacy as a powerful way for us to improve the status of women worldwide. We are planning a trip to the Capitol to get a first-hand look at the legislature making sausages (oh, excuse me—making laws is what I meant to say!), a meet-and-greet with our legislators,

and building stronger coalitions with like-minded organizations in Colorado, such as the Women's Lobby and COVA, the Colorado Organization for Victim Assistance.

You'll be hearing more!

—Alice

SERVICE COMMITTEE

In the Zonta Club of Denver we know when fall is just around the corner because our grant process is beginning. If you have ideas for an organization that fits our mission the service committee would be happy to have an application from them. You may either send me the name of the organization or ask them to look on our web site for the application. The newly revised grant application is now on our web site and it looks great. Thanks Judy Mc for getting that done.

For all of you that continue to prepare food and serve dinners at The Delores Project—Many thanks.

There are several of you that have volunteered to help the Women's Bean Project booth at the Summerset Festival on September 18 and 19. If you would like to volunteer but haven't yet please let me know. And I would like to give a special recognition to Evie. The

Women's Bean Project requested volunteers to check on the Bean Project displays at the homes in the Parade of Homes. This is quite a commitment and Evie is checking on 2 homes. Thanks for volunteering.

Next month, October, we will be collecting accessories for Dress For Success. This means that we will collect gently used costume jewelry, purses, scarves, shoes, etc. Also they always need brand new underwear. Dress For Success will need clothing but not until next year, so if you have the room to store items to be donated that would work. Right now their problem is no storage.

Don't forget to send your service hours to Carroll Allen.

—Mary



HOW YOU CAN HELP

THE WISH LIST

Due to storage limitations Delores Project can only accept items that are needed at the moment. The current list follows. They ask that you call before delivering supply donations.

- Travel size toothpaste
- Travel size shampoo and conditioner

- Travel size lotion and sunscreen
- Coffee
- Sugar
- Coffee filters (commercial restaurant size)
- Toilet paper
- Paper towels
- Trash bags (office, tall kitchen & lawn and leaf sizes)
- New combs and hair brushes
- Disposable razors

The Service Committee will deliver donations you bring to club meetings.

THE FUNDRAISER

3,000 nights

See details on page 7. How about a ZCD group?

DISTRICT 12 GOES TO CONVENTION

San Antonio, Texas, was the place to be with Zontians from all over the world during the latter part of June. Representing 632 clubs, 1600 women attended the 60th Zonta International Convention. The Convention was filled with five days of meetings, voting, networking, protocol, socials, shopping, and eating. It is truly the best way to learn about how our organization impacts women's lives around the world. Detailed information about the Convention is available in the Members Resource section on the Zonta International website. Here are some convention facts:

- 1,224 Zonta Clubs in 66 countries**
- 31,457 members as of May 31, 2010, a decrease of 2.6%**
- 26 Districts lost members; 6 stayed the same or increased**
- Only 85% of Clubs give to Zonta International Foundation (ZIF)**
- Convention Delegates approved a \$15 dues increase**
- ZI has a \$4.5 million annual operating budget**
- 33 women ran for office**
- Our President-Elect won by only 65 votes**
- Number of Delegates voting—1,295**

Delegates voted on 27 bylaws amendments
Resolution passed for daily registration fees at ZI Conventions
ZIF Donations were over \$150,000 during Convention

Attending a Zonta International Convention brings everything full circle regarding the international aspect of our organization and by working with our partners at the United Nations, I realize the impact we have on the lives of others. Every little bit we do through our local clubs does make a difference.

The highlight of the Convention for me was listening to our distinguished guest speakers. Our International Young Women in Public Affairs, Jane M. Klausman, and Amelia Earhart Fellow speakers are truly amazing women that have accomplished more than most do in a lifetime. We also heard from UN speakers with updates on our service projects in Rwanda, Liberia, Guatemala, San Salvador, Cambodia, Nepal, and Uganda.

—Tracy Manning-Egge, External Communications Chair

Ed. Note: This is reprinted from the August *Outreach* at Beth's suggestion

The 3RD HUMAN TRAFFICKING AWARENESS SYMPOSIUM

**“Passion into Action” – Learn what
it is and what to do to stop it!**

WHERE: Youth With A Mission Campus
505 Pope’s Bluff Trail
Colorado Springs, CO 80907

WHEN: September 25, 2010 (SAVE THE DATE)

PRESENTED BY:

Human Trafficking Task Force of Southern Colorado
Youth With A Mission Strategic Frontiers
Zonta Club of the Pikes Peak Area

Additional information soon on: www.ht-colorado.org
No charge – donations appreciated



Human Trafficking Task Force of Southern Colorado

Vision: To end human trafficking, thereby reducing suffering and making our community safer.

