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### **SURVIVING HUMAN TRAFFICKING: AN INTERVIEW**



Margeaux Gray was a victim of human trafficking when she was a young girl. Here are some highlights of an interview with her. To read the full article, visit this site: <https://www.womenshealth.gov/news/spotlights/2016/10.html>.



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Margeaux said, “Human trafficking, both labor and sex trafficking, is a form of oppression — unjust treatment, control, distress. A trafficker doesn't look like what media or society stereotypes them to be. For example, a trafficker can be a boyfriend, a friend, a family member, or a job recruiter.”

She was sexually abused by a close and trusted adult man, and at age 5, Margeaux was

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sold for profit into child sex trafficking. Trafficked by a trusted adult who used physical, sexual, and psychological abuse to maintain control over Margeaux, she found it nearly impossible to seek help. Today, Margeaux is a survivor of human trafficking who shares her story of healing and how she copes with the lingering effects of her experience. She also explains how others can support human trafficking victims.

Margeaux said it's not easy to talk about her experiences but she does it so that other victims know they are not alone. "What was done to them does not define them or their worth." She also hopes speaking out about her experiences will improve services to victims.

Her trafficker, a caregiver and master manipulator, used multiple methods to maintain control. Breaking away caused her additional physical symptoms and emotional trauma, including shame and guilt, an eating disorder and self-harm.

Her path toward recovery included trauma-informed care, a specific school of therapy. Meeting other survivors, learning that the crimes she suffered were not her fault, but committed against her, and speaking about the abuse have also been parts of her recovery.

Margeaux reminds all those who want to help trafficking victims that victims find it excruciating to ask for help, try to break away from the abuser, and accept and trust people who are truly trying to help.

She reaches out to victims, "You do not deserve what is being done to you. Abuse is not love. You are valuable. Your trauma does not define your worth or who you are as a person. I believe in your strength and courage, and there are many others who do as well."

If you or someone you know is exploited or trafficked, call the National Human Trafficking Resource Center at 1-888-373-7888, or text "Help" or "Info" to 233733 (BeFree).

~ Wendy Moraskie

## **ZONTA AND THE UNITED NATIONS**



All Zontians have heard that Zonta International is an NGO (non-governmental organization) with consultative status at the United Nations. But what does that really mean?

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In brief, it means that Zonta has a voice at the UN table.

Of the more than 4,000 NGOs with consultative status at the UN, only 146 have "General Consultative Status," the highest status an NGO can have at the UN. Zonta International was granted General Consultative Status in 1969.

As an NGO with General Consultative Status, Zonta International is invited to participate in the annual Commission on the Status of Women (CSW) meeting in New York. The CSW is:

- the principal global intergovernmental body exclusively dedicated to the promotion of gender equality and the empowerment of women;
- a functional commission of the Economic and Social Council (ECOSOC);
- established by resolution in 1946 to monitor and promote women's rights and develop global standards on gender equality and the empowerment of women (that mandate was expanded in 1996 to include monitoring and reviewing progress made in the implementation of the Beijing Declaration and Platform for Action)

The CSW is instrumental in promoting women's rights, documenting the reality of women's lives throughout the world, and shaping global standards on gender equality and the empowerment of women.

During the Commission's annual two-week session, representatives of UN Member States, civil society organizations (including Zonta!) and UN entities gather at UN headquarters in New York. They discuss progress and gaps in the implementation of the 1995 Beijing Declaration and Platform for Action, the key global policy document on gender equality, as well as emerging issues that affect gender equality and the empowerment of women. Member States agree on further actions to accelerate progress and promote women's enjoyment of their rights in political, economic and social fields. The outcomes and recommendations of each session are forwarded to ECOSOC for follow-up.

UN Women supports all aspects of the Commission's work.

The Commission adopts multi-year work programs to appraise progress and make further recommendations to accelerate the implementation of the Platform for Action. These recommendations take the form of negotiated agreed conclusions on a priority theme.

The 2016 session of the CSW (CSW60) focused on "Women's empowerment and the link to sustainable development" which resulted in a historic commitment to the gender-responsive implementation of the 2030 Agenda for Sustainable Development. The "agreed conclusions" adopted by the Commission at CSW60 provide a detailed roadmap on how to implement the 2030 Agenda for Sustainable Development in a gender-responsive manner, so as to ensure that no one – no woman and no girl – is left behind.

Go to <http://www.unwomen.org/en/csw/csw60-2016> for the full content of the CSW60 Agreed Conclusions document (scroll down to "Session Outcomes" and click on "English"). You will find that although many of the conclusions (which urge UN member nations to take described actions) are general in nature, some are very specific, such as this one:

*(j) Take concrete steps towards eliminating the practice of gender-based price differentiation, also known as the "pink tax", whereby goods and services intended for or*

*marketed to women and girls cost more than similar goods and services intended for or marketed to men and boys.*

Zonta's general consultative status and its presence at the CSW gives Zonta a voice in the formulation of the agreed conclusions of each CSW meeting.



