



Zonta Club of Denver

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SMOKE SIGNAL

MAY, 2014

WOMEN OF COURAGE

Doshika Deo of Fiji was born and raised to make a difference. When she was a little girl, her father used to take her to the squatter settlements to raise awareness of inequality and the importance of giving back. As an adult, she has been a vocal advocate for Fiji's return to democracy and especially for the participation of women and young people in the democratization process. She was one of the very first candidates in the country to announce her intention to stand in Fiji's 2014 elections, the first since a military coup in 2006.



Despite intense criticism, constant threats of rape and violence, and financial difficulties, Roshika and her Be the Change political campaign are inspiring a new generation of Fijian women and youth to believe in democracy and the power of civic participation. Roshika has also been one of Fiji's most outspoken critics of violence and discrimination against women and girls, and has publicly stood up for greater government accountability. And in her bold efforts to expand political participation among all Fijians, Roshika has refused to be silenced or intimidated. For her advocacy, for political reform in the name of democracy and human rights, and a country free of violence against women, the United States Department of State honored her with a Secretary of State's International Woman of Courage award.

In This Issue

[Women of Courage](#)

[Progressive Women](#)

[Business Cards](#)

[May Meeting](#)

[Committee Reports](#)

[Item of the Month](#)

[Minutes](#)

[Domestic Diva](#)

[President's Message](#)

[Upcoming Events](#)

[Calendar](#)

[Zonta International](#)

[Zonta District 12](#)

[Zonta Club of Denver](#)

[Zonta Says No](#)

[UN Women](#)

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Do not wait for
leaders; do it alone,
person to person.

~Mother Teresa

PROGRESSIVE WOMEN OF COLORADO

**MAY PANEL DISCUSSION:
"Women's Issues from a Global Perspective"**

Tuesday May 13th 5:30 pm - 7:30 pm

Our panel will be led by Representative Alice Borodkin, founder of "Women Engaging Globally", and other women from the United Nations and "Free the Girls". They will give their perspectives on issues affecting women globally.

Also, a representative from Up with People, an international young adults organization, which is celebrating their 50th Anniversary this year, will inspire you with information on this well-known group whose music, community service, and message inspire people around the world.

Location: Unity Church of Denver
3021 S University Blvd
Denver CO 80210

(Progressive Women of Colorado is not affiliated with Unity Church)

Suggested Donation: \$5.00 - \$10.00
RSVP: wendy@dreamwisemarketing.com
303.587.6139

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BUSINESS CARDS FOR INTERNATIONAL CONVENTION

Are you going to International Convention? Do you need business cards with your Zonta info on them? Please contact Julie Bradley as she is making business cards for anyone in the club that needs or wants them. They will contain your contact info as well as Zonta info. See the sample - the back side has the ZCD mission statement.

Just let Julie know which phone number and email you



Nikki Headlee
President 1993-1994
President 2007-2008

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Phone: 303-829-5350 Email: nheadlee@slucian.com
Web Site: www.zonta-denver.org

wish to have on the business cards and how many you need (10, 20, 30 40 etc.)

These are free of charge from the club.

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Colorado



WOMEN
ENGAGING GLOBALLY

May Meeting

Meeting Details

Date: Thursday, May 8

Time: 5:30 pm

Location: Hacienda Colorado
4100 East Mexico Ave.
Denver, CO 80222

Menu: Order from their extensive menu

Greeter: Marian Lee

Advocacy Moment: Judy Allen

Cost: Priced as on menu

Reservations to Judy Allen at judith.allen@ch2m.com or 720-286-5012 by 10am Monday, March 10th.

The following members have permanent reservations:

Judy Allen	Sheila Davis	Kate Linscott
Evie Ashmore	Mary Lou Edwards	Judy McNerny
Mary Benoit	Nikki Headlee	Nancy McWhirter
Alice Borodkin	Cynthia Herndon	Wendy Moraskie
Julie Bradley	Kathy Hyzer	Dorothy Swindt

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**Judith Allen
and
Richard Starlin**



Jim Medford Photography
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COMMITTEE REPORTS

Service Committee

Kathy H organized the Easter dinner this month at The Delores Project. A traditional Easter dinner of spiral ham with all the fixings was served to the women. Thank you, Kathy H, Joetta, Marian, Beth, Judy Mc, Helen, and Gwen for providing the dinner.



I would also like to thank Jeanette again for spearheading the undergarment collection for The Haven. Our club donated was 59 bras, 153 panties, and 40 pairs of socks. Jeanette delivered the items to Crissy McNally, Development Assistant at the Haven, on March 29. Crissy was thrilled with all the lovely and necessary items that were donated. It's very gratifying to be a member of our Zonta Club because of everyone's service and generosity.

