



SMOKE SIGNAL

Website | Service | Scholarships | Membership | Contact Us

MAY, 2015

NEPAL EARTHQUAKE

UN Reports 8 Million People Affected



The Global Fund for Women published this image on its <u>website</u> under the headline "Women are fearlessly leading relief efforts in Nepal."

We aren't surprised, are we?

Nikki Headlee has exchanged emails with Pramila Acharya Rijal, President of the Zonta Club of Kathmandu, Nepal. Pramila says:

We are very touched by your concern and

In This Issue Nepal Earthquake Metro Reception Grant Report Zonta International Thanks from Speaker May Meeting Committee Reports Minutes President's Message Upcoming Events Calendar

Quick Links Zonta International Zonta District 12 Zonta Says No UN Women

Food for Thought

Be like a flower and turn your face to the sun.

Kahlil Gibran

thoughtfulness. Zontians are fine but the heartbreaking natural disaster has resulted in extensive damage causing massive loss of human lives and physical structures. Amongst this devastation, hundreds thousands citizens are taking shelter in pavements, park, public places and under umbrellas, deprived of basic requirements - tents, medicines, water, food to name a few.

Zonta Club family of Kathmandu, Nepal have made personal contributions to this cause but in this massive tragedy we request our well wishers of Zonta community to come together to help the earthquake victims. Any contribution would be highly appreciated.

We all want to help, and we have all received offers from different organizations to accept our donations for earthquake relief. We can donate to one of those, to the Global Fund for Women mentioned above (which Nikki reports has a good rating on <u>Charity Navigator</u>), to a local organization like <u>Edge of 7</u>, whose appeal is reproduced below, or perhaps our donations for this purpose could be sent to the Zonta Club of Kathmandu as Pramila requests. (Transmittal of the \$1,200+ that we collected at the Day of Film for their One Stop Trauma Center has been delayed by the earthquake.) Let the members of the club board know if you would like to do that.

| | PENSION TRUSTEE ADVISORS | 7600 E. Arapahoe Road, Suite 125 Centennial, CO 80112 (303) 263-2765 pensiontrusteeadvisors.com Helping pension trustees make the right decisions |
|--|--------------------------------|---|
|--|--------------------------------|---|

Please thank and patronize our 2015 Day of Film Sponsors!

Brownstein Hyatt Farber Schreck

Attorneys at Law 410 Seventeenth Street Suite 2200 Denver, CO 80202 303.223.1100 bhfs.com

Colorado's Edge of 7 Pledges Help

WE WILL BE THERE FOR NEPAL

Our relief efforts will be focused on rebuilding this beautiful country



Dear Friends,

Over the past two days, I have received many emails and phone calls from those of you who are concerned about the tragic earthquake in Nepal and want to help. First of all, thank you to each and every one of you for your outpouring of support. It means so much to know that our community is here for us and for those we work alongside in Nepal.

It's been a heartbreaking and emotional two days, but we are beyond thankful to report that all of our staff, students, local partner staff with The Small World Nepal, volunteers, and friends are accounted for and are safe.

Communication in and out of Nepal is still extremely difficult, and we are waiting for the situation to stabilize so we can determine our next steps.

One thing is for certain though - Edge of Seven will be there to help Nepal when the country begins to rebuild. In fact, we have never been more ready to answer this call. At Edge of Seven, our mission is to support sustainable building initiatives that ignite access to education, health, and economic opportunities in rural communities. In 2011, understanding the tenuous situation facing the country's infrastructure, we began working with the earthquake-resistant earthbag building method in Nepal. We have currently completed six school and dormitory buildings using earthbag construction in the Solukhumbu District. The image in this email was taken just one week ago at our current earthbag project site in Salleri. The completed building in the background is currently serving as a nighttime shelter for our local students and staff.

We will continue to work alongside these remote communities and our local partners to identify and address the most pressing building needs in Nepal in a responsible and eco-friendly manner, with a focus on structural integrity and long term sustainability of our buildings. Our relief efforts may not begin tomorrow, but they will begin soon and they will be an important part of the long road of recovery and rebuilding that lays ahead of this beautiful country.

If you would like to support our work in Nepal, you may make a donation on our <u>website</u>.

Thank you all for your kind messages. We are comforted in being joined during this hard time by so many people who share our deep love for the people of Nepal.

