



Smoke Signal

ZONTA CLUB OF DENVER

THE ZONTA ZINGER WANTS TO KNOW—

Where did the title of the book Half the Sky come from?

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Welcome to
Six New Members
of the Zonta World!



Welcome, Susan D, Sue K, Cheryl, Susan R (wow, that's a lot of Susans!), Mary and Jennifer! Most of us have already met you, and we are excited to welcome you to Zonta membership! Here is what Zonta is all about:

Objects of Zonta International

- √ To improve the legal, political, economic, educational, health, and professional status of women at the global and local level through service and advocacy.
- √ To work for the advancement of understanding, goodwill, and peace through a world fellowship of executives in business and the professions.
- √ To promote justice and universal respect for human rights and fundamental freedoms.
- √ To be united internationally to foster high ethical standards, to implement service programs, and to provide mutual support and fellowship for members who serve their communities, their nations, and the world.

The Zonta Club of Denver has been working with Zontians around the world to improve the status of women since 1927. Your help is needed, and we will enjoy getting to know you better while we work together toward these goals.

“Never doubt that a small group of committed people can change the world. Indeed, it is the only thing that ever has.” -Margaret Mead

COMMITTEE NEWS

FUND RAISING COMMITTEE

Friday, May 7, 2010

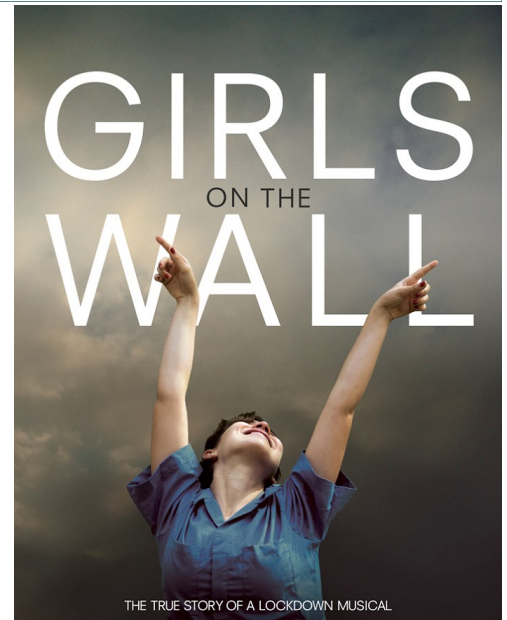
7:00 pm

Starz FilmCenter at the Tivoli at Auraria

Tickets \$40

Help your club advance the status of women!

Ticket sales have been slow so far – time is running out to get your friends and family to purchase tickets to this great event. We need your support!!



Next—don't forget the garage sale! Other people may want and need what you are tired of. We need your gently-used items. We'll be organizing and pricing on May 20, and selling at Cynthia's on May 21 and 22.

The next few weeks will be busy, but we're getting all our fund-raising done in a single month!

Almost all of the scarves that we made last month have been sold already, too, and not just to club members!

The committee appreciates your help.

—Kathy H

PR/COMMUNICATIONS

The PR Committee has been working hard to support the 2010 Zonta Day of Film. Everyone should have received electronic and/or paper invitations to use for promoting this event to your family, friends, and acquaintances. If you haven't, or if you need more, contact Wendy, Judy B or Judy Mc (Wendy will be out of town on business until May 1).

If you haven't checked out our "new" website, be sure to do that! If you notice errors, let Judy Mc know and she'll get our "web guy" (Judy's husband) to fix it.

The next phase (obviously!) will be to add more up-to-date content to the website. **This will be an all-**

members job! If you have photos of ZCD members or other information that you would like to contribute, please send your offerings to Wendy. We will also be asking the other committee chairs to mobilize their members to provide content relevant to the recent activities of their committees.

Even more important, look at the website as if you were a prospective member. What would you want to find that is missing? Let any member of the PR Committee know what you think.

—Wendy M

CLUB TREASURER

I must receive your dues and all bills and vouchers no later than May 15 in order to pay whomever has spent money, pay dues to ZI, and be able to close the annual

books in a timely fashion.

