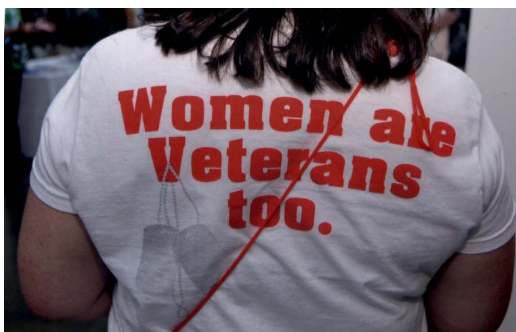




## ZONTA CLUB OF DENVER

ON VETERANS DAY, GIVE THANKS  
TO OUR WOMEN VETERANS



### LET'S HELP HOMELESS WOMEN VETERANS

The number of female veterans has doubled in the last decade, according to the United States Department of Veterans Affairs, and female soldiers are two times more likely to become homeless than male veterans. On any given night women comprise roughly 5% of the 107,000 homeless veterans.

As women gain a higher profile as part of our nation's defense, they suffer the same as men when they return from combat. For our November General Meeting, which falls on Veteran's Day, the Zonta Club of Denver is honoring our women veterans with contributions to the Volunteers of America Homeless Women Veterans Program. To help VOA provide more services with their funding, bring items from the list below to the November dinner meeting.

In 2008 Volunteers of America began offering transitional housing and support services to homeless women veterans with and without dependent children. VOA helps homeless women veterans stabilize their housing situation, gain employment or increase their income and improve their self-reliance. VOA's women veterans program is the only gender-specific program operating in a five-state area.

Items needed by VOA Homeless Women Veteran's Program:

- toiletries, especially razors, deodorant, toothpaste and toothbrushes (not just travel sizes, as some of the women have children and can be in the transitional program for up to two years)
- towels, washcloths
- undergarments
- socks
- coats

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—Wendy

## PRESIDENT'S MESSAGE

As we move toward the busy holiday season, there is much to do in Zonta. I hope you will read this month's Smoke Signal carefully, as there is information about what we as members can do to help women in need.



the challenges of the next few months, and hope to see her back in the spring.

As it is my duty to appoint a replacement for Judy on the Board, I would be most interested in volunteers. This would be for 2011-2013. Otherwise, I'll take to the

phone!

First, for the November meeting, we will be bringing items for female homeless veterans, who are being cared for at the Brandon Center. Also, we will have a speaker at the November meeting from Project CURE, one of our ongoing service projects. She will explain the boxes that we will fill to bring to our holiday dinner. For those who can't attend, we will be sure to get you your box with the information on the contents.

This does present the issue of what to do with fund raising. After a lengthy discussion at the recent board meeting, it was decided to ask the club to vote whether or not to support a film event next year, and in turn make a commitment to sell at least 4 tickets. We will discuss this at the November meeting. Price will remain the same as last year. The board decided to disband the Fundraising Committee for the rest of the year, and instead each committee will take on part of the responsibility of the film event. That way, all members will be able to contribute to this event. I will contact our wonderful new members to see what committee they would like to be re-assigned to. I'm sure you will all make them welcome on the various committees.

Wendy invited us to a performance of Handel's Messiah in December. It will be at Montview Presbyterian Church, and will be less costly than the performances at Boettcher.

I am sorry to inform you that Judy Bederman has requested a sabbatical from Zonta. She asked me to convey her disappointment that her busy schedule won't allow her to continue on the board or as committee chair. When she committed to be on the board, Judy wasn't working full time. Her job has since become very demanding, and she is also flying to Florida on week-ends to help her husband care for his mother, who is quite ill. We certainly wish Judy well in

We will need a quorum at our meeting, so your attendance is very important – also your input in the discussion about the film event.

I hope to see you all in November!!!