Zontians at CSW59

## **NOVEMBER MEETING**

### **Meeting Details**

Date:	Thursday, November 10
Time:	5 to 6 p.m. social hour, 6 p.m. dinner
Location:	Fresh Fish Company, 7800 East Hampden Ave, Denver
Advocacy Moment:	Penny Burke
Price:	Menu prices
Program:	Women Veterans of Colorado

Reservations are essential so the restaurant can set the appropriate number of places. Please contact Liz Stewart as soon as possible but no later than noon on Monday, November 7, at [esavstew@yahoo.com](mailto:esavstew@yahoo.com) to make reservations for yourself and your guests.

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## November Items of the Month

Cleaning supplies and \$10 grocery cards

to be given to homeless women veterans

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### COMMITTEE REPORTS



#### ADVOCACY COMMITTEE

The advocacy committee hasn't been busy of late, but there is a lot to advocate for, mostly to do with the election. Please vote!!!! We all know and realize this election has been a long and arduous process, but it is nearly over. The most important thing is to exercise your right to vote, and yes it does count and yes it does matter.

There are a lot of advocacy opportunities coming up in 2017 and it will probably take most of us until then to recover from the election. The Colorado Women's Legislative Breakfast will be held sometime mid-February. The Human Trafficking Advocacy Day at the Capitol will be held sometime mid to late January. Watch for these dates, since as of today they are not available. These are great opportunities to network and become educated about issues all of us can advocate for.

Now if you are a bit more ambitious you might consider attending the UN Commission on the Status of Women. This will be held in New York City, March 13 through March 24. The first 5 days are the best days to attend. I went last year and felt honored and privileged to be a member of Zonta. It was awesome to be there. The primary theme this year is **"women's economic empowerment in the changing world of work"** There will be a review of the theme **"challenges and achievements in the implementation of the Millennium Development Goals"** I'm sure you remember the MDGs so it will be good to revisit and see where the goals actually are. The emerging issue will be **"the empowerment of indigenous women"** These are heavy and interesting subjects. If you are interested or think you might be, let me know and I will forward you the email up-dates as I receive them. On-line registration starts November 28.

To be the best advocate is to be the educated advocate. These are great opportunities, along with opportunities all of us come across every day.

~ Mary Benoit  
Advocacy Chair



## **FUND RAISING COMMITTEE**

The Fund Raising Committee will meet on Wed, Nov 2 at the Panera Bread on South University Blvd in the University Hills Shopping Center. We are continuing to work on the Day of Film.

~ Kathy Hyzer  
Fund Raising Chair



## **MEMBERSHIP COMMITTEE**

By the end of the year or beginning of 2017, we will be rolling out some new brochures and information approved at the Zonta International Conference for recruitment and new member education purposes, called "Voices for Gender Equality." We will make them available for everyone to see and use once we select the materials most suited for our club.

Plans are underway for the December 8 holiday party at Gwen's home. We will send out an email in the next couple of weeks with a link to the menu items for people to sign up to bring to the party. Each member is invited to bring one guest of your choice to make merry with us!

We have selected the private room at the Bent Noodle again for the 2017 grant awards banquet in February, and Membership will be coordinating meeting planning with the Service Committee in the next few months.

Finally, Membership will announce a social event for club members and friends/family members to take place in late January, once we decide on the event. Another bowling night, a night at the symphony, and a happy hour are under consideration. If you have an idea of another fun event, please pass it along to Liz Stewart or another Membership Committee member.

Finally, please RSVP to Liz Stewart at [esavstew@yahoo.com](mailto:esavstew@yahoo.com) for the November 10 regular monthly meeting at Fresh Fish Company by Noon on Monday November 7.

~ Liz Stewart  
Membership Chair



## SERVICE COMMITTEE

The service committee met on October 3. An important agenda item was the discussion of the grant applicants and sharing the information obtained from the site visits. Decisions were made, and the trustees were sent the service committee recommendations.

The COVA service opportunity was on October 7. Penny, Debbie, Nancy, Olette, Cynthia, and Liz participated. We helped prepare the gifts that will be given to the presenters at the COVA convention at Keystone. Thank you, Penny, for organizing this activity.

CJ and Olette collected the photo IDs of the Zonta members who are interested in attending the Making Choices graduation on November 14.

The items we will be collecting at the November Zonta meeting are cleaning supplies and \$10 grocery cards for homeless women vets.

The next service meeting will be on Monday, November 7 at Perkins at 6:00 p.m.