Thanks.

—Nikki H

ADVOCACY

DOES ONE VOICE MAKE A DIFFERENCE?

I have just finished reading New York Times columnist Gail Collins' book, *When Things Changed*. This is a wonderful book that takes us back to the late 1950's and forward to 2010. It chronicles many of the changes and strides made by women for women.

It clearly shows the strength and power we have by saying "Hey! Look at me! This is what I want or don't want." Too many of us have become apathetic and are letting the other guy do it. Actually allowing someone else to think for us. But let something slip by and become law? Most of us are shocked. "How did that happen?"

So it seems to me, after having served eight years in the legislature, and watching bills go by without a peep from any one, that we need to change. Talk must turn to action.

Advocacy is not hard if you feel passionate about human rights. If you feel passionate about equal pay for equal work, if you feel that human trafficking is an insult to humanity, if women dying by the thousands in

childbirth around the world disturbs you.

Let me help you. By now members have been receiving e-mails concerning legislation both federal and state, that has an impact on our lives.

Those e-mails show you how to reach your elected officials. Happily, I have received emails back telling me you contacted your elected official to voice your opinion. Thank you! That's advocating for what is best for women and letting elected officials know.

Turning words into action.

We now have the possibility of bringing a display produced by actress Emma Thompson that describes human trafficking. It's called the *Journey*. I provided the link for a short video in a previous email. This will be supported by many organizations, including Zonta, once we determine the availability, scope of work and cost. We have just begun very preliminary discussions.

That's turning words into action.

—Alice B

SERVICE OPPORTUNITIES

Mother's Day is May 9th, 2010—Give a Gift that Gives Back



Honor your mother and help other moms who are rebuilding their lives and their families. The "Love Your Mom" basket contains the following and is wrapped in cellophane and tied with a handmade bow:

- Pink gourmet jellybeans
- Grammy's Snickerdoodle Cookie Mix
- Chocolate Chip Oatmeal Cookie Mix
- Cindy's Sinfully Chocolate Brownie Mix
- Raspberry Lemongrass & Mango Peach Iced Tea Mixes



Show your mom you are smart AND caring! Consider making a donation in your mom's name. WBP will send her a nice handwritten card about the gift and you get a tax deduction!

Another thought—ask your kids to get *you* the Love Your Mom basket, or to make a donation to WBP in your name!

See www.womensbeanproject.com for details.

PRESIDENT'S MESSAGE

Zonta Denver's Day of Film is rapidly approaching. If you have not bought your tickets, it's not too late. Using Blacktie is an amazingly easy way to purchase tickets and send "Evites" to your friends, business colleagues and future Zontians (who don't know it yet!). Remember to volunteer your time to help that night. If you need a ride, let me know so we can arrange it. "Girls on the Wall" is going to be a terrific film and our chance to shine as a Zonta Denver should...help us fill Starz Theater!

We have 6, yes, SIX new members joining in May.** Remember what it was like for you when you first joined; please take time to reach out, visit with, and include our new members in all things Zonta. It is going to be a good year ahead with Kathy Hyzer as the new President. Give her all the support and encouragement she needs and maybe a little bit more. No one can do this alone...I certainly could not and what I found were helping hands everywhere...keep those hands warm and strong for Kathy!

It's un-bee-lievable, but it's time close up the Bee Hive for 2009-2010. It's been an honor...truly an honor. All that I have learned, experienced, relished, would not have been possible without your kindness and support. It's no secret that it has been an difficult year

for me and my family, and through it all, you all have held me up, encouraged me forward and made me laugh when I needed it most. I hope to thank each of you personally in one fashion or other, but that will take some time...know now that I stood on everyone's shoulders many times; you all truly rock...Zonta Rocks.

Thank you to every blessed one of you who helped me through the loss of my mother. The flowers the club sent are still stunning, and though the brilliant yellow blooms should have given me a clue that it was from Zonta Denver...I was surprised, incredibly touched, and tear up when I look at them. Thank you, thank you, thank you.