—YIZ, Kathy

## Happy Birthdays to—

Marie Antoinette—Nov 2

Marie Curé and Joni Mitchell—Nov 7

Grace Kelly and **Estella**—Nov 12

Indira Ghandi—Nov 19

George Eliot and Billie Jean King—Nov 22

Billie the Kid and **Minnie**—Nov 23

Nikki shared some **tips on communication** from a recent *Denver Post* article—

**Use email** when giving or asking for essential information.

**Talk face-to-face** to deliver bad news.



**Use the phone (or talk face-to-face)** when a detailed explanation is needed.

### Email tips:

In group emails, don't use "reply to all" unless it's necessary for each member to get your response.

## NOVEMBER MEETING

**Where:** Embassy Suites Hotel  
7525 E. Hampden Avenue  
Denver, CO 80231

**When:** Thursday, November 11, 2010  
5:30pm – Social Hour  
6:00pm – Dinner

**Menu:** Turkey Dinner with all the Trimmings!  
Chef's choice dessert

**Cost:** \$30.00

**Historical**

**Moment:** Archives Committee

**RESERVATIONS:** Please RSVP to Kate Linscott no later than Monday, November 8<sup>th</sup> at noon at (303) 520-8136 or [clinscott14@msn.com](mailto:clinscott14@msn.com). If you need a special menu, please let Kate know as well. Vegetarian and gluten free meals are available upon request.

**NOVEMBER PROGRAM:** For those of you who have attended the First Ladies Luncheon or have volunteered at Project CURE, you will recognize our speaker, Barbara Jacobsen, who is Project CURE's Angel Ambassador. Project CURE is a non-profit humanitarian relief organization that collects donated medical supplies and equipment and delivers them to medical professionals and the patients under their care in developing countries. Currently, Project CURE is the world's largest organization of its kind delivering on average two semi-truck sized containers of medical relief every week. Barbara is described as a runner through life, not a marathoner, but a liver of life every moment to the max, a wonderful and enthusiastic speaker and author. Don't miss this program!

This is a new service project for our club and Barbara will explain the "Kids Box Project" which will be our holiday project (see page 5).

**IN HONOR OF VETERANS' DAY:** The Volunteers of America's Colorado Branch has a Veterans' Services Program for Women and in addition to asking members to bring donations to the meeting (see page 1) we are hoping to have a few women veterans as our guests at our November meeting. Please help us in honoring them.

## Permanent Reservations

Should your name be listed here?

Carroll Allen	Kate Linscott
Judy Allen	Cheryl McHugh
Mary Benoit	Judy McNerny
Sheila Davis	Wendy Moraskie
Nikki Headlee	Beth Mundell
Cynthia Herndon	Linda Rhea
Kathy Hyzer	Dorothy Swindt
Dottie Jenkins	Joetta Williams

## Reservations

- For each general dinner meeting, please remember to call if you aren't on the permanent reservation list. Because we are charged for the number we guarantee, we have to bill anyone who makes a reservation but doesn't come to the meeting (or who forgets to cancel a permanent reservation).
- If you plan on coming to every meeting—why not add your name to the permanent reservations list?
- If you are on the permanent list but tend to forget to call and cancel—why not take your name off the list?
- Please call Kate with your request to be added or deleted!



2009 and 2010 Zontians of the Year

## COMMITTEE NEWS

## SERVICE COMMITTEE

Since the deadline for the last service committee report was before the District 12 Conference in Laramie I have some great news to share. Your Zonta Club of Denver was honored to win the District 12 Service Award. And what does that mean: it means our club met some very strict criteria and we all worked very hard to make this happen. Thanks to all of you hard-working Zontians. You are the best! And thanks to all of you who attended the conference and were able to have a moment in the spotlight. It was great. Note to self: another reason to attend District Conference next year, there are always surprises.

