

Smoke Signal



Membership Committee

“NET 7 — NET 7”

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What a fantastic Prospective Member Reception our club had on September 21 at the King Mansion! Many, many thanks to the committee members, but in particular to Judy McNerny who created the invitations, asked for names again and again, coordinated the food, and then sent follow-up letters. We had 10 guests, including one of the recipients of our Metro Scholarships.

Now it's up to each who invited a guest who came – as well as those who were invited and seem really interested – to follow up with that guest.

As of October 1, we have 37 members. We started the fiscal year at 34 so we're almost one-third of the way to achieving our net 7 goal. That's a really, really good job all of us are doing to meet our goal.

Each new member has a mentor who has volunteered to be a special friend. So far we have Sheila Davis paired with Nancy Long, Cynthia Herndon paired with Robin Smith, Judy McNerny pairing with Carroll Allen, and Nikki Headlee with Amanda Megill. The goal of the mentoring program is to help the new member successfully integrate into Zonta.

In addition to the mentoring program, we are reinstating the New Member Committee.

Mary Benoit has graciously agreed to head that up this year. More information will come as the program is set up.

Our plan for seating at the September meeting by country will instead occur in October. Come find out what that means.

Special thanks goes to Minnie Lundberg for allowing the club to hold the fall open house at the Kenneth Kendall King Mansion.

Well it is that time of year again. You know, the leaves are turning, the days are warm, nights chilly, and it is time for **UNICEF** items to find their way to the Zonta Club of Denver.



It seems that this might well be our last opportunity to purchase items at a club meeting. Hallmark has purchased the rights to cards produced by **UNICEF**. At this point it seems that they are just trying to get rid of the current inventory. And that is quite fine because who likes to shop more than Zontians. A representative from **UNICEF** will be at our October 12th meeting but will probably only be there until we start dinner. So come early and be prepared to shop.

Special Points of Interest this month:

- UNICEF card sale at October meeting!
- Breast Cancer Awareness Month

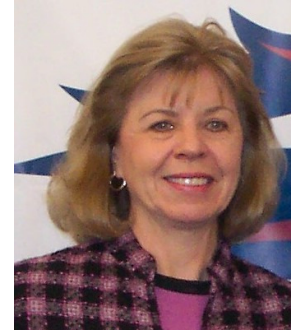
President Sheila's October Message...

As I look out the window of my home-office today, I see my lawn, which is so green and lush. I am amazed by what a summer with sufficient water can do! On lawn mowing days the grass is so long I can hardly find the poop to scoop before the lawn mowers come. (I live a very exciting life.) The water has done wonders for my roses too. They are gorgeous, with lots of blooms and thick green leaves. I haven't done a thing to them all summer except snip off the old blooms. No extra water, no fertilizer, no bug killer. It dawned on me that our club cannot be the same way however. If we don't take care of it even when things are going well, it won't continue to grow and be strong. We must always work on the areas of membership, service, and fundraising, or we will have a declining membership, no service projects, and very little money.

I've noticed this time of year everyone is so busy, and the holidays are fast approaching. Club members are feeling overwhelmed with job commitments, home life, other charitable efforts, and Zonta responsibilities, and yet we all want to take care of our club and its projects. When I become overwhelmed and overworked I find if I can just do one small thing on a project or activity, I feel much better and I don't feel like I have to take on the entire world all at once. I just experienced a perfect example of this the other night watching TV. (I really don't watch much TV???) I was flipping through the channels, and on CNN there was a program about AIDS in Africa. It was actually filmed in the "Valley of the Widows" in Niger, where one of our Zonta International service projects is providing money to help AIDS affected women and chil-

dren. It showed a grandmother raising her nine grandchildren because her daughter had died of AIDS. The grandmother was, of course, very poor, and a world food organization was distributing grain to her that was supposed to last a month. In reality it would only last one week. My heart went out to her and her grandchildren. I could hardly watch it. I flipped to the next channel, HGTV. A woman who had just built a multi-million dollar home was showing off her nine bathrooms. What on earth did she need nine bathrooms for?? I finally turned off the TV since I was so overwhelmed by the disparity of wealth and poverty just one channel away from each other. I decided to just do just one thing regarding this issue. I went online to look for Bill Clinton's website on curing world hunger so that I could make a small donation. I couldn't find it, but I found another website that mentioned a book written by George McGovern, Bob Dole, and Donald Messer. The title was *Ending Hunger Now*. I ordered a copy. I plan to read it, even if I can only read one page every now and then. I felt like I had done something, and I felt much better. My minister at church always reminds the congregation to "just take on an assignment no matter how small. That way you don't have to feel responsible for solving all of the world's problems." (Ask Nikki about her starfish story. It's along the same lines.)