For the May meeting, we will be collecting chapstick and travel size shampoo and conditioner for The Delores Project.

~ Nancy

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IWSS

Institute for Women's Studies and Services



METROPOLITAN STATE UNIVERSITY
OF DENVER

Fundraising

Garage Sale!

Don't forget our annual Zonta Garage Sale, Saturday May 17th at Cynthia Herndon's home, 1360 Glencoe in Denver. You may deliver your donations anytime by contacting Cynthia to see if she is home. If you have larger items that you can't deliver, let us know and we will arrange to pick them up! Household items, furniture, books, anything else that you can think of except clothing, which doesn't sell, unless it is baby items. Please pre-price your items if you can before bringing to Cynthia's home.



This is a win-win opportunity for you! Clean up and clear your house of things you do not want, give others the opportunity to buy things that they do want, and help fund ZCD's service projects!

Please sign up to help with the sale on Saturday by contacting Julie either by phone or email.

Workers needed:

Pricing on Friday May 16th at Cynthia's house - NEED 5 workers.

Set up 6:30/7 on Saturday - NEED 5 workers. This can include husbands and friends to help set up the tables and bring out items for sale.

Shift 1: 7:30 - 10:30 - NEED 4 workers. This is usually our busiest shift as those pros at garage sales get out early for the bargains.

Shift 2 :10-1 - we have all that we need for this shift. Thank you all.

Shift 3: 12:30 - 3:30 - NEED 4 workers.

Please help us reach our goal of 100% participation from the membership. If you can't work on Saturday, maybe help on Friday with pricing? If you can't work on those two days, make sure you help by donating items for the sale!

Thank you so much for all that you are doing to make this event a fun and profitable one for Zonta.

NOTE: We will donate all leftovers to the Salvation Army and if you want your items back if unsold, make sure you let someone know. Televisions are no longer accepted as a donation to Salvation Army unless working as they need to be recycled if they don't work.

~ Julie

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A Thank You Note From Denver Film Society

I want to thank you for your continued support of the Voices Film Festival. It means a lot to me. I am proud of the community we develop around the festival and I am glad you all are part of it. I look forward to seeing you at the other events throughout the year!

Sincerely,

Tammy

Denver Film Society

Voices

Please thank and patronize our 2014 Day of Film Sponsors!



800 East 17th Avenue
606 West Colfax Avenue
530 South Holly Street



Our 2013 Day of Film Sponsors—thank them, patronize them!



SERVICE OPPORTUNITIES

Items of the Month:

- chapstick
- travel size shampoo
- travel size conditioner

for The Delores Project

Please bring to the May club meeting

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1123 Delaware
mathias-security.com



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APRIL MEETING MINUTES

President, Wendy Henry-Moraskie called the meeting to order at 6:00 pm.

Guests at the meeting: Mary Benoit introduced Tracy McDonough; Wendy Henry-Moraskie introduced Penny Burke.

Judy McNerny gave the IAM (Inspirational Advocacy Moment) about Equal Pay for Women (it's still \$.80 to the \$1.00 in Colorado).

The March Minutes were approved; Kathy Hyzer, Treasurer, asked everyone to get their dues in as soon as possible; and President Wendy invited everyone to participate in dinner.

PROGRAM:

Helen Mulhern introduced our speaker, Dr. Sheila Porter, from the Academy of Lifelong Learning. Dr. Porter has been to almost all the countries in Africa and believes that women are the future of Africa. She said that some of the factors in her belief apply to women in all third-world countries, with some differences. Africa has been seen as a hopeless barrel of aid and Aids - a black hole of development money. Dr. Doug Allen at DU, whose expertise is China, was born in Zimbabwe and agrees with her reasoning that education determines the eradication and modification of poverty. Her reasons for why women are the future in Africa include:

1. Women are the transmitters of culture. They pass down values and mores creating little pockets of change. Example in Rwanda after the conflict there when so many people were murdered, mostly men. As a result, 80% of the people in government were women and it has remained that way. An article in the NY Times talked about women forgiving their perpetrators in Rwanda in their quest for peace - witness the "Gotcha" trials that were held in front yards. Resolutions between victims and perpetrators were negotiated in many such trials, resulting in homes and lives being rebuilt.

Dr. Porter is studying why people hate. Praetoria, South Africa is a notably racist area (a Boer-Africans enclave), but after apartheid ended it has become another area of change. The recent Oscar Pistorius trial is being held there now, with a black woman as judge.

Women are less tolerant of corruption. A sign noted upon entering Botswana says "Botswana will tolerate no corruption" - there are three major tribes cooperating there for the sake of their country.