Now is the time to volunteer as if you had nothing else to do. There are many volunteer opportunities right now. There are signup sheets for Delores, Addis Hewyet necklace sales headed up by our own Susan Davenport, Women's Bean Project, Salvation Army Bell Ringing, and Santa Claus Shop. Most of these opportunities cost nothing but time. So give often, volunteer generously, and be a proud member of the Zonta Club of Denver. I will be out of town from

November 5th until November 19th but members of the service committee will handle all spreadsheets and related matters.

Carroll Allen is collecting and recording your service hours. And what does that mean for all of us: it means that if you volunteer to do work for any club-approved service project your time spent counts as service hours. For instance if you serve dinner at Delores you need to count your time shopping, cooking, traveling and serving. I realize a lot of us have worked on making and selling scarves. Even though the money raised goes to service, these are not service hours they are fund raising hours. So please send your service hours to Carroll Allen at [carrollallen588@hotmail.com](mailto:carrollallen588@hotmail.com). If you have questions or comments please let me know at [mary@mathiaslockandkey.com](mailto:mary@mathiaslockandkey.com).

Thanks for all you do. Have a wonderful Thanksgiving holiday.

—Mary



## RINGING BELLS



Once again it is time for The Salvation Army bell ringing! The holiday season is upon us—can you believe it?

We will be ringing bells near the Bel Mar Shopping Center this year at two different locations that are proven GREAT KETTLE locations.

We will be covering the time slot from 10 – 4 **December 4th!** So sign up now by emailing [julieqbradley@comcast.net](mailto:julieqbradley@comcast.net) or calling me at 720-890-0125.

The signup sheet will also be passed around at the November meeting. We need 8 more volunteers to do this event!

**Wal-Mart** 440 Wadsworth Boulevard  
Lakewood, CO 80226

10-12: Julie B & need one more volunteer

12-2: Need 2 volunteers

2 – 4: Need 2 volunteers

**Hobby Lobby** 7000 West Alameda Avenue  
Lakewood, CO 80226

10-12: Cynthia & Joetta

12-2: Need 2 volunteers

2-4: Julie B & need one more volunteer

Thank you so much for your participation. The Salvation Army thanks you, and all the clients that they help providing food, rental assistance, job training, toys for the holidays, energy assistance, counseling and many more services thank you!

—Julie B



## PROJECT CURE

### Holiday Project

This year the holiday project is for EVERY member in our club to fill one CURE Kit for Kids. Through CURE Kits for Kids, Project CURE invites us to help provide everyday medical supplies and other essentials to children in the developing world. Boxes will be given out at our November meeting and we ask that you bring the filled box to the December holiday party. Those members not attending can place their items in a plastic bag, give to a member who will attend the December holiday party or call me at 303-617-0947 or email [jeashmore@comcast.net](mailto:jeashmore@comcast.net) and I will arrange to pick them up! You will hear all about Project CURE at our November meeting!

Each member is asked to fill a CURE Kit for Kids box with any 10 items from the list below; the contents were recommended by doctors and nurses specializing in pediatric care, who understand intimately the keys to children's health. The items are:

- Pain reliever (e.g. ibuprofen, acetaminophen)
- Sunscreen
- Antibiotic ointment (e.g. Neosporin)
- Safety pins
- Dressing Tape
- Body soap or wash
- Comb or Brush

### Monthly Sorting

Please also join me for the Project CURE sorting of medical supplies:

- WHEN: **Monday, November 8, 2010**
- WHERE: 5:30 p.m. Meet for a bite of dinner at Jason's Deli, 9525 E County Line Rd (across from Park Meadows Mall)
- 6:15 p.m. Leave to caravan to the Project CURE warehouse

Lice shampoo (e.g. Nix, RID, or a generic that contains pyrethrum)

Facial tissues

Bug bite lotion

1% cortisone cream

Burn ointment

Sling

Box of adhesive bandages

Tweezers

Elastic bandage

Blunt scissors

Antibacterial soap, hand sanitizer or wipes

### HOW TO DO

Please obtain 10 different items from the list above to place in the kit.

Make sure you collect only new, clean, and unused items for the kit.

