




Zonta Club of Denver

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SMOKE SIGNAL

OCTOBER, 2013

MARIAN DE FOREST AND THE SPIRIT OF WOMANHOOD

While working in a prominent role at the Buffalo (New York) Express at a time when women rarely held leadership positions, playwright and journalist Marian de Forest conceived the idea of an organization that would bring together women in executive positions. She envisioned a strong network that would help women reach their rightful places in the professions. The organization she founded became Zonta International.

Although de Forest was well-known during her lifetime, she fell into obscurity after her death. However, in the early 1960s, some 25 years after her death, members of the Zonta Club of Buffalo noticed that there were no public statues of women in the City. They persuaded the Buffalo parks commissioner to use a fund for public art to commission a statue to be dedicated to Marian de Forest. The commissioner (without consulting Zonta) chose a design by sculptor Larry Griffis called "The Spirit of Womanhood," an elongated female figure holding a hoop that represented the world. The statue was to be placed in Wilkes Circle at the intersection of three parkways.

His choice resulted in a public hue and cry about the ugliness of modern art in general and The Spirit of Womanhood in particular. The Buffalo city council could not overrule the parks commissioner's choice of design, but it could choose the location. Relatives of the late Kneeland Wilkes, for whom Wilkes Circle was named, objected to the statue being placed there. After the Zonta members washed their hands of the project, the statue was erected in a rather remote spot in Buffalo's Delaware Park. It was never dedicated to Marian de Forest but this is not too important since almost no one would ever be in a position to read the inscription. The statue can be seen briefly from an expressway exit. If you are in the park, trees and shrubs hide the statue from the walking

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**You must be the change
you wish to see in the
world.**

~Mahatma Ghandi



path and, if you do spot it, you must walk up a steep hill to get to it.

Some years later, though, Zonta members nominated Marian de Forest to the National Women's Hall of Fame, to which she was elected in 2001. To learn more about de Forest, visit the [Hall of Fame website](#).

Join Our Mailing List!

Forward to a Friend

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CALL FOR SHOES!

Zonta needs your shoes. November 25th is fast approaching and we are still seeking shoe donations. These "empty shoes" represent women we've known, loved, or learned about that were victims of violence against women and are no longer with us.

Shoes can be decorated or submitted as they are. Please submit shoes to Mary Benoit or bring to our next meeting along with a little card about the women they represent.

With your help we can make our event a great success and more importantly help end violence against women.

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October Meeting

Date:	October 10, 2013
Time:	5:30 PM
Location:	Embassy Suites Denver Southeast 7525 East Hampden Ave. Denver, CO 80231
Menu:	Mixed greens with dried cranberries and walnuts Chicken breast stuffed with feta cheese, sundried tomatoes and baby spinach, in a citrus Chardonnay sauce, herb risotto, asparagus Poached pears in a Cabernet sauce

Greeters: Judy Allen
 Inspirational Moment: TBA

Reservations to Judy Allen at judith.allen@ch2m.com or 720-286-5012 by Noon Monday Oct. 7, 2013.

Members on the Permanent list must call to cancel or you will be charged.

Permanent Reservations

We are charged for the number we guarantee for our dinner meetings, so we must bill a member who makes a reservation but doesn't come (or who forgets to cancel a permanent reservation).

The following members have permanent reservations:

Judy Allen	Sheila Davis	Kate Linscott
Evie Ashmore	Mary Lou Edwards	Judy McNerny
Mary Benoit	Nikki Headlee	Nancy McWhirter
Alice Borodkin	Cynthia Herndon	Wendy Moraskie
Julie Bradley	Kathy Hyzer	Dorothy Swindt

Consider adding your name to the list.

Birthdays

October 23	Joetta
October 24	Dottie

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Speakers

Our speakers for October are Rhonda Parmley, and Kuier Atem Deng.

They represent an organization known as Healthkind. This organization is trying to help the people of the Republic of South Sudan with medical needs, sanitation, establishing orphanages, providing food and water. Rhonda Parmley is the Program Director and Kuier Atem Deng is the Country Liaison for the Republic of South Sudan.