Mission: To build a collaboration of organizations and individuals to reduce human suffering caused by human trafficking, through advocacy, awareness, rehabilitation, and services for survivors.

For further information, please contact: bredwards12@aol.com

MORE SERVICE OPPORTUNITIES

The Delores Project **3,000** nights

One night celebrating a decade of sanctuary.

Three-thousand nights. That is how many nights The Delores Project has opened its doors to unaccompanied women who are homeless, providing them a sanctuary from life on the streets. On **Thursday, September 23rd** we invite you to join us in celebrating The Delores Project's 10th anniversary at ***3,000 Nights: One Night Celebrating a Decade of Sanctuary***. We are honored and proud to be celebrating this significant accomplishment and hope that you will be there to share this special occasion with the staff, women and other supporters of The Delores Project.

The Delores Project opened 10 years ago as a grassroots effort in response to several violent attacks on homeless individuals. The Delores Project operated for 6 years during the winter months sheltering 34 women each season until a facility was obtained in 2006 to operate a year-round shelter. Over the last 10 years The Delores Project has been a sanctuary for thousands of women. None of this would have been possible without the generosity of our community providing the funds, volunteering time and extending a caring hand to women in need.

Please join us on Thursday, September 23rd at the Space Gallery for drinks, appetizers, live music and a silent auction. All funds raised at this event will ensure that The Delores Project continues to be a place of sanctuary and hope for women in the future.

Project CURE

Some of you have had the opportunity to attend the First Ladies' Luncheon for Project CURE and have seen first hand the wonderful things Project CURE does. We as a club have an opportunity to participate in this worthwhile cause.

Background:

Project CURE is a 501(c) (3) non-profit humanitarian relief organization that collects donated medical supplies and equipment and delivers them to medical professionals and the patients under their care in developing countries. Currently, Project CURE is the world's largest organization of its kind delivering on average two semi-truck-sized containers of medical relief every week.

Where:

Why not join in on the second Monday of the month for social time and a great hands-on service opportunity! Meet at Jason's Deli, 9525 East County Line Road, near Park Meadows Mall for informal dinner and social time at 5:15 p.m. We can then proceed to the Project CURE warehouse at 6:15 p.m. for sorting of medical supplies that begins at 6:30 p.m. and runs until 8:30 p.m. You will be given a volunteer number that will allow you to check in on subsequent

visits. A short video is shown, a tour of the warehouse is given, training is presented on how to do, and the work begins on the sorting. It is an opportunity to work with other like-minded organizations AND to bond with our sister club – the Zonta Club of Douglas County. As you know, we sponsored this club several years ago. This will also give Zonta name recognition.

When:

Please join me on Monday, September 13 at Jason's Deli – around 5:15 p.m. If you wish to volunteer only to sort medical supplies, you can meet us at Jason's Deli no later than 6:15 p.m. so that we can form a caravan to the Project CURE warehouse. If you wish to go directly to the warehouse – the address is 10377 E. Geddes Avenue, Centennial, CO 80112 – www.projectcure.org.

This is a fun-filled opportunity. Sheila Davis, Cynthia Herndon and I have participated in this project and have enjoyed it!

Let me know if you can join us – 303-617-0947 or email jeashmore@comcast.net.

Hope to see you!

—Evie Ashmore
Member – Service Committee

Excerpt from a poster honoring the First Women in the Mountain Plains Regional Office of US Department of Agriculture Food and Nutrition Service (Evie's former and Wendy's current employer).



Evie Ashmore

I was the first woman in the newly created Mountain Plains Regional Office to be pregnant. If I was away from my desk too long, someone came to ask if I was okay. No one seemed to know what to do with me. Luckily, I had Michelle after I left the office at 4:30 p.m. And, this paved the way for other working moms.