CURE Kits for Kids are shoebox-sized boxes. Please keep in mind when purchasing supplies. Ten travel-sized items fit more easily than 10 full-sized items.

Do not tape the box shut. Each box must be checked before shipment.

Please also include a check for \$5 with your 10 items. This will be used to cover shipping to hospitals and clinics in developing countries.

For more information, visit [www.projectcure.org](http://www.projectcure.org). On behalf of some of the world's less fortunate children, Project CURE thanks you for your contribution to its mission of "Delivering Health and Hope to the World."

—Evie

**SORTING ONLY:** 6:30 p.m. Drive yourself to Project CURE Warehouse  
10377 E Geddes Ave, Centennial, CO  
We will meet you there!

**WEBSITE:** [www.projectcure.org](http://www.projectcure.org)

If you have any questions, please contact me – email [jeashmore@comcast.net](mailto:jeashmore@comcast.net); cell 303-746-4608.

See you on November 8.

—Evie

## SANTA CLAUS SHOP



Oh boy!!!! Santa Claus signup time is here. We will be at the G A Wright Building (10325 E 47th Ave) again this year. Send me the dates you wish to work (watch for an email) or sign up at the November meeting, and we will all have the time of our lives

helping children find gifts under the tree.

And there is more this year ... Invitation Below ... Canvas and Cocktails is about as much fun as anyone can stand. And it raises money for the Denver Santa Claus Shop while you have fun. Attend with us and bring your friends. We were all amazed at what fun and how well we painted last year. Check out [www.canvasandcocktails.com](http://www.canvasandcocktails.com) and join the fun.

The Denver Santa Claus Shop  
invites you to

**“Canvas and Cocktails”**

2010

NO Artistic Talent?? NO PROBLEM!!

The artist takes you step by step through the process and you take home your very own masterpiece.

## What you need to know

DATE: November 10  
 TIME: 6:30 – 7:00 check in & get set up  
 7:00 – 9:00 paint  
 PLACE: 249 Clayton St. (Cherry Creek No.)  
 COST: \$55 per person (\$20 tax deductible)  
 HOW: Cash or check payable to DSCS  
 DRESS: Casual dress – aprons supplied  
 TICKET: Must bring ticket to attend  
 FUN: Door prizes, wine, snacks, and friends

Reserve a Spot for you and your friends NOW by e-mailing [fbrentlinger@msn.com](mailto:fbrentlinger@msn.com). Do it soon - space is limited! It was so much fun last year, you asked us to bring it again!! If you joined us last year, invite your friends. If you missed the event last year, here's your chance to try it & experience the fun. Reservations and pre-payment are required. It's a fun, new and different night out with your gal pals and proceeds benefit the Denver Santa Claus Shop. Can't beat that - Win/Win!!

Questions? Contact me by phone at 303-667-9956 or email [ThriveEveryDay@gmail.com](mailto:ThriveEveryDay@gmail.com)

New or gently-used toys will also be collected at the door if you care to donate.

—Linda



**THE DELORES PROJECT**  
SHELTER AND SERVICES FOR HOMELESS WOMEN

## HOW YOU CAN HELP

### THE WISH LIST

Due to storage limitations Delores Project can only accept items that are needed at the moment. The current list follows. They ask that you call before delivering supply donations.

- Travel size toothpaste
- Travel size shampoo and conditioner
- Travel size lotion and sunscreen
- Coffee
- Sugar
- Coffee filters (commercial restaurant size)
- Toilet paper
- Paper towels
- Trash bags (office, tall kitchen & lawn and leaf sizes)
- New combs and hair brushes
- Disposable razors

The Service Committee will deliver donations you bring to club meetings.