~ Nancy McWhirter  
Service Chair

ZCD members packing gifts for the COVA convention



## MINUTES

**ZONTA CLUB OF DENVER**  
**Call to Order: 6:02 p.m.**

**October 13, 2016**

**Fresh Fish Company**  
**Katie Wienecke, President**

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**Introduction of Guests:**

Dorothy Wolfe (Has visited several times, Sheila Davis)

Nancy Page Cooper (Member of Douglass County Club, MaryLou Edwards)

Gretchen Paupore (Former Zontian, Carin Paupore)

**Advocacy Moment:****Liz Stewart**

- Spoke regarding an article in the Denver Post regarding a change in the law that makes it mandatory for certain professions to report elder abuse.
- Includes financial institutions, healthcare workers, coroners, mental health professionals, dentists, social workers, guardians, transportation providers, public service workers, veterinarians, clergy, etc.
- 70% of seniors over the age of 70 are women. Vast majority of these cases end up affecting women. We talk a lot about youth in Zonta but not often seniors. Over the next several years, this number will be increasing.
- Important that we don't forget this group of people. Things to look for:
  - Abusers often accompany the person to appointments
  - Ask about bruises/skin tears, lesions on feet
  - Confusion over finances, power of attorney
  - Wiring of large sums of money
- See article for more tips and questions to ask

**Archiving Moment:****Sheila Davis**

- Committee has been very busy going through tons and tons of boxes of documents. They have cleaned out a lot of things! If you need extra hanging folders, please take them!

**Approval of Minutes September 8, 2016      Carin Paupore, Secretary**

No corrections, Approved as published.

**Program Speaker:****Danielle Martin, DVI**

- Domestic Violence Initiative has been around for 30 years. Started as an organization that was a support group for women with disabilities that had had experiences with abuse.
- Help victims (of all genders) that have disabilities whether the disability was from birth or from situations of domestic violence. Cater to victims through a trauma-informed setting.
- Not just physical abuse, but emotional and mental.
- Focus on community awareness by combating stigma through training groups of people (sororities, police officers, nurses, etc.) Showing there is hope and shedding light on situations.
- Provide self-care books to all victims that are worked with. Covers everything from water to sleep to exercise.
- Huge thank you to ZCD for the grant:
  - Since receiving the grant have served 204 clients with financial assistance, crisis counseling, peer support and intervention.
  - ZCD grant helped 22 women relocate to safety.

- Books and teddy bear drive that ZCD did helps the kids feel like they are in a toy store. Didn't have it before and are going to continue having it.
- Recently had a gala- thank you for the ZCD members that were there.
- Very excited for the Christmas party coming up at the end of the year, please go if you are available. So excited to have kids be able to receive presents.
- Shared a powerful client story.

### **Committee Reports:**

Service:  
Rhea

Debbie Gridley, Linda

- For Christmas, we will be helping DVI at their Christmas party- space for a few members to go. ZCD members will provide gifts for the kids based on the kids' interests. \$25 maximum. Families are being compiled now, Sign-up will be at November regular meeting, and bring gifts to Holiday Party at Gwen Fornia's house in December.
- Linda Rhea passed around the list for volunteering for the Denver Santa Claus Shop which serves about 15,000 children in Denver every year. Dates in December, ask Linda Rhea for information. Can also help by having a box in a lobby where gifts can be left for the shop.

Membership:

Liz Stewart

- Trying to incorporate materials from ZI to our meetings, awards, and events. They are really nice materials.
- Creating a special project to go through the new materials and help chose what we should use. Everything is available online, through the Governor's Seminar section. Looking for couple volunteers to go through the new materials to decide what we'd like to use, and share with Membership Committee (which is very small).
  - Volunteers: MaryLou Edwards, Marian Lee, and Sheila Davis
- Membership committee needs more members! You are welcome to serve on more than one committee, so please help out on membership if you happen to be interested.

### **Old business:**

Governors Seminar

- Great turnout, ZCD won the Travel Award. Thank you!
- Made \$84 for ZCD on jewelry sales
- Great to get updates and meet the new District Officers. Katie Wienecke emphasized that District Officers and Area leaders are very accessible and can be contacted.

### **New Business:**

October Birthday Recognition

- Dottie Jenkins (14 years of service)
- Joetta Williams (13 years of service)

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- Liz Stewart (2 years of service)

Plug for next month's speaker

Linda Rhea

Amazing speaker next month- in honor of Veteran's Day, a long time Army veteran who served in Desert Storm will share her experience as a woman in the military.

**50/50 Drawing:** Debbie Gridley!!! \$34 goes to ZCD

**Adjournment: 7:36 p.m.**

**Dates to Remember:**

October 20

Membership Meeting, Citron Bistro, 5:30 p.m.