With gratitude,

Sarah Andrews, Executive Director Edge of 7

METRO SCHOLARSHIP DONORS HONORED



Metro State University of Denver Reception

Carin and I attended the MSU Scholarship reception April 8. What a nice affair for the many donors of scholarships the University has to offer. We met one of the award winners for this year, Lesa Ketron (above on the right), and renewed acquaintance with a past winner, Jeanine Jeffers (above on the left).

I have been in contact with the Development Department to find out how many more winners of our scholarships there are and to contact them about what they have used the money for. I hope we might be able to have them come and tell about themselves and how the scholarship impacted their lives.

~ President-Elect Judy A.

Please thank and patronize our 2015 Day of Film Sponsors!



RBC Wealth Management[®]

There's Wealth in Our Approach. Schneebeck Hyams Invest Group 1200 17th St, #2200 Denver, CO 80202 303.595.1192 www.schneebeckhyams.com

FRIENDS OF THE HAVEN GRANT REPORT

To: Zonta Club of Denver From: Friends of the Haven / The Haven Re: Final Report Date: February 2014 to February 2015 Report Date: February 20, 2015 Amount Awarded: \$6,680

Enclosed please find the final report for the grant awarded to Friends of the Haven. The purpose of this grant is to provide support for a weekly exercise program delivered by Southwest Denver YMCA to The Haven women. Exercise provides a release from a stressful, rigid treatment regimen, helps Haven women identify healthier ways to cope with stress, enjoy their leisure time, and reduce symptoms of depression and anxiety. To date, this project has been highly successful. As you will see below, Haven women truly love this class and Kathy the YMCA instructor. We wish to thank the Zonta Club of Denver for making a difference in the lives of Haven women and helping to build their self-confidence.

Goal 1: Start a new exercise program in collaboration with the YMCA(Y).

The Haven embarked on a new collaboration with the Y in February of 2014 and formalized our partnership in March 2014 by executing a Program Service Agreement. The Y provides a very popular weekly exercise program for Haven women. Classes are taught by trained and qualified Y staff member. Weekly classes take place outside in the nearby park or in the large multipurpose room of the Baby Haven.

Objective 1a: The YMCA will schedule and assign Fitness Instructors to The Haven to administer a weekly exercise program.

Several fitness instructors from the Y provide weekly exercise classes for Haven women. These classes incorporate cardio and strength training, Zumba and a variety of fun and engaging exercise activities that help Haven women to reduce their stress and learn how to have fun without the use of drugs or alcohol. Y classes are very popular with Haven ladies. A random sampling of 14 Haven ladies participated in an anonymous survey and here is what they shared:

Q1: Have you been satisfied with the fitness provided by the YMCA?

A1: 100% of respondents said they were extremely satisfied with the class.

Q2: Do you feel you have learned healthy ways to exercise that you can continue to use in the future?

A2: 100% of respondents said Yes.

Comments:

- I do the things I've learned in my room almost every night.
- Everything we have learned has been modified to show us [how to continue to exercise].

Q3: How would you rank your desire to continue to attend this class?93% of participants said they would be extremely disappointed if classes were to end.Q4: What comments do you have for improving the class?

- I would like to see more Zumba
- None, I think it's amazing
- Awesome class
- None, she is really good
- The class is absolutely perfect as it is
- I would like more cardio
- I would not make any improvements. The instructor is extremely aware of all the needs of all the participants in the class.
- None, I wish we had more classes
- Maybe for her to give us a little 5 minute nutrition information
- I just wish it was a longer class or more times per week
- It's awesome

Q5: What do you like most about this class?

- The energy level
- How much compassion she has, and that she cares a lot about us
- The instructor and her amazing spirit
- Getting to move around
- Kathy is awesome, she is a <u>GREAT</u> instructor and very beautiful lady all around. She teaches in a way anyone can understand and gives us one awesome workout! This is something all Haven clients need.
- Everything
- The instructor and her awareness about all the needs of everyone in the class
- The instructor
- It's fun good music I push myself
- Kathy our instructor was very knowledgeable. She was kind and energetic and always had a modification to fit any fitness level.
- Our instructor. She was really cool and very encouraging.
- The way you feel after and how strong you feel after

Q6: Any additional comments about this class?

- (The teacher) puts in a lot of effort and makes sure to personalize it and gets to know each client.
- None, I can't wait for it every week
- Great class
- She is a good teacher
- It would really break my heart and the hearts of others if we didn't have the "Thursday boot camp" as we all it, our Thursdays would never be the same.
- It would be nice to have it 2 times a week.
- I hope this class continues at our facility.
- I think it's great and it really does a lot of good for us
- I truly enjoyed it! It is something that I look forward to each week and it most

definitely improved my self-confidence. I loved it!