**Zonta Club of the Pikes Peak Area**

*proudly presents*

*The Fifth Annual Glass Slipper Ball*

*Featuring*

**THE BEST OF THE PIKES PEAK AREA CHEFS AND  
A COMPLIMENTARY TASTING OF SELECT WINES**

**Saturday, February 5th, 2011 – 7pm to Midnight**

The Crowne Plaza Hotel (I-25 and Circle)

- Top chefs offer their finest hors d'oeuvres, desserts and specialty coffees
- Wine expert offers a complimentary tasting of selected wines specially paired with each of the chefs' creations
- Leading area florists and decorators create spectacular tablescapes
- Gentle Rain Band performs rock & roll, jazz standards, swing, Latin, funk and R&B
- Fabulous silent auction and mystery gifts

**Black Tie Optional**

Zonta's mission is to advance the status of women and serve our community through local and international contributions, and to achieve personal and professional growth in a nurturing and supportive environment.

**Tickets - \$100 per person or \$900 for reserved table of 10  
EARLY BIRD SPECIAL THRU DEC 31, 2010  
\$90 per person or \$850 for reserved table of 10**

**For Tickets & Information Contact:**

Zonta Club of the Pikes Peak Area  
P.O. Box 7924  
Colorado Springs, CO 80933-7924  
www.ZontaPikesPeak.org  
Email: info@ZontaPikesPeak.org  
Find us on Facebook: Zonta Pikes Peak



**TESSA**

A Community Without Domestic Violence and Sexual Assault



Zonta Club of the Pikes Peak Area  
P.O. Box 7924  
Colorado Springs, CO 80933



**Support WOW on Colorado Gives Day, December 8, 2010**

On this day, Colorado is coming together to raise \$1 million for non-profits. When you support Work Options for Women on Colorado Gives Day through [GivingFirst.org](http://GivingFirst.org), a program of the Community First Foundation, the value of your donation is increased by a share of the Colorado Gives Day Incentive fund initiated by First Bank with a \$250,000 lead gift. Community First will also pay all credit card processing fees, ensuring that 100% of your gift reaches WOW. Get involved—donate online, Dec. 8th at [GivingFirst.org](http://GivingFirst.org) from your home, office, or a Cafe Options kiosk (available only on Dec. 8th). Spread the word and invite

others to contribute to WOW through [GivingFirst.org](http://GivingFirst.org).

## PR/COMMUNICATIONS COMMITTEE

### ZCD—Not Afraid of Commitment

How long have you been a member? If it's been more than 20 years since you got that first Zonta yellow rose, join your tenured Zonta sisters in a photo at the general meeting November 11. We hope to use this

photo in a news release celebrating ZCD's history and contributions.

—Wendy



## MEMBERSHIP COMMITTEE



**Save the date!** Our Holiday Party is scheduled for Thursday, December 9th, and will be held at the Lakewood Country Club, 6800 W. 10th Avenue in Lakewood. This is such a beautiful club and their food is wonderful. We

are planning an entertaining program with plenty of time to socialize with our new members, spouses and guests. The cost will be \$45.00 per person with the menu to include medallions of beef and grilled salmon. Please plan to attend!

—Kate

## OPPORTUNITY FOR FELLOWSHIP

### Join ZCD Friends to Hear Handel and Mozart

The Colorado Symphony Orchestra and Chorus will be performing a limited engagement of Handel's "Messiah" at Montview Presbyterian Church on December 15 and 19. And, President Kathy is hoping

to get a group together to see the CSO&C perform Mozart's "Requiem" at 2:30 p.m. on Sunday, Jan. 30. Ticket prices for both concerts will be obtained and shared as soon as possible--stay tuned.

—Wendy

## ARCHIVING COMMITTEE

The Archiving Committee has been very active this year diligently going through boxes and other items from our club's past. We even looked at some old slides during our last meeting. If anyone has pictures, notebooks, newspaper articles, albums, paperwork, slides or any other items regarding our club that they would like to get rid of, please get them to one of the

Archiving Committee members who are Sheila Davis, Nikki Headlee, Barb Pellegren, Jacki Sammons, and Joetta Williams.