We have two service projects coming up before the end of the year, the poverty simulation and the teen



Board of Directors Meetings:

**Zonta Club of Denver
2006-2007
Board of Director's
Meetings at Sheila
Davis's House 5:30 pm
October 26th
November 16th
December 28th
January 25th
February 22nd
March 22nd
April 26th
May 24th
(Joint Old & New)**

mom's cooking class. Both need many more participants. Spending three hours of your time as a volunteer at Work Options for Women will make you feel better about addressing the poverty situation in the world. Clipping a few coupons or providing just one recipe will make you feel better

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September General Meeting

When: Thursday, October 12th
 5:30 pm. Cocktails
 6:00 p.m. dinner

Invocation:

Greeters: Dorothy Swindt
 Julie Bradley

Where: Four Points Sheraton Hotel
 I-25 & Hampden Ave

Cost: \$ 30.00

Please RSVP to: Julie Bradley at 720-890-0125 (home) or 303-866-9273 (work) and leave a message. Remember—you must make your reservation by Monday, October 9th at noon. Or if on permanent list—regrets due on Monday as well!

Program:

Status of Women present 3 law enforcement women from Jefferson County Sheriff's department discussing how they arrived at their current position in law enforcement.

Please welcome:

Division Chief Patsy Mundell, Lieutenant Patricia Woodin & Cadet Natalie Hernandez. Hear of the inspiration, challenges, etc of these women.

Menu:

Black Bean Soup with Cilantro Crème
 Cinnamon and Chile Rubbed Roasted Pork
 Loin with Charred Tomato Salsa with
 Mexican Rice & Corn
 Mexican Wedding Cookies



Happy Birthday!

Bobbie Razee—Oct 5th
 Joetta Williams—Oct 23rd
 Dottie Jenkins—Oct 24th
 Dolores Lowery—Oct 26th

Meeting Date	Greeters Needed (2)
November 9th	• Nikki Headlee •
December 7th	• Judy Allen • Carroll Allen
January 11th	• Beth Mundell • Linda Rhea
February 8th	• •
March 8th	• •
April 12th	• •
May 10th	• •
June 14th	• •

Permanent Reservation list—Should your name be listed here?? If so, call Cathy.

- Carroll Allen
- Judy Allen
- Evie Ashmore
- Mary Benoit
- Julie Bradley
- Cathy Conley
- Linda Corssmit
- Sheila Davis
- Robin Forti
- Nikki Headlee
- Cynthia Herndon
- Dottie Jenkins
- Kate Linscott
- Nancy Long
- Judy McNerny
- Beth Mundell
- Marjorie Pickett
- Linda Rhea
- Dorothy Swindt
- Diane Twining
- Joetta Williams

Service & Status of Women Committee

Imagination Library

The Head Start sites are busy getting children registered for you 2006-2007 year. So far we have had 143 children enroll and expect at least another 100.

As decided early, the service committee will be responsible for the fund raising efforts for IL. We began with selling Women's Bean Project products at District. We are also going to be launching a new program to get more subscriptions sold, more to come on that in the upcoming months.



Teen Mom's

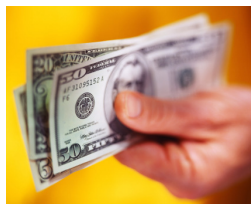
The first event for the Teen Mom's event will be November 4th from 11:00 to 1:30.

Don't forget to cut your coupons and find those easy, nutritious recipes. More

details will be shared at the October general meeting.

Grants

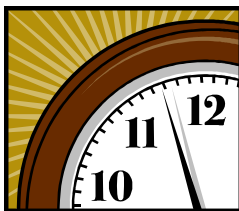
As we all know it is grant season. We have received ten grant requests. The service committee is completing the site visits and will be ready to submit the recommendations to the trustees in late October.