• It's an awesome class and I love it.

Q7: On average how many classes do you think you have been able to attend each month?

- 1
- 3 out of 4
- 2-3 classes
- 3 if not 4
- I went to EVERY SINGLE class and wish there was more
- 4
- 2
- All of them
- 4
- 2
- On average all of them. When I missed a class it was always disappointing.
- 2-3
- I've only missed one

Objective 1b: 10-15 women will be recruited to participate based on their motivation and readiness levels.

On average 15-20 Haven women attend Y classes on a weekly basis, the classes are always full and the ladies have a wonderful time working out.

Goal 2: Ensure strong participation in the weekly exercise program among Haven women on a regular basis.

To date approximately 75 different ladies have been able to participate in Y classes at The Haven.

Objective 2: At least 10 women will come to the class on a weekly basis, as measured by participation logs.

On average 15-20 Haven women attend Y classes on a weekly basis. Participants report working hard in class and becoming more fit.

Goal 3: Increase awareness of healthy ways to exercise and desire to exercise among women who graduate from the program

Y classes began by teaching women basic exercises and emphasized how to exercise correctly and safely by ensuring proper position and posture when doing situps, push-up, squats, etc. Classes then became more rigorous and continue to increase in intensity. Modifications are provided for every exercise to ensure all women can participate. Haven women report that classes teach them how to stay fit, build muscle and that teachers are great at motivating class participates to work hard and keep working out. Participants requested Zumba and Y instructors have incorporated Zumba into their workouts. Y instructors are very helpful and enthusiastic and often stay after class to help answer questions and meet with ladies one-on-one to provide ideas and specific exercises they can do on their own during their leisure time.

Objective 3: In a short survey/interview at the end of the program, at least 80%

of the women will express they were satisfied for the program, that they learned healthy ways to exercise and a have desire to continue to exercise following graduation.

The Haven women report enjoying the classes with the Y instructors. They have stated that sometimes they don't feel like going because they don't want to work out; while many of us know we should exercise and that exercise is good for you, many people in general struggle with feeling motivated to work out. Haven ladies are no exception to this but most ladies reported feeling satisfied that they attended class. Haven ladies also shared that Y instructors are very friendly, seem to enjoy teaching classes, answered questions and provided ideas and suggestions for staying in shape.

To date this has been a very successful project, all funds have been expended and Haven women express truly liking the class and feeling very positive about Kathy the YMCA instructor. This grant has assisted The Haven is forming and building a new community partnership that has been very beneficial to Haven women. Thank you Zonta Club of Denver for all of your support!

ZONTA INTERNATIONAL

From Facebook.com/ZontaInternational

Her Excellency Angie Brooks-Randolph, of Liberia, receives an illuminated gold plaque designating her the first International Honorary Member of Zonta International from President Leota Pekrul in 1970.

Angie Brooks-Randolph was the President of the 24th United Nations General Assembly.

[Ed. notes: Leota Pekrul (right in photo) was a member of the Zonta Club of Denver. Per Wikipedia, Angie Brooks-Randolph is the only African female President of the United Nations



General Assembly and the second woman from any nation to head the U.N.]



THANKS FROM WOMEN VETERANS OF COLORADO

I received the [speaker's] honorarium yesterday afternoon along with a lovely note from your treasurer. Many thanks once again for the opportunity to address your club and the lovely honorarium. We used the honorarium toward completing a project with Volunteers of America. I have attached a collage which describes the project.

Theresa Z. Blumberg, Col, USAFR, ret.

Women Veterans of Colorado Vice President/Co-Founder

[Ed. note: the collage will be circulated at the May meeting.]



MAY MEETING

Meeting Details

| Date: | Thursday, May 14 |
|------------------|--|
| Time: | 5:30 p.m. |
| Location: | Hacienda Colorado 4100 E. Mexico Avenue Denver, CO 80222 |
| Advocacy Moment: | Olette Stanberry |
| Cost: | Menu prices |

Reservations to Marian Lee - email: <u>MLee@bhfs.com</u> by Monday, May 11th. We need to tell the restaurant how many people will attend so enough places are set.

The "program" will be the induction of new members and installation of the new officers and directors.