Women put a greater emphasis on peace than war - they think in terms of loss, unlike most men. In Zimbabwe, where Mugabe still rules, women are property and not able to refuse their families. They are powerless and have poor role models - women relatives often force FGM onto younger female relatives. Teachers are changing things there by teaching boys to respect women - education enables people to reject FGM. Mugabe was a Freedom Fighter when he was younger. They once fought for freedom from European rulers, but as they grew older they turned into terrorists. Mugabe went into decline after he married his second, very aggressive wife, but he is getting very old and will soon not be an influence in Zimbabwe.

In Mali women are tattooed and men are polygamists. Women are beginning to see different possibilities for their life. The country is embroiled in war right now and France recently stepped in to keep them from dissolving.

2. Microlending - organizations like KIVA give women money to form small groups to do business, including forming banks to disburse loans. Microlending has been a huge boon to women's empowerment. A good book to read about sustainable agri-technologies is economist Dambisa Moyo's "Dead Aid: Why Aid is Not Working and Why There is a Better Way for Africa."

3. Women's values for peace will change the way boys are raised. Women are taking charge of rehabbing boys who were child soldiers.

Dr. Porter does evaluations for women seeking political asylum. She ended her talk by showing us a film called "Africa is a Woman's Name" about a school with a dynamic woman principal and lots of students who are learning respect for others and developing a love for schoolwork.

ZI Convention lodging: President Wendy has two condos near the Convention Center in Florida that will accommodate up to 10 people - if anyone needs lodging, give her a call.

Committee Preferences: President-Elect Mary Benoit asked that everyone note their committee preference for the new year on the printed forms she handed out. Mary also told everyone about Pam Harvey's Human Trafficking event on May 3, 9am - 3 pm, \$20 fee, at a church in SW Denver.

COMMITTEES:

Fundraising: Julie Bradley reported that the film event was a success and that the topic of the film spoke effectively to our mission - even though only 80 people showed up, we sold 122 tickets and made more money than last year. The next event will be the garage sale at Cynthia Herndon's home on May 17th. Everyone needs to commit to a time to help with organizing and pricing items on Friday, May 16th, and/or to sell items on Saturday, May 17th. Julie urged everyone to sign the sign-up sheets.

Service: Nikki Headlee, Kathy Hyzer, Helen Mulhern and Beth Mundell are in charge of the Delores House dinner on Easter Sunday and they will appreciate a couple more people volunteering to help them.

ZIF: Nikki Headlee reported our membership donated 100% to the Zonta International Foundation resulting in Pam Dumonceau's matching contribution of over \$700 - THANK YOU PAM!

Membership: Judy Allen advised everyone of the Zonta 101 Membership Event to be held on Thursday, April 17, 5-7:30 at the Ross-University Hills Library, 4310 E. Amherst Avenue, Denver, CO. Judy asked that members RSVP with the names of people they're bringing. President Wendy and Governor Sheila will be speaking.

Nominating: The Nominating Committee, Joetta Williams, Cathy Conley and Jacki Sammons were pleased to present a slate of officers for the coming year:

- President, Mary Benoit
- President-Elect, Judy Allen
- Vice-President, Katie Boysen
- Secretary, Mary Lou Edwards
- Treasurer, Kathy Hyzer
- Directors: Judy McNerny, Nancy McWhirter, Marian Lee and Gwen Fornia
- Nominating: Wendy Henry-Moraskie, Cathy Conley and Liz Cameron

All nominees were voted into office unanimously by members present.

Raffle: Julie Bradley sold tickets and Alice Borodkin won the drawing.

Zonta Rock: Judy McNerny gave it to Marian Lee for losing her mother and, the following week, agreeing to serve on the club board.

There being no further business, President Wendy adjourned the meeting at 8:00 pm.

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DATES TO REMEMBER:

May 13 WEG event on Colorado Women
 May 17 Garage Sale at Cynthia's home
 June 27 - July 1 ZI Convention in Orlando

~Respectfully submitted,
 Mary Lou Edwards, Secretary

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DOMESTIC DIVA

Asparagus Pasta Salad

Here is an easy, delicious addition to a springtime brunch or as a light entree.

Ingredients

1 pound bowtie pasta
 1 pound asparagus, ends trimmed
 Olive oil, for drizzling
 Kosher salt and freshly ground black pepper
 1 shallot, finely chopped
 1 clove garlic, finely chopped
 2 teaspoons Dijon mustard
 Zest and juice of 1/2 lemon
 1/4 teaspoon crushed red pepper flakes
 4 tablespoons olive oil
 Kosher salt and freshly ground black pepper
 1/4 cup thinly sliced fresh chives
 1 (4-ounce) container crumbled goat cheese

Directions

Preheat the oven to 425 degrees F.

Add pasta to a large pot of boiling salted water and cook until al dente. Drain in a colander and let cool.

