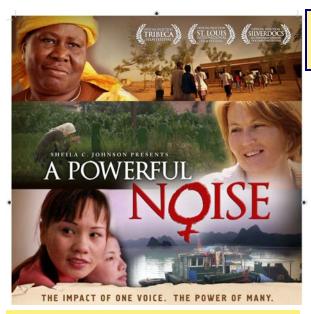


Smoke Signal

ZONTA CLUB OF DENVER

We Can Do It!



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PRESIDENT'S MESSAGE

International Women's Day March 8, 2011

Did you know that 2011 is the 100th anniversary of International Women's Day? International Women's Day (IMD)



was first started in Copenhagen in 1911 and was celebrated in Austria, Denmark, Switzerland and Germany. At rallies that year more than one million women and men attended IWD rallies campaigning for women's rights to work, vote, be trained, hold public office and end discrimination. Women in Russia and the United States joined the movement soon after. While the movement became entwined with the socialist movement in the early years of the 20th century, it has grown to become a global day of recognition and celebration. It is a also a reminder that there is much work to be done on behalf of women where violence, poor health care, and poor diet are still common.

In some countries IWD is an official holiday: Afghanistan, Armenia, Belarus, Burkina Faso, Cambodia, China, Cuba, Georgia, Eritrea, Laos, Moldova, most of the Stans, Uganda, Ukraine, Vietnam and Zambia are a few of the countries that celebrate on March 8.

Thousands of events will be held all over the world this year to celebrate IWD, with over 154 events in the US. In Denver, one event is the Voices Film Festival that is being sponsored by the Denver Film Society.

Continued on page 2

President, Kathy Hyzer

Smoke Signal Editor, Judy

PAGE 2 SMOKE SIGNAL

Continued from page 1

Zonta Club of Denver is listed as a one of the sponsors for this week-long event with our showing of the film *A Powerful Noise* for our fund raiser. There are a number of excellent films that will be shown during that week. You can check them out at denverfilm.org and click on Women+ Film. You'll also see our logo as a sponsor.

Our commitment to women can be enhanced by making sure that we sell out our fund raising event on March 13. It will take all of us to do that, not just a few, so let's all get busy and do our part. This is the only time all year that we ask all of our members to participate in this great event. Let's really make this 100th year of International Women's Day a Zonta Rocks day!! I know we can do it!

YIZ, Kathy

Dream Headline: Zonta Fills House for Third Annual Day of Film

Imagine this: You've greeted a dozen friends at the front door of the Starz Film Center at the Tivoli on March 13. They all said how happy they were to be there seeing a great film and supporting a really hardworking organization-ours! They pick up some popcorn and water and head upstairs to the theater. For a few minutes before the film starts, you celebrate with the other "greeters" about selling out the house for this film event and raising a considerable amount of money to help Metro-area women. Now, you let out a sigh of accomplishment and head upstairs to be inspired by this film in a dark theater with 140 other like-minded activists.

What a lovely vision. One that can easily come true if we make the contacts with our friends, co-



workers and acquaintances and tell them about the Day of Film and Zonta Club of Denver. All we have to do is tell them about the women, very much like the women depicted in the film, who we help with our efforts on behalf of local organizations.

We each joined Zonta Club of Denver so we could share our talents in ways that would help others. Here's our chance to leverage our small individual efforts into big benefits. Yes, we might sell out the theater and enable 140 other people to see why we are members of an organization that helps advance the status of women. That would be great. Even better, our efforts and the film might inspire some of those attendees to become members, donate or get involved in other organizations, advocate for important legislation or just share our club's goals and activities with other people. You know the old saying, "... if you tell 5 people and they tell 5 people ... " — let's get started!

I see a light and titles come up on a screen in a dark theater--a dark, FULL theater...

---Wendy

WANTED—CLUB LIBRARIAN

Duties—transporting a small, rolling suitcase full of donated books to and from club meetings.

Benefits—first chance to read the newest book donated by a member!