COMMITTEE REPORTS

Service Committee

Even though the service committee did not meet in April, it's been an active month of service.

At the April Zonta meeting we collected items for Hands of the Carpenter. We donated 35 books, 6 boxes of crayons, 1 game, 1 bag of candy, and 34 Hot Wheels cars. Dan from Hands of the Carpenter was very appreciative!



For Delores we served the always popular burrito bar. Olette said, "I just wanted to let you know how wonderful our dinner was. Every morsel of food prepared was eaten and enjoyed by all the women at Delores House! Thank you one and all - it definitely takes a village!" Thank you, Olette, Nancy, Mary Lou, Mary, Nikki, Evie, Julie, Helen, and Kathy H. for providing all the food.

Penny and Nancy met with Open Door Ministries to plan our July dinner in the park. It will be held on our regular meeting night on July 9 at Cheesman Park. All the details and the food sign up will be at the May Zonta meeting.

The next service meeting will be on Monday, May 4 at Village Inn at 6:00 p.m. The Item of the Month for the May meeting will be cash donations to help support the Delores dinners.

~ Nancy

Item of the Month:

Cash Donations for the Delores Dinners

Please bring to the May Zonta Meeting



Zonta members preparing to serve dinner to Delores House guests in April

Fund Raising Committee

See below for Julie and Cynthia's write-up about the garage sale **ON MAY 16**.



~ Gwen

Please thank and patronize our 2015 Day of Film Sponsors!



Advocacy Committee

Thanks to the members who have agreed to present an Advocacy Moment or to write an article for the *Smoke Signal*. I will circulate sign-up sheets again so everyone has a chance to practice their advocacy skills!



Several Zontians attended the 9to5 Equal Pay Day event. Speakers included State Senator Jesse Ulibarri and State Representative Jessie Danielson, a young working

mother who described the difficulties of raising a family on an income lower than it should be (that is, lower than what she would have been paid if she were male), and the new leader of the Colorado Women's Foundation. The ubiquitous Kim Desmond, director of the Denver Office on Women & Families, was in attendance, as were State Representative Beth McCann, other luminaries, and lots just plain folks, with a mix of (mostly) women and men.

Our club could sponsor an event like this--it was pretty basic and much smaller than our Area's Zonta Says No event, but did attract press coverage. It would be great if some of you would suggest ideas for an occasion, like Equal Pay Day, or an issue that you would like to raise awareness about.

Give it some thought!

~ Judy Mc



Membership Committee

The Membership Committee met on April 29th. We will induct two new members at the May 14th meeting, Debra Gridley and Elizabeth Stewart. At the June meeting, we will have a representative of one of our grant recipients, Second Chances.



The July meeting (on our regular meeting day) will be a picnic at Cheesman Park with Open Door Ministries.

~ Marian

GARAGE SALE

Zonta Garage Sale!

Our annual garage sale is almost here! Saturday May 16th from 8 am to 3 pm.

Please make sure that all items for the sale are brought to Cynthia's house by 9 am Friday May 15th and preferably priced. If you can bring your items between now and then, be sure to call Cynthia at 303-355-2997 to arrange for Cynthia to be there.

Most smaller items need to be transported to Cynthia's basement and large items such as furniture will need to be brought within the last few days to Cynthia's house to be put in her garage. Pricing and sorting of all items will be done on Friday May 15th at Cynthia's house during the day. **We have 6 people signed up to help on Friday**

but the more the merrier as the members who are there on Friday have first choice of sale items! We will be bringing everything up from the basement and sorting and placing on our tables (which need to be there by Friday morning latest) and then will be moved in the garage to be brought out the next morning.

Those members who said they will be bringing tables are: Nikki, Nancy, Wendy, Cathy, Gwen, Mary, Julie & Liz. We can ALWAYS use more tables. Just let Cynthia know that you can bring some.

Slots still needed to be filled on the day of the sale:

6:30 am - 9 am (it is always helpful if member can bring spouses as well for heavy lifting)

We have 5 members and could use another 5 if possible.

7:30 am - 10:30 am (finish setup and first shift - this is the busiest shift of the day! All hands are needed)

We have 8 members and could use another 2-4 if possible

10:00 am - 1:00 pm

We have 8 members and could use another 2 if possible

12:30 pm - 3:30 pm

We have 6 members and this is the last shift of the day with stragglers coming in for last minute bargains but workers will also help pack up all the leftovers at 3 pm to get everything ready for the donation truck to come (and to get Cynthia's yard back in shape)

I know that some members will be on all shifts - and our ideal for the garage sale is 100% participation. Whether is it members helping with pricing and sorting, manning the sale, or contributing items to sell. We would LOVE to have everyone take part in some sort of function for the sale.