I wish there was some wise and perfect way to end this last "prez message" – Best I can do is to remind all of you, because we forget sometimes, how wonderful and unique you are...Zonta Denver wouldn't be the same without each and every one of you...each of you is simply "bee-utiful"

– Love to you all – Q-Bee



—Beth

** *Ed. Note:* Contact information for all of the new members is included separately with this issue of the *Smoke Signal*. Please cut and paste it into your directories until the 2010-2011 directory is published.

The world is awakening to a powerful truth: Women and girls aren't the problem; they're the solution.

So says New York Times columnist Nicholas Kristof in an August 23, 2009, column excerpted from his book, *Half the Sky*.

The Chinese have a saying, "Women hold up half the sky." As Kristof points out, though, that is mostly an aspiration.

This column starts with the story of Saima, a Pakistani woman who was beaten daily by her unemployed husband. After her second daughter was born, her mother-in-law suggested that her husband take another wife to bear a son.

But then Saima got a microloan of \$65. She began to sell her embroidery to merchants in the Lahore markets. When demand was greater than what she could produce, she began to put her neighbors to work. Eventually she was employing 30 neighboring families, and her husband! When their third daughter was born, it was okay. "Girls are just as good as boys," her husband said.

Read the whole column at:

<http://www.nytimes.com/2009/08/23/magazine/23Women-t.html#>

MAY MEETING

Where: Embassy Suites Hotel
7525 E. Hampden Ave.
Denver, CO 80231

When: Thursday, May 13, 2010
5:30pm – Social Hour
6:00pm – Dinner

Menu: Chef's Choice
Salad and dessert
Vegetarian and gluten free available

Cost: \$30

Greeters: Kate Linscott & Dottie Jenkins

Inspirational
Moment: Mary Benoit

RESERVATIONS: Please RSVP to Kate Linscott **no later than Monday, May 10th at noon** at (303) 520-8136 or clinscott14@msn.com. If you need a special menu, please let Kate know as well.

MAY PROGRAM: The program for May will be the induction of six new members. We hope you will all be able to attend this special program to welcome these new members with great enthusiasm! This is a great time to bring a guest as we thank the Members of the Board who served this past year and to welcome the new Board as they begin preparing for another busy year for the Zonta Club of Denver.

Happy Birthdays to—

Pete Seeger & Bing Crosby—May 3

Cynthia H & bluesman Robert Johnson—May 8

Trini Lopez & Madeleine Albright (same year)—
May 15

Cher & **Judy Mc** (also same year)—May 20

Fats Waller—May 21

Artie Shaw & Rosemary Clooney—May 23

Beverly Sills & **Myrna C**—May 25

Al Jolson, Peggy Lee & Stevie Nicks—May 26

Member News

Pam D has had back surgery.

Joetta W has had (more) leg surgery.

Both are recuperating.

Permanent
Reservations

Should your name be
listed here?

Carroll Allen
Judy Bederman
Mary Benoit
Cathy Conley
Sheila Davis
Nikki Headlee
Cynthia Herndon
Kathy Hyzer
Dottie Jenkins
Kate Linscott
Judy McNerny
Wendy Moraskie
Beth Mundell
Linda Rhea
Dorothy Swindt
Joetta Williams

Reservations

- For each general dinner meeting, please remember to call if you aren't on the permanent reservation list. Because we are charged for the number we guarantee, we have to bill anyone who makes a reservation but doesn't come to the meeting (or who forgets to cancel a permanent reservation).

- If you plan on coming to every meeting—why not add your name to the permanent reservations list?

- If you are on the permanent list but tend to forget to call and cancel—why not take your name off the list?

- Please call Kate L or Dottie J with your request to be added or deleted!

Remember to call if you can't come, otherwise you will be billed for the dinner.



Many, many thanks to my “treasured” Zonta friends for all of the phone calls, the beautiful cards, and of course, to the “lunch bunch” for the delightful food delivered during my recuperation from my unfortunate car accident which has been the most “horrific” experience in my young life with smoking air bags going off, ending with two cracked ribs and collapsed lung from the seat belt.