The club library was started by Nikki a number of years ago so members could share good books. Bring books to the next meeting. Diane suggests putting a note card in front of the book with your name (so you can get the book back at some point if you want) and your rating of the book. Who would be willing to take on this job? Let Kathy H. know.

MARCH MEETING

Where: Embassy Suites Hotel

7525 E. Hampden Avenue

Denver, CO 80231

When: Thursday, March 10, 2011

5:30pm – Social Hour 6:00pm – Dinner

Menu: Pork roulade with roasted red potatoes

Seasonal vegetables

Fresh salad/chef's choice dessert

Cost: \$30.00

Inspirational

Moment: Beth Mundell

RESERVATIONS: Please RSVP to Kate Linscott no later than Monday, March 7th at noon at (303) 520-8136 or clinscott14@msn.com. If you have a special diet request, please let Kate know as well. Don't forget to RSVP if you are not on the Permanent Reservation List or to cancel if you are on this list and are unable to attend.

PROGRAM: Add Women, CHANGE Everything

If you could do one thing to change America for the better, what would it be? The White House Project believes that if you add women to the ranks of leadership, you change everything. Its mission is to advance women's leadership in all communities and sectors—up to the U.S. presidency—by filling the leadership pipeline with a richly diverse, critical mass

of women. Our speaker will be Katie Groke Ellis, Rocky Mountain Regional Director for the White House Project.

Katie has a background in running ballot initiative campaigns and grassroots organizing. A graduate of the University of Wyoming where she played on a soccer scholarship, Katie

has worked with the NCAA, Choice USA, Springboard Enterprises and Planned Parenthood of the Rocky Mountains developing and implementing successful field programs to defeat anti-choice ballot initiatives and to help elect pro-choice candidates. Katie also has a Masters degree in Public Administration from the University of Colorado.

Reservations

- For each general dinner meeting, please remember to call if you aren't on the permanent reservation list. Because we are charged for the number we guarantee, we have to bill anyone who makes a reservation but doesn't come to the meeting (or who forgets to cancel a permanent reservation).
- If you plan on coming to every meeting—why not add your name to the permanent reservations list?
- If you are on the permanent list but tend to forget to call and cancel—why not take your name off the list?
- Please call Kate with your request to be added or deleted!

Permanent Reservations Should your name be listed here?

Carroll Allen Dottie Jenkins Judy Allen Kate Linscott Evie Ashmore Cheryl McHugh Alice Borodkin Judy McNerny Wendy Moraskie Mary Benoit Sheila Davis Beth Mundell Nikki Headlee Linda Rhea Cynthia Herndon Dorothy Swindt Kathy Hyzer Joetta Williams

Happy Birthdays to-

Elizabeth Barrett Browning—March 6
Keely Smith, **Beth**, and Bow Wow—March 9
Kim Campbell—March 10
Mia Hamm—March 17
Gloria Steinem and Danica Patrick—March 25
Sandra Day O'Connor—March 26

Actual Answering Machine Messages—

Hi! Sallie's answering machine is broken. This is her refrigerator. Please speak very slowly, and I'll stick your message to myself with one of these magnets.

PAGE + SMOKE SIGNAL

COMMITTEE NEWS

SERVICE COMMITTEE

The Service Committee is seeking applications for the Jane M. Klausman Women in Business Scholarship. Our service budget includes \$1,500 for a club scholarship. Our winner will also be entered for a \$1,000 scholarship awarded by District 12. Zonta International gives twelve \$5,000 scholarships. See our website, zonta-denver.org, for more information

(there is a new link—Scholarships and Awards). If you know a young woman who is working on an undergraduate or masters degree in business, send her to the website. Thank Evie for her work on this.



—Mary B.



PROJECT C.U.R.E.

Please join Estella, Carroll and me for the Project C.U.R.E. sorting of medical supplies:

WHEN: Monday, March 14, 2011

WHERE: 5:30 p.m. Meet for a bite of dinner at Jason's Deli, 9525 E County Line Rd

(across from Park Meadows Mall)

6:15 p.m. Leave to caravan to the

Project C.U.R.E. warehouse

SORTING 6:30 p.m. Drive yourself to the ONLY: Project C.U.R.E. Warehouse

10377 E Geddes Ave, Centennial, CO

We will meet you there!