If you need help getting items to the sale before the day, please contact either Cynthia at 303-355-2997 or Julie B at 310-98-8443 and we can arrange someone to pick things up.

If you are wondering what to bring - items in past years: furniture, outdoor furniture, tools, kitchen small appliances, kitchen tools, household items, linens, costume jewelry, scarves, purses, books, CD's, DVD's Books on tape, decorator items, luggage, tires, office items, baby items, toys, all kinds of things!

No clothing.

Thank you ahead of time for all your support - there will be an updated schedule at the meeting on May 14th for last minute signups - but just know the fundraising committee is thankful for your help in making this a great day!



MINUTES

Minutes - Zonta Meeting - April 9, 2015

Mary Benoit, president - called the meeting to order and Introduced our guests, Judy Beggs Pierson, ______ and _____

Carin Paupore presented the Advocacy Moment. She highlighted the problem of transportation and childcare being large drawbacks to women getting work and advancing at their jobs.

Treasurer, Kathy Hyzer, asked everyone to get their dues in to her immediately and reported on the Howard Macini audit, saying he did a good job and all is well with our club's finances. He donated \$600 to our film event.

March Minutes were not approved as they were not published in the Smoke Signal. Mary Lou asked whoever took Minutes at that meeting to forward them to her and to Judy McNerny asap.

Committee Reports:

Membership, Marian Lee asked for members to serve as Mentors for new members for a period of 1 year. There will be induction of new members at our May meeting.

Public Relations, no report as Katie Boysen-Wienecke was not there.

Service, Nancy McWhirter will take our contributions to the Hands of the Carpenter. The Board has decided that, beginning next month and continuing every other month, we will collect money for the Delores Project in order to give them meals they would like such as fried chicken.

Fundraising, Gwen Fornia

- our film event was a great success. We increased sponsorships, donations and attendance. The committee will be looking for possible new venue sites for next year as the only criticism by attendees was the limited seating space in the eating area.

- Julie Bradley is in charge of the Garage Sale on May 16. She passed around signup sheets for people to sort the previous day and to work on the 16th. She will post those names online and update them so we will know what we signed up for. We need people to bring tables. Julie asked people to please price their items before they bring them. We can't take TV's or computers that are not working and no clothes. Call Cynthia to ask when is best to bring items to her home - please do not bring items to sell the day of the sale. Julie needs someone to help put up signs the day of the sale - about 6:30 am and then take them down at the end of the day. Our leftovers will go to the Salvation Army and all proceeds from the sale go to fund our Jane Klausman scholarship.

Advocacy, Judy McNerny passed around sign-up sheets for Advocacy Moments and articles for the Smoke Signal through the rest of 2015. She told us about the Paycheck Fairness Act now before the legislature.

Executive Vice-President, Judy Allen asked members to donate their ZIF donation pins back to ZIF. She attended the Endowment dinner at Metro State and met one of our scholarship winners who is a Special Education teacher and has a special needs child. She also met with Denise Jeffries, a former recipient, who is still gracious and vibrant with 7 year old twins and two children in college. She works with the alumni group. Judy wants a recipient to come talk to us. Judy passed out forms for committee preferences.

The Nominating Committee asked for nominations to replace Helen Mulhern who will be unable to serve as Director next year. Nikki Headlee was nominated and unanimously voted to take the Director seat. The new officers will be installed at the May meeting.

Former Governor, Sheila Davis, introduced our speaker, Judy Beggs Pierson, Executive Director of Friends of Gueoul, Senegal, Africa. Ms. Pierson began by telling us something about Senegal which was under French rule, but is now an independent democracy. It is the westernmost country in Africa; the language is French; it is 97% Muslim and very poor with 7 ethnic groups. In 1990 Ms. Pierson gave up her law practice (at age 50) and joined the Peace Corps. She went to Senegal for two years and then came back to the States and set up her law practice again. She continued to support girls in Gueoul by providing school funds and in 2005 she began Friends of Gueoul. The group funds girls in school for about \$100/year/student. The Englewood Rotary Club gave them money to buy 50 renovated computers and sent them to the edge of the Sahara where they set up a computer classroom in February of 2010 - lots of logistical problems but they prevailed. She continues to travel to Senegal every year in January/February. In 2012 the group began interactive training - there is an initiative in Senegal to educate women now. The President of Senegal put a branch University in Gueoul and all High School students who finish High School there can attend the University. Our Zonta club can help them: They need grant writers, statisticians, and marketing people - we will be working for Global Peace. She sold her table decorations which were cloth dolls in Senegalese dress for \$35 apiece. When asked how we could donate money, she asked that we wait as their website was recently hacked.