The Republic of South Sudan is a new country as of July, 2011. South Sudan is recognized as having some of the worst health indicators in the world. Infant and maternal deaths are very high. Healthkind is working to partner with local communities to develop and implement sustainable,

integrated health care programs in the developing world. We welcome these two women to our club to learn of their efforts to provide for the people of this country.



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Cathy Hyams	Denver, CO 80202
Wendy Hulse	303.595.1192
Nancy Kelly	www.schneebeckhyams.com

COMMITTEE REPORTS

Service Committee

The Service Committee met at Perkins on September 16. We carefully read the grant applications to decide on which ones to visit. Eight organizations applied: Open Door Ministries, Girls Inc., Project WISE, Smart Girl, Ten Thousand Villages, The Delores Project, Friends of the Haven, and COVA (Colorado Organization for Victims Assistance). Because we are familiar with many of the organizations, only three will have site visits: Smart Girl, COVA, and Ten Thousand Villages. The final selection of the grant recipients will be at the October 21 meeting.



At the September meeting, we had great participation in collecting T shirts and Sharpies for WOW. **We collected 64 white T shirts and 14 packages of Sharpies! Thanks to all who participated!**

The lunch at Café Options was attended by Wendy, Jeanette, and Nancy. We enjoyed the delicious food and the unstructured time to socialize.

A Sloppy Joe dinner was served this month at The Delores Project. Thank you, Olette, Mary, Jeanette, Nancy, Cynthia, Julie B., Katie, and Cathy C. for providing the dinner!

The items that will be collected for the October meeting are coffee, tea, and sugar for The Delores Project.

- Nancy McW

Fundraising

Fundraising committee met September 11th at Perkins Restaurant. We discussed the film event which will be moved to March 22nd due to the move of the DFS Voices Film Festival. We are working on our sponsorship letters and planning.

Sale of Zonta Chapel items is moving forward nicely and we voted to include the paintings we have in the Zonta Says No Event.

Our club will have a table at District 12 for sale items and 'Save the date for the film next year' cards.



We are also looking for members to give names of either money sponsorships or caterers they may know to contribute food items for the brunch after the film
Our next Fundraising Committee meeting is Oct 9th at 5PM at Perkins.

Julie

Membership

Dinner at the Hacienda seems to have been a HIT. Good food and great price!
Membership is working on the Holiday Party. We are all exploring possible sites and will talk about them at our next meeting.

Next club meeting will be at the Embassy Suites and the price will be \$32. The permanent reservation list will be used and all members on the list must cancel or will be charged. Others will have to RSVP.

Speakers for the meetings are going well. Dottie and Evie are working on this.

Getting things together for District Conference. Katie has worked on the Net+1 and will present it at Conference.

Next meeting will be: Oct. 22 at Perkins at 4PM



Judy A.

Public Relations and Communications

PR has been having a wonderful Fall and is looking forward to a wonderful year!

A task calendar was sent out to all committee chairs to show what PR has brainstormed to do for different projects this year, but we need each committees help. You know what you do and need best. Please help us think of specific ways that PR can assist each and every one of you to make sure the word gets out about all the wonderful work we do. Also, special props to Judy Mc for transitioning the Smoke Signal to its new, online form. Thank you, Judy!!! You are wonderful.

Also, thank you again to Judy and Cynthia for creating our new directories., thank you to our eloquent leader Wendy and her awesome write-ups for Your Hub and welcome, Gwen! PR is so thrilled to have you. If anyone has any ideas for ways that PR can collaborate with your committee's please don't hesitate to talk to me or anyone of the committee's outstanding members. That's what we are here for.



Katie

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SERVICE OPPORTUNITIES

October Item of the Month

Coffee, tea, and sugar for The Delores Project

October Hands-on Service

Reading Night	October 17 7 to 8PM	Open Door Ministries 1530 Marion Street Denver CO 80218
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SEPTEMBER MEETING MINUTES

Meeting was called to order at 6:05 PM at Colorado Hacienda.