Bless you all...Dorothy S

*Zonta Club of Denver April Dinner Meeting
Embassy Suites 4/8/2010*

6:50 Call to Order by President Beth Mundell followed by the introduction of guests. Beth asked for approval of the March minutes as published and they were accepted.

Treasurer Nikki Headlee reported there is over nine thousand dollars in our checking account. Bills for annual club dues were distributed to attendees and the rest will be mailed. Due date is 5/15 and reimbursement requests are, also, due then.

Mary Benoit, Service Chair, distributed sign-up sheets for the Delores Project dinners for 5/16, 6/20, 7/18 and 8/15. She will get receipts for Dress for Success donations.

Alice Borodkin reported there are only 5 weeks left in this legislative session. She recommends Half the Sky, a book and movie on trafficking, and another book "When Things Change".

Wendy indicated that so far 898 hours of service have been reported. Any unreported time needs to be given to Nikki by mid-May.

Kathy Hyzer, Fundraising Chair, talked about the upcoming film event. Every club member will need to be involved to make it a big success. The Women's Institute @ Metro is a sponsor. So far, \$2,250 has been collected in corporate sponsorships. Wendy Moraskie, PR Chair distributed press packets, posters, flyers, and invitations for members to help everyone market the Day of Film event. She will send out an

e-mail that members can send to friends encouraging attendance. Our website has a link to Black Tie so tickets can be purchased on-line. Members should let Wendy know of any local newspapers that she should send publicity for the event. Kate Linscott, Membership Chair will solicit her committee members to sign up women to work in registration, the reception, and as greeters.

The speaker for the evening was Pam Harvey, Colorado State Director of "Not for Sale".

Beth Mundell, read the slate of candidates for the upcoming year for club offices. Sheila Davis made a motion to accept the slate and Dottie Jenkins 2nd the motion. All club members in attendance were in favor of the motion.

Diane Twining reported the Area 3 meeting is this upcoming Saturday featuring the White House Project. The Boulder club will have a woman to woman tea and there will be more information upcoming on this event.

Member news: Dorothy Swindt was recently involved in a car accident and Joetta Williams will be having surgery on Wednesday.

All business having been tended to, the meeting was adjourned.

Respectfully submitted
Carroll A, Secretary

ZONTIANS IN THE KITCHEN

(Yummy) Creamy Chicken Soup from Carroll A's Soup Kettle

4 tbsp. butter
1 onion, finely chopped
1/4 c. all-purpose flour
6 c. reduced-sodium chicken broth, heated
3 egg yolks
1 c. heavy cream
3/4 c. chopped chicken
1/2 tsp. salt
Freshly ground white pepper

Melt butter in a large saucepan over medium-low heat. Add onion & cook 8 minutes. Add flour, whisking until smooth. Cook 3 minutes. Add 1 cup

of hot chicken broth, whisking vigorously to blend. Whisk in 5 more cups of broth. Bring to a simmer, stirring.

Whisk egg yolks & cream together in a large bowl. Ladle about 1/2 cup hot soup into egg mixture, whisking slowly. Pour egg mixture back into pan, whisking slowly. Heat slowly (do not boil), adding more broth if too thick. Add chicken, salt and pepper, and heat thoroughly. Makes 8 cups - serves 8.
Per 1-cup serving: 230 calories, 19g fat, 150mg chol, 8g prot., 6g carbs, 0g fiber, 660mg sodium

Call to Convention

Zonta International Convention 2010 - San Antonio, Texas

ZONTA INTERNATIONAL CONVENTION

DISTRICT 10—2010

YA'LL COME!

JUNE 25-30, 2010



Go to www.zonta2010.org for all the details and up-to-the-minute information. The registration deadline has been extended—don't wait any longer!

ZCD Delegate – Beth Mundell

Zonta Club of Denver will vote on the following vital matters, and more:

- Election of Zonta International officers, directors and international nominating committee
- 2010-2012 Biennial Goals
- Bylaws amendments

To voice ZCD's opinion on these issues, your club voting delegate will provide an overview of the election items to determine ZCD opinions and thoughts. This information will be provided via email; if you would like a copy mailed to you...call your ZCD Delegate.