—Sheila Davis for the committee



**MARTHA STEWART'S way:** Stuff a miniature marshmallow in the bottom of a sugar cone to prevent ice cream drips.

**THE REAL WOMAN'S WAY:** Just suck the ice cream out of the bottom of the cone, for Pete's sake. You are probably lying on the couch, with your feet up, eating it anyway.



## ADVOCACY COMMITTEE

### WHAT COMES NEXT?



After campaigning and never doubting that I would win, I served in the Colorado House of Representatives for eight years. Colorado has term limits and I left the legislature in 2009.

While I may not be in the legislature, I am continuing to address the issues I feel so passionate about. Global human rights, women, peace and security, women in business, and above all accountability from our elected officials in fulfilling and addressing the issues that plague women even today.

What's holding our organizations back? And why are so many organizations fading away? In my opinion it's because they are afraid to take the next step! Political involvement.

Yes, I know, we've heard it a million times. *We are a nonprofit and cannot be political.* The truth is that a nonprofit can't campaign for candidates, and a Zonta club can't be partisan (Republican, Democratic, etc.), but a nonprofit *can* advocate (even lobby!) about issues related to its mission. As we all know, the mission of

Zonta is to improve the status of women through service and *advocacy!*

I say, if women want to create the world they want, they must take part in the political process. The reason I joined Zonta was because of our mission and the willingness to move forward.

In that light let's look at what your advocacy committee is doing: planning a Day at the Capitol, tracking legislation that will affect all of us, working to push the ratification of CEDAW and United Nations Resolution 1325, and, possibly, creating a TAKE ACTION button on our web site to make it easier for you to let your elected officials know what you want.

Not familiar with CEDAW or 1325? Check the links below for information. Let's remember that WOMEN ARE NOT THE PROBLEM, BUT THE SOLUTION!

LINKS:      [www.cedaw2010.org](http://www.cedaw2010.org)  
                  United Nations  
                  [Un\\_wire@smartbrief.com](mailto:Un_wire@smartbrief.com)  
                  White House Project  
                  [www.thewhitehouseproject.org](http://www.thewhitehouseproject.org)

— Alice

### Indictment against Denver men involved in domestic sex trafficking

Past District 12 Governor and anti-human trafficking activist, Betty Edwards, Zonta Club of the Pikes Peak Area, has passed on the following press release:

Colorado Attorney General John Suthers announced that his office has secured an indictment for Dallas Colby Cardenas (DOB: 9/3/1991) and Ryan Keith Jenkins (DOB: 1/25/1987) on suspicion that they engaged in human trafficking during May 2010 and June 2010.

According to the indictment, Cardenas trafficked an 18-year-old female and a 17-year-old female and forced both to participate in prostitution in the Denver and Lakewood areas. Cardenas forced each victim to pose for photos used in Craigslist ads and coerced the two victims to have sex with individuals

who responded to the advertisements.

Jenkins, according to the indictment, is suspected of conspiracy to pimp the 18-year-old victim. Jenkins also is suspected of possessing of Ecstasy, a Schedule I controlled substance. Investigators discovered the drug during a search of Jenkins' Denver apartment.

The Office of the Attorney General obtained the indictment with the assistance of the Denver Police Department, the Lakewood Police Department and the Jefferson County District Attorney's Office. Prosecutors from the Office of the Attorney General will present its case against the defendants in Jefferson County District Court.

The case will be prosecuted by Senior Assistant Attorney General Janet Drake, a member of the Colorado Human Trafficking Task Force.

*Zonta Club of Denver October Dinner Meeting  
Embassy Suites 10/14/2010*

President Kathy Hyzer called the meeting to order at 6:10 p.m. and introduced Judy McNerny as the presenter of the Inspirational Moment.

Approval of the September minutes was requested. Nikki Headlee asked they be accepted as printed and Julie Bradley seconded the motion which was followed by approval by all.