Request was made for Stand-in Secretary and Julie Bradley said she would do it.

Inspirational Moment was a poem adapted by Barb Pellegren from the Red Hat Society.

There was no Treasurer's report as Kathy Hyzer is in Europe.

August minutes were approved as printed in the Smoke Signal.

Speaker for the evening was Karen Sugar from the Women's Global Empowerment Fund. A non-profit which works with 600 Women in Uganda providing leadership development, literacy programs, child care and microcredit loans to women in the area. Karen also showed a short film about the women in Gulu Uganda.

Jeanette Newville introduced our club's award winner for the Jane M. Klausman Award. The selection committee had 15 applications and the committee comprised Laurie Peterson, Beth Mundell, Jeanette Newville, Evie Ashmore selected Camille Shortridge. Camille is a senior at Daniel's Business School at the University of Denver. The club presented her with a check for \$1,500, certificate and flowers.

Committee reports:

Fund Raising Our film event is going to be moved to March 22nd from March 8th as the film society is pushing back the Voices Film Festival. The fundraising committee has made some progress toward the sale of the Zonta Chapel items. Ready Metal is volunteering their expertise to clean the Tree of Life, by Edgar Britton which we found out is made of Rose Bronze. We will be getting it appraised and then we have some contacts for locations/art galleries/interested parties of his work. We will look into contacts/sales of the doors which were also done by the artist.

Zonta Says NO: Mary Benoit reported on the event to be held Nov 25th on the start of the 16 days of Activism against Gender Violence. There will be an art exhibition at McNichols Center in Downtown Denver. We have 30 artists so far and our big concern is getting people to the event. Tickets are \$25 per person. The artists have a deadline of Oct 1st in order to get their artwork in the brochure. We have various contacts near and far (as far as Mozambique) who will be contributing to the show. A big part of the event is a "No more empty shoes" presentation of shoes that will be decorated or have a note attached to tell a story or statistic of domestic violence. Katie mentioned there will be a presentation next Thurs. (Sept 19th at Craig Hall at DU from the SOBA (Shade of Brown Association) about human trafficking.

Membership passed around sign-up sheets for greeters and inspirational moments for the next year. This will also be emailed to members as well. Membership is ready for the presentation at District 12 of 'Net+1'

Service noted that tonight we are collecting white T-shirts & black markers for WOW certification process. We also will be helping WOW by attending a lunch at Café Options - the location of food sales. It is at 950 17th Street and those members who can attend it is on Sept 19th at 1PM. WOW also has cooking classes that we could attend. The cost is \$70 per class and they are ongoing.

Old Business:

Judy Allen has the Zonta Rock and was unable to bring it to our meeting tonight. She will present it next meeting.

There was no Door prize.

Announcements:

Cynthia asked that all the members who were at the meeting gather to get some group shots to be sent to our foster child.

There being no further business the meeting was adjourned at 8PM.

Respectfully submitted,
Julie Bradley, temp. Sec.

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DOMESTIC DIVA

The best Fall stew on the face of the planet. Seriously.

I love making this stew. I always make it in huge batches because it freezes well and is always delicious. Plus, with all the veggies and hummus to thicken it, it just tastes like Fall. PR Committee, get excited... next meeting I'm making this for you!

Katie

Garbanzo Bean Stew

Recipe from Family Circle available at: <http://www.recipe.com/garbanzo-bean-stew/>

Ingredients

2 15 ounce cans garbanzo beans, drained and rinsed
 2 medium carrots, halved lengthwise then sliced crosswise 1/4 inch thick (1 cup)
 2 ribs celery, halved lengthwise, then sliced crosswise 1/4 inch thick (1 cup)
 1 medium onion, coarsely chopped (1 cup)
 1 medium sweet red pepper, cored, seeded and diced (1 cup)
 1 medium sweet green pepper, cored, seeded and diced (1 cup)
 1 teaspoon dried thyme
 1/2 teaspoon dried basil
 1/4 teaspoon black pepper
 1 pound package
 Polish kielbasa, cut into cubes
 2 1/2 cups beef broth
 1 6 ounce can tomato paste
 1 8 ounce container prepared hummus
 1/2 teaspoon salt