Service Hours

Many service hours will be available in the upcoming months so please sign up for what you can. Be on the watch for the emails

and the signup sheets at the general meeting.



Fund Raising Committee



The license for the raffle tickets has finally been received. We are selling raffle and Macy tickets at District this month. Tickets for the raffle will be handed out at our October meeting.

We will be looking at theater events after the new year. There are several that have real potential and appear to be very entertaining. We have enough for now so will leave future opportunities for another month or so.

The fundraising committee is working hard on the Macy's Shopping Day. Thanks for all the work you all are doing selling tickets. We're doing great. I think we will all have a terrific time shopping.

Thanks again for your enthusiasm and support for our fundraising efforts

Dottie

Ladies,

We would like you to bring all your unsold tickets and money from the sale of Macy tickets to the October meeting. We need everything by the November meeting. Every ticket must be accounted for.

Thanks so much for all your help. I hope you enjoy the shopping day. I hope to see you there.

Thanks

Fall Open House

(Continued from page 2)



about helping the less fortunate women in the world. I guarantee it.

Speaking of feeling better, I was delighted that fifteen of our club members attended the District 12 Conference in Fort Collins the weekend of September 29th through October 1st. Two very exciting things happened during the weekend activities. First, Mary Benoit was announced as our club's Zontian of the Year. This award is given to women who have done Zonta related activities that have benefited their club, their community, and Zonta International. Congratulations Mary! Second, the District Service Award was given to our club this year. This is an award for the most outstanding service done by one of the 23 clubs in the district during the past year. Congratulations Beth Mundell, Robin Forti, and Linda Corssmit, for all of your efforts on the service committee during the past year!! I'll be talking more about the awards and the district conference at our November dinner meeting.

I'm looking forward to some very exciting service activities coming up during the rest of the year. I hope you are too. Well, I think I'll go sweep the patio then I won't feel so overwhelmed by all the fall yard work I have to do.

Yours in Zonta,

Sheila

Welcome to new members
Robin Smith &
Amanda Megill,
inducted into membership at
our September meeting.





NATIONAL BREAST CANCER AWARENESS MONTH

Key Stats

1. An estimated 211,240 new cases of invasive breast cancer, 58,490 new cases of breast cancer in situ (the cancer remains confined to the milk ducts) and 40,410 deaths from the disease occurred in 2005. Breast cancer is the most common site of cancer in women and the second-leading cause of cancer death in women.
2. The five-year relative survival rate for localized breast cancer has increased from 72 percent in the 1940s to 98 percent today. If the cancer has spread regionally, however, the rate is 81 percent, and for women with cancer that has spread to distant parts of the body, the rate is 26 percent.
3. Survival after a diagnosis of breast cancer continues to decline beyond five years. Ten-year survival and beyond is also stage-dependent, with the best survival observed in women with early-stage disease.
4. Well-known estrogen-related risks for developing breast cancer include early menstruation (at age 12 or younger); late menopause (after age 55); and no full-term pregnancy or first child after age 30.
5. More than 80 percent of biopsied breast abnormalities are noncancerous, but any breast lump must be evaluated by a physi-

Interesting Web Sites

<http://www.nbcam.com/index.cfm>

National Breast Cancer Awareness Month—over two decades of building breast cancer awareness and providing information and hope for future innovations in breast cancer treatment.

<http://www.cancer.org/docroot/home/index.asp>



American Cancer Society—information about ALL cancer facts and figures, resources & links

<http://www.bcresource.org/home.htm>



Breast Cancer Resource Committee—a non-profit organization dedicated to reducing the incidence and mortality from breast cancer among African American women, particularly those women who have little or no access to adequate health care and treatment.

<http://www.y-me.org>



Y-ME National Breast Cancer Organization's mission is to ensure, through information, empowerment and peer support, that no one faces breast cancer alone.

<http://www.menagainstbreastcancer.org>



Men Against Breast Cancer is the first national non-profit to provide national support services to educate and empower men to be effective care givers and helping men cope with the impact of a loved one's breast cancer diagnosis and treatment

Zonta Club of Denver General Meeting Minutes September 14, 2006

The meeting was called to order at 6:03pm.

Invocation: Judy Allen read a passage from Sandra Stemmler's book.