WEBSITE: www.projectcure.org

If you have any questions, please contact me – email <u>jeashmore@comcast.net</u>; cell 303-746-4608. See you on March 14.

—Evie



HOW YOU CAN HELP

CURRENT WISH LIST

- Aluminum foil
- Lunch-sized baggies, Ziploc® style

- Sugar, coffee, tea and hot cocoa mix
- Trash bags—small, medium and large sizes
- Maxi pads
- Liquid dish soap
- Liquid hand soap
- Bleach and household cleaners (except PineSol®)
- Napkins and paper towels
- Toilet taper and Kleenex®

Call before you go, or the Service Committee will deliver donations you bring to club meetings.



If seeing Bob McDonald again at the February meeting made you want to contribute more to the work that **Women's Bean Project** does for women in our community, you may want to offer your skills by completing their online volunteer application at <u>womensbeanproject.com</u>. "Anyone who can help our participants work on resumes and interview skills is very helpful," says the website. Remember—it's not about the beans!





Safety. Structure. Success.

The Excelsior Youth Center website gives details about the EYC programs for troubled girls. Some members are volunteering at their March fundraiser.

Donations are also needed; for example:

- \$200 purchases fuzzy, warm slippers for every girl in one of their Cottages
- \$85 treats three girls to a new set of fanciful flannel pajamas
- \$60 purchases colorful, teen focused bed sheets and pillow cases for three girls new to EYC

excelsioryc.org

Click **Donate** to see how you can help

MEMBERSHIP

Upcoming Programs

Our April program will be presented by Jill Tietjen, author of "Her Story: A timeline of the women who changed America."

You don't want to miss the March or April programs! Bring a guest to each!

TREASURER

Financials

Anytime you want to see the club's financials, just email or call me and I will be happy to send them to you.

Soon we hope to add a "members-only" section to our website where these can be posted every month.

—Nikki

—Kate

PR/COMMUNICATIONS COMMITTEE

ZCD Website Looking Refreshed

You've probably noticed the updated look of the website over the last several months. That's thanks to a really creative person who was under one of our member's noses and had the time and talent to give it a lift. We extend our thanks to Ken Bingenheimer, Judy McNerny's husband, who has spruced up the site with new layout and photos and increased functionality. He also weeded out some of the old information, like that photo that Mary Benoit was happy to see retired.

As we try to keep the website up to date for potential visitors, please take a look at your committee's section and see if you have suggestions. Carroll Allen gave us a great list of ideas that we're implementing, and we will be grateful for more.



Also, we still need your photos to show what we Zontians do, so take a few photos at the next service project you participate in, or your next committee meeting, and send them to Judy Mc for posting.

—Wendy



WANTED—YOUR JUNK

Back by popular demand will be our annual garage sale. The sale will be at Cynthia's house again, with the exact date (sometime in May) to be determined.

PLEASE SAVE THAT STUFF YOU DON'T WANT ANYMORE. Remember that one woman's junk is another woman's treasure. Your junk will help fund club service projects.

PAGE 6 SMOKE SIGNAL

ADVOCACY COMMITTEE

A VISIT TO "OUR HOUSE" A COLORADO DAY AT THE CAPITOL

Not many people think of their State Capitol as their house. But it is our house.

We, the citizens of Colorado, pay the taxes that pay the salaries of our elected officials, the staff and the building itself. As a Colorado State Representative for eight years, before being termed out in 2009, when addressing a group of citizens, I often jokingly—sort of—asked for a raise!

So seeing the Capitol as our house, and being the Colorado Chair of the Legislative Advocacy and Awareness Committee, I decided to plan a Day at the Capitol for the Zonta clubs in Colorado.

The goal for me was to get women thinking in terms of advocating for what they want. For or against, Democrat or Republican, and not to be afraid to contact their elected officials. Advocacy works on all levels. State, US Congress and International.