Meanwhile, slice asparagus on the bias into 1/2-inch pieces. Place the asparagus on a sheet tray and drizzle with olive oil, and season with salt and pepper. Place in oven and roast for 10 minutes, until slightly tender. Remove and let cool.

In a small bowl, combine shallot, garlic, mustard, lemon zest, lemon juice, and red pepper flakes. Whisk in olive oil and season with salt and pepper. Add chives.

Add pasta and roasted asparagus to a large bowl. Drizzle with dressing and toss. Add the crumbled goat cheese, toss and serve.

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PRESIDENT'S MESSAGE

Making it Work

In case I haven't bored you to tears with it yet, as you know, my slogan for my presidency this past two years has been "Make it Work." Along with following our existing supportive structure and rules, I also wanted to make sure our club "worked" for the women we serve as well as for the members. I hope we did that.



I am turning over the gavel and banners to our new president, Mary Benoit, this month, with regret (and perhaps a tiny spoonful of relief about the decrease in my meeting quota!). I get to write one more designated column for the Smoke Signal and this is it. From now on, I get to compete for space with everyone else. (Yes, let's make it a competition to find the best stuff to put in and share with each other!)

Why, "Make it Work?" Because it's just as important for us to nurture and learn from each other as it is for us to help our grantees provide skills and opportunities to the women we serve. Maybe self-care is even more important, because we can't help them if we are not functioning at our optimal levels as individuals and allies. So, if, here and there, a member needs to momentarily step back from Zonta responsibilities to care for a family member, a medical need or a flooded house, so be it. Luckily, we have a lot of committed members and someone else always seems to be available and willing to step up to fill the need. That commitment and flexibility is what makes Zonta Club of Denver unique. It's our club-my club-your club.

My last President's Message seemed like a good time to thank you for helping me so much through my presidency, being so patient with me and taking such good care of your club. Yes, this is your club and it looks like it does, helps at-risk women as well as it does, and is as healthy as it is fiscally and emotionally, because you contribute to nurturing it. Way to go!

I hope you feel empowered to encourage fellow members to cultivate our club, and to help each other, when you see something that needs to be done. Don't wait for someone to think of your

fabulous idea and implement it. We're all busy having our own outrageous ideas. The best example of our club's dynamic energy is when members jump in to volunteer to get things accomplished, and step up enthusiastically when asked to help with a project.

This month we'll install a new board of directors, and start a new biennium with our international sister clubs. In Denver, we have a yard sale approaching rapidly, and a convention coming up in June. Don't miss out on the fun stuff-make sure you're involved. Our new president will need everyone rowing together to get all of our activities moving smoothly in the right direction. I'll be glad to board her ship and help, although someone may have to show me which way to point the oar.

With all of us contributing to the process and the output to the extent that we can, when we can, we'll continue to strengthen our club and make it work. Cheers to the next 87 years!

- Wendy

UPCOMING EVENTS

Save the Date

*Annual Beautiful Hat Tea Luncheon
Hosted by the Zonta Club of
Lakewood/Golden*

*When: Saturday, May 31st, 2014
1:00pm to 4:00pm*

Where: Faith Community Church

*Come and enjoy a cup of tea, friendship and
a light lunch of tea sandwiches, scones,
fruit, and sweets.*

*In addition, there will be prizes, raffles
and a silent auction.*

Formal Invitation to Follow



Date	Event	Time	Location	Details
May 8	Club meeting	5:30 pm	La Hacienda Colorado I-25 and Colorado Blvd.	Pam Harvey, Development Director, Amy's House, a home for rescued human trafficked girls outside Ft. Collins
May 16	ZCD Annual Garage Sale— presorting and pricing	9:00 am until done	1360 Glencoe Street	6' tables and garage sale items can be delivered
May 17	ZCD Annual Garage Sale	7:00 am to 3:00 pm	1360 Glencoe Street	Contact Julie for truck pickup of large items
June 12	Club Meeting	5:30 pm	La Hacienda Colorado I-25 and Colorado Blvd.	TBA
June 27 – July 1	Zonta International Convention		World Center Marriott Orlando, Florida	orlando2014.zonta.org
July 10	NO CLUB MEETING IN JULY			
August 14	Club meeting	5:30 pm	Liz's garden	Pot luck and relaxation News from ZI Convention
September 11	Club meeting	5:30 pm	La Hacienda Colorado I-25 and Colorado Blvd.	TBA
Sept. 19 -20, 2014	District 12 Governor's Seminar		Cheyenne, Wyoming	TBA
October 9	Club meeting	5:30 pm	La Hacienda Colorado I-25 and Colorado Blvd.	TBA
November 13	Club meeting	5:30 pm	La Hacienda Colorado I-25 and Colorado Blvd.	TBA

Zonta Club of Denver | president@zonta-denver.org
Wendy Henry-Moraskie, President | Judy McNerny, Editor

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