Member Moment: *Julie Bradley spoke about Carroll Allen.*

Program: President Sheila Davis talked about attending the Zonta International Convention in Australia. District 12 was recognized, with 100% of clubs donating to Zonta International. ZCD is one of only a few clubs donating more than \$20,000 to International in the last biennium. Evie Ashmore was inducted as District 12 Treasurer. Sheila noted that ZI has restated its mission to include advocacy as well as service in advancing the status of women. She also described new and continuing service projects in Bolivia, Sri Lanka, Niger, and Afghanistan.

Minutes: August minutes were approved as printed in the Smoke Signal.

Treasurer: Judy Allen noted that the audit committee has finished its work.

Membership: Nikki Headlee reported a total of 36 members, including new inductees Robin Smith and Amanda Megill. An open house for prospective members will be held Thursday, September 21st, at the King penthouse. Judy McNerny, Evie Ashmore, and Cathy Conley have created a Zonta fact sheet for prospective members. The committee has decided to reinstate the mentor program for new members; each will have a mentor in addition to a sponsor.

Service/Status of Women: Robin Forti noted that letters from several of last year's grant recipients were printed in the Smoke Signal. Copies of the two books the club sponsored at Recording for the Blind and Dyslexic and the recorded CDs have been added to the library. Several events are being planned for the DKI Teen Moms, including a cooking class, Christmas gifts, and a graduation party. Over 400 service hours have been recorded toward the goal of 2,000 hours for the year. The Imagination Library will be promoted at District with flyers for friends and family subscriptions, a change bank for donations, and the sale of Women's Bean Project products as a fundraiser.

Fundraising: Judy Allen reported for the Fundraising Committee. She will pick up more Macy's tickets and mail them to members. The committee is working on the raffle license, and plans to have it in time to sell tickets at District. Three theater events are planned for the year, with shows and dates to be announced. The non-event fundraiser is scheduled for spring.

Public Relations: Julie Bradley distributed the new club directories. She is taking requests from those who wish to have Zonta business cards. Anyone who has not registered on the ZI website is requested to do so.

New Business: Nikki Headlee introduced new members for induction Amanda Megill and Robin Smith and their sponsors. Nikki read the objects of Zonta International. Judy McNerny, assisted by Judy Allen, recounted the story of the Zonta emblem. Sheila Davis thanked Linda Rhea for putting together a CD of pictures from the convention in Australia, and gave her a yellow rose pin. The slide show will be available at the October meeting.

Announcements:

- There will be a party at Cynthia Herndon's on Saturday, September 16th. Beth Mundell will speak about her experiences in Africa.
- The open house at the King penthouse will be Thursday, September 21st.
- District 12 meets September 29th to October 1st in Fort Collins.
- Race for the Cure is Sunday, October 8th. Linda Rhea distributed forms for donations and participants.
- The Macy's fundraising event is Tuesday, October 10th.
- Sugar Plum Fair is scheduled for Saturday, October 28th at the Boulder Country Club.
- The Amelia Earhart dinner is Sunday, January 28th, and will be hosted by the Foothills Club of Boulder County.

Dorothy Swindt won the door prize.

There being no further business, the meeting was adjourned at 8:20pm. Respectfully submitted, Linda Corssmit, Secretary

Zonta Club of Denver

Zonta Club of Denver
PO Box 2665
Denver, CO 80201

*We're on the Web! Visit us at
www.zonta-denver.org*

Improving the status of women worldwide



Calendar Events upcoming.....save the date!

October 4th	Service/Status of Women Committee	December 28th	Board Meeting
October 8th	Race for the Cure	January 11th	General Membership Meeting
Oct 10th	Macy's Shopping Event!	January 25th	Board Meeting
October 12th	General Meeting @ Four Points Sheraton (Hampden & I-25)	February 8th	General Membership Meeting
October 19th	Membership Committee @ Nikki Headlee's house 6:00 pm	February 22nd	Board Meeting
October	Board Meeting	March 8th	General Membership Meeting
November 1st	Service/Status of Women Committee Meets	March 22nd	Board Meeting
November	General Membership Meeting	March 31st	Area 3 Meeting—Denver hosting
November	Board Meeting	April 12th	General Membership Meeting
December	Holiday Party @ The Brown Palace	April 26th	Board Meeting
		May 10th	General Membership Meeting
		May 24th	Joint Board Meeting