Speaking of paying for salaries, no matter how much money an elected official may receive from lobbyists and citizens for their campaigns, we must remind them they need our vote as well. So tell them that you are their constituent when you contact them, and let them know you are watching their votes.

The legislative process is so much more than we read in the newspapers. It is complex, loaded with landmines, compromise, and trust. In that light, I rounded up a lawyer from Legislative Legal Services, they write our legislation; the Director of Legislative Services, they research and provide services for legislators; and the Manager of Finance, they dictate the fiscal note attached to each piece of legislation.

In addition, I asked those who planned on coming that day to find out who represents them and had a member of our Zonta Club of Denver LAA committee write a short script for inviting them.

Speaking of the Denver LAA Committee, let me say that no one is able to do this alone! We had one member research eating places around the Capitol, one member research transportation and logistics, how to



get through security to and around the Capitol, and one member write our script.

So the date was set, the arrangements made and the breakfast ordered. Of course it snowed the day before and into the night. It is Colorado really! People were coming from areas that had

much snow, some snow and all had issues with traffic. To my surprise we had 25 people show up anyway.

After our 8AM sharp start with coffee and rolls, we were off to House Committee room 0109 and orientation concerning the process, and how the calendar of the day worked. We handed out what legislators refer to as the Pink Book, a listing of all elected officials US and state, committees they sit on and how to reach them.

This was followed by a much too short discussion of the process and a few words from some of the invited legislators. We even ran into a number of lobbyists as we moved about and I asked each one to say a few words about their positions.

Friday at the Colorado Capitol is not exactly the best day to visit as everyone is eager to leave by noon. Many legislators live in outlying areas and race to catch a plane or train or hit the road before the traffic ramps up,

Our Zonta group received a bit of both the boring and the almost boring as we watched the legislators on the House floor read and comment on several resolutions.

That process took about an hour in addition to introductions, tributes and conversation extolling the benefits of those being honored.

Because of the time, the bills listed in the calendar were laid over until Monday. Some Zontians were outraged at what they saw as a waste of time. I agreed with them, but went on to tell them of the process and procedure that allowed for this "waste of time."

I was thrilled that some took the time to find their elected official information so they could email their opinion. That's putting words into action.

It became clear to me that our visiting Zontians glimpsed a world they found exciting, boring, complex

and saw how much and how hard legislators work. While the session is 120 days, it is a 24/7 three hundred and sixty-five day job.

I cannot stress enough the importance of advocating for your issues. That's why I send out information on legislation that affects women. To make effective educated decisions, Republican or Democrat, pro or con, you must have information.

I urge all Zontians to visit your house, learn who represents you, and stop by when you can to testify on a bill you may have an interest in supporting or not.

To create the kind of world you want for yourself or your children and grandchildren, you must participate in the process.

—Alice B.



March 8, 2011 100th Anniversary of International Women's Day

This year marks the 100th anniversary of International Women's Day and Zonta Area 3 will be an exhibitor at the Event & Expo on the evening of Tuesday, March 8, at the Seawell Grand Ballroom, sponsored by International Women's Day Denver and showcasing the work of nonprofits like Zonta.

There will be speakers, including former Zontian Emily Howell Warner, first American woman commercial pilot, and a performance by Cleo Parker Robinson Dance.

Go to <u>www.internationalwomen'sdaydenver.org</u> for tickets and more information.

District 12 Past Governors

Dorothy Swindt shared this photo of the Past District 12 Governors' December gathering. New members—see if you notice a pattern in this group! From left, standing, are: Betty Edwards (Zonta Club of Pikes Peak Area), Marian King (Lakewood-Golden), Dorothy Swindt (Denver), Judy Allen (Denver), Ellen Tye (Boulder County), Bev Morrow (Cheyenne), Evelyn Haskell (Laramie), Jacki Sammons (Denver), Dolores Lowery (Denver); seated in chairs: Marjorie Pickett (Denver), Toni Watkins (Lakewood-Golden), Bev Augustine (Prowers County); and seated on floor: Mary Benoit (Denver). In a few years, Sheila Davis (Denver) will join the group!