—Beth

NEWS FROM ZI WEBSITE

Students in Liberia Form Fistula Awareness Club

"It is a dream come true," remarked Ms. Mariam Pewu, 18, her eyes sparkling with joy as she saw the first team of the Fistula Girls Club leave St. Matthew Lutheran High School in Monrovia's eastern district of Paynesville to begin an awareness campaign in Gobachop Market, a nearby suburban community in the capital of Liberia.

They had just launched the club, which started as an idea among a few high school friends. The almost 300 students present at the launch ceremony on 26 March 2010 were a testimony of how far things can go with commitment and hope.

A team from the Girls Club led by Ms. Mariam Pewu (second on the right) shares information with a girl who have just come from the countryside to sell her farm produce.

Ms. Pewu and her colleagues are quite privileged. They receive an education, they have friends and they are



Photo: UNFPA Liberia.

even allowed to mingle within their communities — rare luxuries for some young women in Liberia. Still, they care about less fortunate girls their age who face isolation, abandonment, stigma and discrimination as a result of a terrible birthing injury — obstetric fistula.

Continued on page 9

AREA 3 MEETING, BOULDER
APRIL 10, 2010



ZIF Ambassador Heidi Lukowski and Governor Priscilla Romkema



Area 3 Director Diane T and Lieutenant Governor Kay M



ZCD members Judy Mc, Sheila D, Alice A and Cheryl Mc



ZCD members Kathy H, Carroll A and Judy B



ZCD's Fund-Raising Table



ZCDII president Pat Congleton (left) and Mary B

Continued from page 7

Speaking during the launch ceremony, Ms. Pewu, the club's acting coordinator, said she conceived the idea "to advocate on behalf of women living with fistula and to spread messages to fight the problem" after meeting a fistula patient in May 2009 at a local hospital in Monrovia.

"When I met that girl in a corridor of the John F. Kennedy hospital, and I saw urine leaking down her legs and the hopelessness on her face, I asked myself why she had to suffer that way," she remembered.

Ms. Pewu revealed that her quest to know more about the condition led her to discover the Liberia Fistula Project. "I started sharing information with schoolmates and encouraged them to join me in establishing a fistula awareness club at my school," she explained.

The group now brings together students from at least 10 high schools across the district and aims to carry out fistula awareness activities among students and

communities. Their motto: Healthy Women, Healthy Nation.

Although it is challenging to estimate the prevalence of obstetric fistula in Liberia, available data on maternal mortality ratio and initial information gathered as part of a 2006 situation analysis point at fistula as a major problem in the country.

In recognition of the need to address the issue, UNFPA, the United Nations Population Fund, and the Liberian government launched the Liberia Fistula Project in 2007, with activities partially funded by [Zonta International](#), a global organization to advance the status of women worldwide.

The results achieved since then are impressive, including the steady increase in the number of patients treated: from around 150 in 2007 to almost 200 in 2009, with an average success rate of 81 per cent.



The Liberia Fistula Rehabilitation and Reintegration Programme is funded by the United Nations Population Fund (UNFPA) with support from Zonta International. Fistula survivors are able to return to their communities after undergoing successful surgery, followed by counseling and skills training.



Zonta Club of Denver

Member of Zonta International

Advancing the Status of Women Worldwide

P.O. Box 2665

Denver, Colorado 80201

We're on the Web!

Visit us at www.zonta-denver.org

Upcoming Calendar Events – Save the Date!

May 7	Zonta Day of Film 2010
May 8	Cynthia's birthday
May 8	Boulder County Club-Woman to Woman Tea
May 13	May Club Meeting
May 20	Judy Mc's birthday
May 20-22	Club Garage Sale
May 22	Douglas County Club—Trivia Night

June 7	Judy B's birthday
June 9	Kathy H's birthday
June 10	June Club Meeting
June 14	Julie B's birthday
June 25-30	International Convention San Antonio, Texas
Some July evening	Wine-tasting at Solera
August 12	August Club Meeting (Liz C's Garden?)