Directions

1. Spread beans over the bottom of a 5- to 5-1/2-quart slow-cooker. Layer the carrots, celery, onion and sweet red and green peppers on top of the beans. Sprinkle evenly with the thyme, basil and black pepper. Place the cubed kielbasa evenly over the top of the vegetables. Pour the beef broth over all the ingredients.
2. Cover pot; cook on HIGH for 5 to 6 hours, or on LOW for 10 to 11 hours, until vegetables are tender.
3. Stir the tomato paste, hummus and salt into the liquid in the slow-cooker. Cover the pot; cook on high for 10 to 15 or until the stew is heated through.

Nutrition Information

Per Serving: cal. (kcal) 369, Fat, total (g) 20, chol. (mg) 38, sat. fat (g) 6, carb. (g) 31, fiber (g) 8, pro. (g) 18, sodium (mg) 1532.

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Judy Allen
and
Richard Starlin

PRESIDENT'S MESSAGE

According to the emails I've received, the Zonta Club of Denver is sending 10 members to the District 12 meeting in Cañon City. That's really great! Ever optimistic, I'm hoping I didn't hear from everyone-and that we can beat that number. Can I entice you if you haven't decided? How's this: If you haven't been to a District meeting before (even if you're not a brand new member), your registration fee could be reimbursed. It will be a great gathering of like-minded women to refresh our commitment, renew our purpose and be reminded why we love getting together to do good things. I hope to see 20 of us there-or more!!



We'll surely be generating energy about our mission and service origins, recalling for ourselves that we joined with these other women to advance the status of women. We're using our hands and hearts to help at-risk women become all they can be, not just what someone may have told them they were allowed to be.

This conversation is reported to have occurred between anthropologist Margaret Mead (1901-1978), and a student, who asked, "What is the earliest sign of civilization in a given culture?" The interviewer had in mind a pot, a weapon or a tool. Mead surprised him by answering, "a healed femur." She explained that no mended bones are found where survival of the fittest is the only rule. When someone breaks a femur, they can't survive to gather food, hunt, or escape enemies unless they have help from someone else. Thus, a healed femur indicates that someone else helped that person, rather than abandoning them and saving themselves.

Over the next few months we'll have opportunities to touch back to our service "roots," i.e., heal a femur or two. The Service Committee has done a great job of finding out what kinds of service our grantees need and how we can fit in to provide those needs in addition to giving them grants for programs. What a great way to focus our efforts: to follow our funds with our physical contributions.

When you see the service sheets to serve dinner at Delores, read books to children at Treasure House, gather and wrap Christmas gifts, or collect coffee, tea, sugar, new underwear, baby wipes or whatever else for our grantees, I hope you'll think of each opportunity as the chance to "heal a femur." Check your calendar to see when you can serve and, through your involvement, send a spark of Zonta energy back into our club and our International mission.

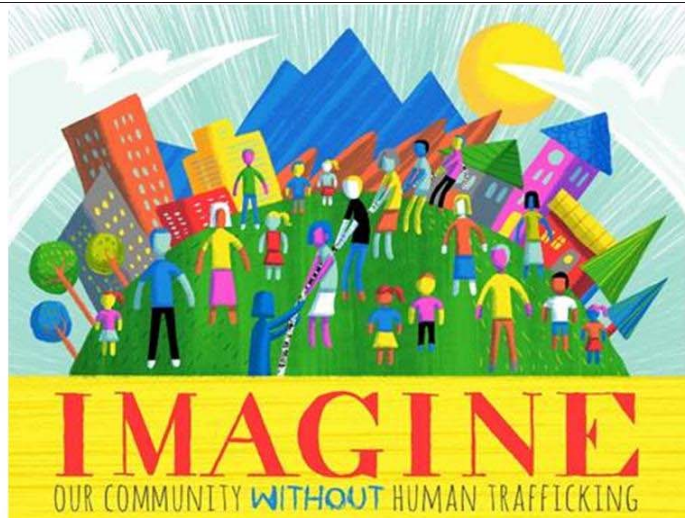
I always wondered why somebody didn't do something about that. Then I realized I was somebody. --Lily Tomlin

Wendy

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UPCOMING EVENTS



You are invited to join the Human Trafficking Task Force of Southern Colorado and many other concerned citizens in imagining our community without human trafficking on October 19th.