October 23 – 26

COVA Annual Conference

October 27

ZCD Board Meeting, Tony's Market, 5:30 p.m.

November 10

Regular Club Meeting, Fresh Fish Market, 6:00  
(Cocktail hour from 5-6)

November TBD

Provide refreshments for Making Choices graduation

December 1

ZCD Board Meeting, Tony's Market, 5:30 p.m.

December 8

Holiday Party at Gwen Fornia's Home

February 9

Grant Award Meeting, Bent Noodle, 6:00 p.m.  
(during regular meeting)



**PRESIDENTS MESSAGE**

Hello Denver Zontians and Happy November!

I hope this president's message finds you happy and healthy as winter the busy holiday season fast approaches. With the gorgeous fall we have had so far, it is hard to remember that Thanksgiving is just around the corner. And as Thanksgiving approaches, so to do the 16 Days of Activism.

For those of you unfamiliar with the 16 Days of Activism, it is a campaign created by UN Women and has been around since 1991. This campaign works to galvanize communities into action to raise awareness around gender-based violence and raise funds to help programs that address gender-based violence. The campaign runs from November 25<sup>th</sup>, International Day for the Elimination of Violence Against Women, to December 10<sup>th</sup>, Human Rights Day.

This year's campaign is called "Orange the World: Raise Money to end Violence Against Women and Girls". You can find more information at <http://www.unwomen.org/en/what-we-do/ending-violence-against-women/take-action/16-days-of-activism>. During the 16 Days of Activism, I hope you will join me in wearing orange and taking the time to

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explain to family, friends, and coworkers why you are wearing orange. This is an easy way to participate in global advocacy to raise awareness about an issue that Zonta is working directly to address. I hope you'll share your photos with the club and the world by posting on our Denver Club's Facebook page as well as your own. Please let me know if I can help you. I would love to see us all in orange at our next meeting – it is never too early to raise awareness about gender-based violence prevention!

~ Katie Wienecke  
President

## **UPCOMING EVENTS**



**ZONTA**  
CLUB OF  
DOUGLAS COUNTY  
MEMBER OF ZONTA INTERNATIONAL  
**EMPOWERING WOMEN**  
THROUGH SERVICE & ADVOCACY

## 13th ANNUAL TRIVIA NIGHT

Saturday, April 8, 2017 6:30 – 9:30 p.m.

Kirk Hall, Douglas County Fairgrounds in Castle Rock

[www.zontadouglascounty.org](http://www.zontadouglascounty.org)

### Play for a Good Cause

Win Cash Prizes:

1st place -- \$900

2nd place -- \$600

3rd place -- \$300

Team Registration Includes:

Dessert and Bar

Trivia Game 6:30 – 9:30 p.m.

Non alcoholic beverages, Wine, Beer, Margaritas

Door Prizes, Silent & Live Auction

Team Listing in Program



CBS4 TV's Ed Greene,  
Trivia Emcee



Zonta President Judy Nesavich (far left) and CBS4's Ed Green (far right) congratulate the winning 2016 Trivia Team, Area 3 Zonta Presidents Team.

Team Table \$300

Single Player \$50

**Paid reservation deadline is March 25, 2017**

Contact Sue Nissen, 303-688-9321 or  
[suenissen3@gmail.com](mailto:suenissen3@gmail.com)

Register online at [www.zontadouglascounty.org](http://www.zontadouglascounty.org)  
or send reservation & check to:  
P.O. Box 928, Castle Rock, CO 80104

Zonta Foundation of Douglas County is a 501 (c) (3) organization #46-2375932.

*Zonta Club of Douglas County used proceeds from its successful 2016 Trivia Event for a \$2,000 scholarship for a Ponderosa High School graduating senior and grants to community nonprofits—  
Hide in Plain Sight, Family Tree, Douglas/Elbert Task Force.*

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## CALENDAR

- November 7 - Service Committee Meeting at Perkins, 6 pm, program: Women Veterans of Colorado
- November 17 - Membership Committee Meeting at Citron Bistro, 5:30 pm
- December 1 - ZCD Board Meeting at Tony's Market, 5:30 pm
- December 5 - Service Committee Meeting at Perkins, 6 pm

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- December 8 - Holiday Party at Gwen Forna's home, details TBA
  - December 14 - Trustees Meeting at Sharkey Howes & Javer, 3 pm
  - December 15 - Membership Committee Meeting at Citron Bistro, 5:30 pm
  - February 9, 2017 - Club Meeting at Bent Noodle, 5:30 pm, program: annual grant awards
  - September 22-24, 2017 - District 12 Conference in Ft. Collins or Greeley
  - 2018 - 64th Zonta International Convention, Yokohama, Japan



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