Nikki Headlee reported that we collected about \$1400 to donate to the trauma center in Katmandu at our film event. Nikki is looking into our club being an unofficial sister club to the Zonta Club of Katmandu.

Wendy won the 50-50 drawing.

President, Mary Benoit, adjourned the meeting at 7:35 pm.

The District 12 member's only website password is "new3day". We can view

the District Directory online.

DATES TO REMEMBER:

| April 19 | Delores House Dinner | | | |
|----------|--|--|--|--|
| April 22 | Zonta Club of Boulder County's "Women & Girls Rock", 6 - 9 pm | | | |
| April 23 | Board Meeting, Perkins Restaurant, 5:30 pm | | | |
| May 14 | Regular meeting, The Hacienda, 5:30 pm | | | |
| May 16 | Garage Sale at Cynthia's home | | | |
| May 28 | New Board/Old Board meeting - place TBD | | | |
| | | | | |

Respectfully submitted,

Mary Lou Edwards



President's Message

The roller coaster of a Zonta year is nearly over. With many ups and downs it has been an honor and privilege to serve as your president. For me Zonta work has never been drudgery, it is always a pleasure. It would be great if I could have every member at the next meeting. Then I could give each of you a hug and a "thank



you" for your support this year. Since that isn't possible I will do the next best thing, actually a better thing. I will make a contribution to the Zonta International Foundation in honor of all the fabulous women that belong to the Zonta Club of Denver. I am honored and proud to be one of you.

As the Zonta year comes to a close I am happy to report that all of you have paid your dues except Beth Mundell. Beth is not continuing her membership. We will miss her. I hope that someday she will come back. I am unhappy when we lose a member. All of you matter to the club and my hope is that you matter to one another. It is important that each and every one of you realize that you do matter, you are an important part of this great organization. This is why I love Zonta, there is a place and a job for each of us. This is where you have support when the going gets rough. You not only matter to the organization, you matter to the women that we serve, be it hands on or our

monetary support. All of you matter and are important.

It is so sad to see the horrific pictures that are coming from Nepal. For those of us that attended The Day of Film and saw the movie *Jhola* with the Nepalese people in the movie it is even more heart wrenching. I am sure that the money we collected will make a great difference. The money will be sent once the chaos settles and rebuilding begins.

I hope to see you at the meeting on May 14. Come and thank your out-going board, greet your new board and the new members that will be inducted. We are lucky enough to have our District 12 Governor, Marcy O'Toole do the installation of officers and directors.

Mary Benoit, President



Upcoming Events





Please thank and patronize our 2015 Day of Film Sponsors!

Judith Allen and Richard Starlin





Calendar

| Date | Event | Time | Location | Details |
|--------------------|---|----------------|----------------------|--|
| May 16 | Garage Sale | 8 am - 3 pm | 1360 Glencoe | Deliver donations by 9 am Friday, May 15 |
| June 11 | Club Meeting | 5:30 pm | Hacienda Colorado | Second Chances |
| July 9 | Picnic | TBA | Cheesman Park | In lieu of club meeting, a picnic with Open Door Ministries staff and clients |
| June 12-14 | ZI North American Inter-District Meeting | ТВА | Minneapolis, MN | Meet Zontians from around the U.S. and Canada http://juneconference.webstarts.com/ |
| September 24-26 | 2015 District 12 Conference | TBA | Boulder - TBA | Mark your calendar! |

Zonta Club of Denver P.O. Box 2665 Denver, CO 80201

Empowering Women through Service & Advocacy

information@zonta-denver.org

Copyright © 2015. All Rights Reserved.

Forward this email

SafeUnsubscribe

This email was sent to jmcnerny@comcast.net by jmcnerny@comcast.net | Update Profile/Email Address | Rapid removal with <u>SafeUnsubscribe™ | Privacy Policy</u>.



Try it FREE today.

Zonta Club of Denver | 518 17th Street | Suite 1100 | Denver | CO | 80202