My Mom, Alice Metzloff, is my inspiration and influenced my life greatly. She is a first-generation American who is very proud to live in America. When Pearl Harbor was attacked, she vowed to join the Navy once she graduated from nursing school. She did this and served her country proudly in the Navy Nurse Corps. She attained the rank of Full Lieutenant upon completion of her service and is a Charter Member of the Women in Service Memorial, located in Arlington National Cemetery, Washington DC. She was the first woman in our family to join the Navy as an Officer. She taught me to work hard, be responsible for myself and contribute to my community. She is a remarkable woman who accomplished lots in her life and is the woman I was fortunate to have as a Mom. She has made me the person I am today. She just celebrated her 90th birthday on February 23, 2010.

THANKS DAY OF FILM SPONSORS

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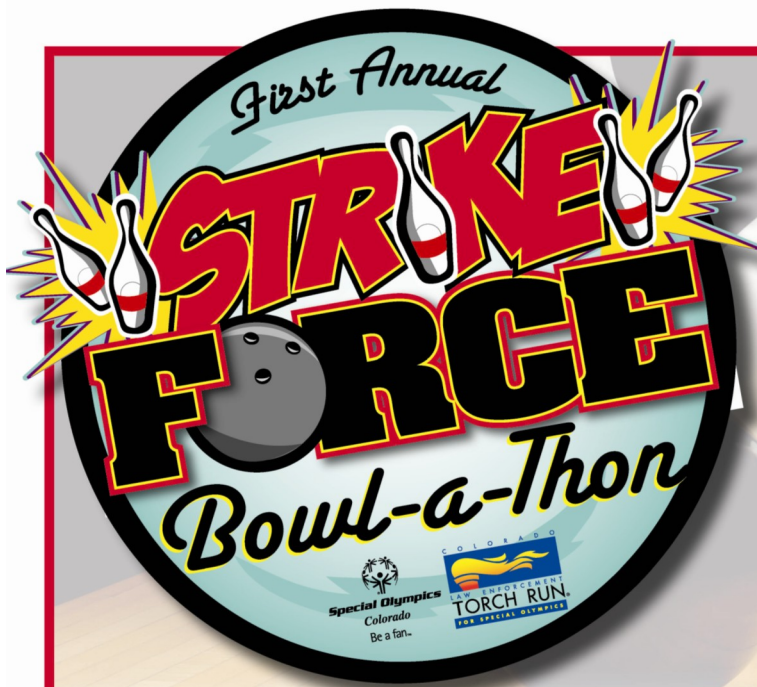
Locations:

810 E. 17th Avenue (17th and Clarkson)
405 16th Street (16th Street Mall at Tremont)
606 West Colfax (Colfax at Fox)

The Institute for Women's Studies and Services offers a rigorous, multi-disciplinary curriculum in women's studies and provides services to support present and future success for students.



Here's a chance to have fun and benefit the Special Olympics. New member Mary S brought this to the attention of the Service Committee. Contact her to sign up for the event or to make a pledge.



**Sign Up Today for the
First Annual
Strike Force
Bowl-a-Thon**

**Benefiting
Special Olympics
Colorado**

www.firstgiving.com/soco

When: Sunday, September 12th, 2010 from 3:30pm – 5:30pm

Where: Brunswick Zone, 9255 Kimmer Drive, Lone Tree, CO 80124

Who: You and 7 of your best friends, crazy co-workers or favorite family members!

Why: To raise funds for the 10,000+ Special Olympics Colorado athletes! To learn more about Special Olympics Colorado, please go to www.specialolympicsco.org.

Team Registration is \$1,000 per team. Each bowler can write a check for \$125 or they can raise the money through donations and/or pledges. Teams can create their own personal fundraising page by registering at www.firstgiving.com/soco.

Each team will receive a First Annual Strike Force Bowl-A-Thon t-shirt for each team member, 3 slices of pizza per bowler, unlimited soft drinks and two hours of uninterrupted bowling.

Bring in over \$2,500 and receive all the perks listed above as well as a personalized bowling-pin trophy with your team's name and the amount you raised for Special Olympics Colorado!

Additional prizes will be awarded in the following categories:

- Best overall team score
- Worst overall team score
- Team that raised the most money
- Most creative team costume/theme

If you have questions, need additional information on the event or are interested in being a team captain, please contact Sarah Traut at 720-359-3112 or st@specialolympicsco.org.

Zonta District 12 Conference

Communication: It's Complicated !

CONFERENCE REGISTRATION FORM



**October 1-3, 2010
Hilton Garden Inn
2229 E. Grand Avenue, Laramie, WY 82070
307-745-5500
www.laramie.stayhgi.com**

Attention Early Birds:
Register for the full conference early for a chance to be reimbursed for your hotel stay on Friday and Saturday nights. Reserve your room now to be sure you get the Zonta rate (\$99 per night subject to availability).