Nikki as Treasurer reported our finances are in good order. There was a decision made at the International Convention in June for a dues increase. This has been challenged so now there won't be one. It will be taken up again in 2 years at Convention.

Kathy proudly announced that our club received the Service Award at the District Conference in Laramie. She reported the winner of the Edna Jean Hershey Award for our club which was announced at District is Carroll Allen. She was presented with the plaque listing each of the previous winners which will be passed on to next year's winner. A beautiful crystal pitcher was also presented and will be engraved. Carroll was most appreciative of the honor. She explained that she was surprised, pleased and humbled to receive the award as there are many in the club who put in untold hours to help move the club and its projects forward.

New member Susan Davenport was the speaker for the evening. She and her family started and have been involved with the Addis Heywet Necklace Project in Ethiopia for years. She brought pictures and talked extensively about how the project got started and has evolved.

Long-time member Dolores Lowery presided over the installation of two new members – Estella Rummelein and Julie Walker. Dottie Jenkins and Kate Linscott assisted in the installation and all members present welcomed Estella and Julie.

Membership Committee – Kate reported the November meeting will be at the Embassy Suites and Barbara Jacobson from Project Cure will be the guest speaker. The December holiday party will be at the Lakewood Country Club. Sheila Davis explained a mentoring program is being reinstated. Each new member in addition to their sponsor will have a mentor to help orient them to all the who, what, when, where and why of Zonta. A mentoring guidelines was distributed. And

a sign-up sheet for mentors was passed. Sheila, also, passed out copies of the new District 12 brochures. Anyone who needs more can contact Sheila to purchase.

Judy had sign up clipboards for service projects. There was discussion of The Bean Project and Project Cure. Julie announced that plans for ringing the bell for the Salvation Army are in process. Members of the club participate in this each year and this time it will be done at Belmar. More details to follow on this project.

Alice Borodkin, Advocacy Chair, is in the process of planning a day at the Capitol the end of January or the first of February. This event will not be for just our club but will be for the Area. We will be getting a lot of information on issues at this event. Please, let Alice know if there are any particular issues you want to hear about that day.

Kathy talked about what a great job Judy McNerny did on the newest issue of the club directory. Members in attendance were given a copy and Judy will make sure anyone not in attendance gets a copy, too. Kathy reported that roughly 50 scarves were sold at District.

Liz Cameron requested the American Heart Association be added to the list of service projects and all approved.

Last month's recipient of the Zonta Rocks Award, Beth Mundell, presented it to Evie Ashmore in thanks for getting the club reactivated in the Project Cure project. Members meet the second Monday of each month at the Cure's headquarters to sort medical supplies.

Anyone needing more information on this may contact Evie.

Speaking of service projects, thank you to all the club members who brought gently used accessories to the meeting for Dress for Success.

Carroll brought the door prize and it was won by new member Mary Sparacino who will bring one next month.

The next Board meeting will be at Alice Borodkin's home on October 28<sup>th</sup>.

All business being concluded, the meeting was adjourned at 8:20 p.m.

Respectfully submitted,  
Carroll Allen, Secretary

Denver Zontians and friends  
at  
2010 District Conference in Laramie



# ZONTIANS IN THE KITCHEN

## Kalua Pig

(Kalua means to cook in the ground)

1 pork shoulder or butt	Sea salt
1/2 cup water	1 banana -whole and unpeeled
1/4 cup Liquid Smoke	

Remove as much fat from the pork as possible. Rub with salt and Liquid Smoke. Place in crock pot with banana on top. Cook 6 - 8 hours or overnight.

Remove meat and when cool enough to handle, remove the rest of the fat and shred the meat. Serve on cocktail rolls. Many like BBQ sauce on the side.