For some of us opening our eyes to the tangled web of suffering that currently exists is the first step. For others well aware of the horrors, you have been aching for an opportunity to join this cause. We created October 19th for both of you.

IMAGINE is an inspirational and interactive forum to end modern day slavery in Colorado.

Nine speakers will lead us through information, inspiration and involvement.

Find out what is happening in our backyard and discover how your gifts and abilities are the answer to real needs in the fight.

Join us at IMAGINE

October 19, 2013 9AM - 4 PM

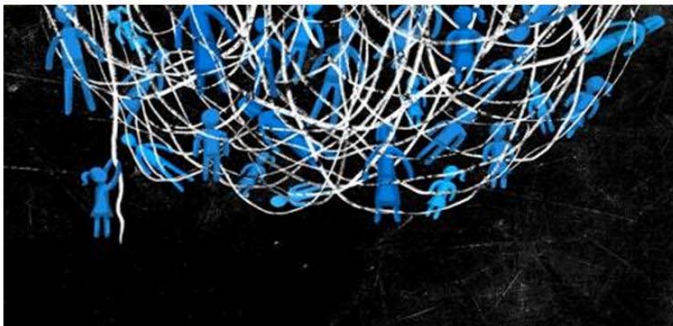
YWAM, 505 Popes Bluff, Colorado Springs (near I-25 and Garden of the Gods)

For more details and to register visit:

Ht-colorado.org

Sincerely,

The Human Trafficking Task Force of Southern Colorado



Human Trafficking Task Force of Southern Colorado ® PO Box 784, Colo Spgs, CO 80901 www.ht-colorado.org

The mission of the Human Trafficking Task Force of Southern Colorado is to build a collaboration of organizations and individuals to reduce human suffering caused by human trafficking, through advocacy, awareness, rehabilitation, and services for survivors.

CALENDAR

Date	Event	Time	Location	Details
October 4-6	District Conference		Abbey Events Center Cañon City, CO	Blazing Trails for Zonta's Future
October 9	Fundraising Committee meeting	5:00 PM	Perkins restaurant	
October 10	Club Meeting	5:30 PM	Embassy Suites 7525 E. Hampden	
October 17	Reading to kids at Treasure House	7:00 PM	1530 Marion Street Denver CO 80218	Bring a book to read and leave
October 20	Dinner at The Delores Project	6:15 PM	The Delores Project	
October 22	Membership Committee meeting	4:00 PM	Perkins restaurant	
October 23	Joetta's birthday			
October 24	Dottie's birthday			
November 14	Club Meeting	5:30 PM	Women's College University of Denver	
November 25	Area 3 Zonta Says No Event—Empty Shoes	TBA	McNichols Center Civic Center Park Denver	
February 20, 2014	Human Trafficking Awareness Day		Colorado State Capitol 200 E. Colfax Ave	Hosted by Human Trafficking Task Force of Southern Colorado
March 22, 2014	2014 Zonta's Day of Film	TBA	Sie FilmCenter Denver	NOTE DATE CHANGE
May 17, 2014	ZCD Annual Garage Sale	7:00 am to 3:00 pm	1360 Glencoe Street	START SAVING STUFF NOW
June 27 – July 1, 2014	Zonta International Convention		World Center Marriott Orlando, Florida	orlando2014.zonta.org

Zonta Club of Denver | president@zonta-denver.org
Wendy Henry-Moraskie, President | Judy McNerny, Editor

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