Winner will be notified at the Sunday Brunch. Must be present to win.

Online registration and hotel reservations available at:

<https://www.conference.com/eventmanager/OnlineRegistration.asp?EventCode=TTX>

Name: _____

Phone: _____

Address: _____

City: _____ State: _____

Zip: _____

E-Mail: _____

Zonta Club of _____

Please Indicate If You Are: Club: Officer/Board/Committee Chair

Title: _____

District: Officer/Board/Committee Chair/ Past Governor

Title: _____

International: Officer/Board/Committee Chair/PIP

Title: _____

Please Check if Applicable: Voting Delegate Alternate
(Must attend full conference)

First Time Attendee
(Is this your 1st District Conference?)

Early Registration (received by Sept. 20, 2010 and eligible for free hotel room drawing) _____ \$100

Late Registration (received after Sept. 20, 2010) _____ \$130

Friday Night Nifty 50s Party (NOT INCLUDED IN REGISTRATION FEES) _____ \$14

Additional Guest Charges: Name of Guest: _____

Friday Night Nifty 50s Party _____ \$14

Saturday Lunch _____ \$15

Saturday Night Banquet _____ \$25

Sunday Brunch _____ \$20

TOTAL AMOUNT ENCLOSED: \$ _____

Please select your meals (if you have a guest, indicate number of each selection):

Saturday Luncheon: _____ Club House Wrap _____ Veggie Wrap

Saturday Banquet: _____ Mediterranean Chicken _____ Vegetarian Entrée (available upon request)

Please indicate any dietary restriction(s): _____

To register **by paper**, you may complete this form and send it, along with a check made out to **Zonta Club of Laramie**, to Martha Reisch at 714 Short Place, Laramie, WY 82070 or fax it to 307-745-3428. Registration is considered complete at time of payment. Questions should be directed to ZontaDistrict12Conference@gmail.com. No refunds will be given on conference fees.



Zonta Club of Denver

Member of Zonta International

Advancing the Status of Women Worldwide

P.O. Box 2665

Denver, Colorado 80201

We're on the Web!

Visit us at www.zonta-denver.org

Upcoming Calendar Events – Save the Date!

Sept 6	Labor Day
Sept 9	Pam D's birthday
Sept 9	September Club Meeting
Sept 13	Sheila D's birthday
Sept 13	Project CURE sorting night
Sept 16	September Board meeting
Sept 22	Liz C's birthday

Sept 23	3,000 Nights (Delores Project Fundraiser)
Sept 25	3rd Human Trafficking Awareness Symposium, Colorado Springs
Sept 30-Oct 2	District 12 Conference-Laramie, WY
Oct 14	October Club Meeting
Nov 11	November Club Meeting
Nov 25	Thanksgiving Day
Dec 9	Holiday Club Party? Lakewood Country Club

Zonta Club of Denver
August 2010 Dinner Meeting
Hosted by Liz Cameron

President Kathy Hyzer called the meeting to order at 7:00 followed by the introduction of quite a few guests.

Treasurer Nikki Headlee explained there is a \$1,678.71 shortfall in the 2009/2010 budget. She suggests not covering the shortfall from the discretionary account, rather, covering it from operating. The Board has already approved this motion. Carroll made a motion that the club accept Nikki's proposal, Evie seconded the motion and all attendees approved. The club also approved the proposed budget for 2010/2011.

Information was passed out regarding the First Annual Strike Force Bowl-a-Thon benefiting the Special Olympics Colorado.

Linda Rhea asked for support for the Komen Race for the Cure which will be held Sunday, October 3rd at the Pepsi Center.

Evie, Judy Allen and Beth each talked briefly about their experiences at the International Conference in San Antonio the end of June.

Nikki as Foundation Ambassador reported our club has been honored for being in the top 20 clubs giving to the Foundation.

Service Chair Mary Benoit passed sign-up sheets for service projects. She reported we can accept grant proposals on our website. Sept. 24th is the deadline.

Kathy thanked Liz for hosting the August meeting in her lovely gardens.

Linda Rhea brought the door prize and Evie was the winner.

All business having been tended to, the meeting was adjourned at 8:30.

Respectfully submitted by Carroll Allen, Secretary