Can be cooked ahead and frozen. Freeze meat and broth (fat removed) separately. When ready to serve, reheat the meat with about 2 cups broth in a crock pot.\*

## Mango Slaw

1 large ripe fresh mango, peeled and chopped, or an equivalent amount of frozen mango	Dash cayenne pepper
3 tablespoons fresh lime juice	1 small head cabbage, thinly sliced
2 tablespoons canola oil	1 large carrot, grated
1 teaspoon salt	2 green onions, thinly sliced
	1/2 cup chopped fresh cilantro

Reserve some chopped mango. Place remaining mango, lime juice, oil, salt and pepper in blender; process until smooth and set aside.

Stir together cabbage, carrot, onion, and cilantro in large bowl; add blended mixture and reserved chopped mango. Toss to coat vegetables with dressing. Chill 30 minutes. Serve with fish, chicken or pork.

Serves 6.\*\*

## Pumpkin White Chip Macadamia Bars

2 cups all-purpose flour	1/2 cup packed brown sugar
2 teaspoons ground cinnamon	1 cup Libby's solid pack pumpkin
1 teaspoon ground cloves	2 teaspoons vanilla extract
1 teaspoon baking soda	1 egg
1 cup (2 sticks) butter or margarine, softened	2 cups white chips (12 oz. Nestle Toll House Morsels)
1/2 cup granulated sugar	2/3 cup chopped macadamia nuts

Combine flour, cinnamon, cloves and baking soda in small bowl. Beat butter and sugars in large mixer bowl until creamy. Beat in pumpkin, egg and vanilla until blended; gradually beat in flour mixture. Stir in 1-1/2 cups morsels and nuts. Spread into greased 15-1/2 x 10-1/2 inch jelly roll pan. Bake in preheated oven at 350 degrees for 18-22 minutes or until wooden pick inserted in center comes out clean. Cool in pan on wire rack. Place remaining morsels in heavy-duty plastic bag. Microwave on medium-high (70%) power for 45 seconds; knead. Microwave at 10 second intervals, kneading until smooth. Cut tiny corner from bag; squeeze to drizzle over bars. \*\*\*

*Ed. Note: Recipes compliments of \*Linda Rhea, \*\*Donna Svendsen (Sharkey, Howes & Javer), \*\*\*Kate Linscott*

THANKS, DAY OF FILM SPONSORS

# Kenneth King Foundation

900 Pennsylvania Street, Denver, Colorado

Helping those in need by doing the common thing in an uncommon way



Leading provider of integrated security solutions for businesses in Colorado since 1901

1795 Welton St.  
303.292.9746

7255 S. Havana St.  
303.708.0102

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Phone: 303.573.9000



Freeman Insurance West is a local woman-owned and operated Independent Insurance Agency offering Signature Customer Service for all your insurance needs

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Denver, CO 80246  
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405 16th Street (16th Street Mall at Tremont )  
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The Institute for Women's Studies and Services offers a rigorous, multi-disciplinary curriculum in women's studies and provides services to support present and future success for students.





# Zonta Club of Denver

Member of Zonta International

*Advancing the Status of Women Worldwide*

**P.O. Box 2665**

**Denver, Colorado 80201**

**We're on the Web!**

**Visit us at [www.zonta-denver.org](http://www.zonta-denver.org)**

## Upcoming Calendar Events – Save the Date!

Nov 6	ZC Boulder County Sugar Plum Fair
Nov 6	ZC Laramie Fashion Show
Nov 8	ZCD volunteers at Project CURE
Nov 10	“Canvas and Cocktails” Santa Claus Shop Fundraiser
Nov 11	Veterans Day November Club Meeting
Nov 12	Estella’s birthday
Nov 21	ZCD dinner at The Delores Project

Nov 23	Minnie’s birthday
Dec 1	Barb’s birthday
Dec 4	Salvation Army Bell-Ringing
Dec 8	Colorado Gives Day—WOW
Dec 9	Club Holiday Party Lakewood Country Club Kit for Kids collection
Dec 10, 11, 13, 14	Santa Claus Shop
Dec 15 and 19	Handel’s Messiah CSO & Chorus