MARTHA STEWART'S WAY: When a cake recipe calls for flouring the baking pan, use a bit of the dry cake mix instead and there won't be any white mess on the outside of the cake.

THE REAL WOMAN'S WAY: Go to the bakery. They'll even decorate it for you.

PAGE 8 SMOKE SIGNAL

Zonta Club of Denver February Dinner Meeting Embassy Suites 2/10/2011

Call to Order – by President Kathy Hyzer at 6:10 p.m. She asked members to introduce guests at each table. Minnie Lundberg was invited to tell about our foster child in Malawi. The club has supported her for 11 years and she will soon be graduating from school so will no longer be eligible to participate in the foster child program. In the next couple of months members will need to make a decision about getting another foster child.

Mary Benoit emceed the presentation of the 2011 service grants. She started by introducing the Service Committee members who made the recommendations for the service grants. The Empowerment Program was the first recipients introduced. This program serves women who are homeless – are HIV – former prostitutes and/or with addiction problems. They have ten women at a time. These are women who are not eligible for any other programs, i.e., government programs. Their award was \$6,500 which was earned through our film event last year.

The Women's Bean Project was the second recipient. Bob McDonald explained this is the 22nd year for their project to train low income women for better employment. In addition, their training includes life skills. Our previous service grants to them funded former program participants who train other women now. This year the money funds a position for a person who will follow the progress of graduates to help guarantee their success. The award was \$10,000.

The third organization was MHCD – the Mental Health Center of Denver. The \$14,000 grant will go to a vocational program for homeless women with mental issues. This is a program designed for women by women. They will have assertive community treatment, integrated dual diagnosis treatment, trauma recovery and empowerment model, supportive employment, and supportive housing.

Estelle and Wendy explained all the wonderful things happening around the upcoming film event in March. They talked about the necessity of spreading the word.

The Zonta Cheerleaders (Sheila, Judy Mc, and Nikki) in their uniforms led fantastic cheers – making sure everyone tells everyone else about the upcoming fundraiser.

Kathy asked for and received approval of the January minutes as read.

Nikki reported \$7,000 is in the club operating checking account. She's glad to talk to any club member re: club financials – anyone wanting information before her next formal report to the whole membership should call her.

Kate reported the speaker for next month's meeting will be from the White House Project. Check the Smoke Signal for more information.

Alice gave a summation of A Day at the Capital last Friday. It was well attended and went extremely well. She had copies of the Colorado Legislative Directories and a list of all the bills presented so far. She said members should track bills regarding women's issues.

Marcy O'Toole of Denver II talked about the upcoming Women's Legislative Breakfast February 15th at Trinity United Church.

Zonta will be an exhibitor at the 100th anniversary of International Women's Day. If our club wants something in the exhibit it needs to be turned in soon and there isn't much room. The area meeting will be April 9th and the focus will be on teen dating and violence. More information upcoming.

Mary passed signup sheets for the Delores Project dinners and the Excelsior fundraiser in March.

New Business – Kathy explained the proposal for 1 District Conference and 1 Governor's Seminar per Biennium. A copy had been e-mailed to all club members in advance of this meeting. Diane Twining explained why she supports this proposal. Kathy read the proposal and all approved it.

Linda Rhea encouraged all members who haven't bought a copy of Mandy Ziegler's book to do so. Recently she was #1 on Amazon.

Kathy announced February birthdays – Carroll's on the 5th and Kate's on the 14th – Valentines Day.

Judy Allen bestowed the Zonta Rock on Wendy for doing such a terrific job on P.R.

The club's travelling library is being reinstituted by Kathy. Next month bring your books and Kathy will bring them to the monthly meetings.

Diane recognized Alice for the fabulous job on the Day at the Capitol. Other clubs really supported this venture, too.

Sue Krueger brought the door prize and lucky Julie Bradley was the winner.

All business having been tended to, the meeting was adjourned at 8:20 p.m.

Submitted by Carroll Allen, Secretary

SHOP FOR A CAUSE

Pam Harvey is Denver's representative for Transitions Global, a recognized international anti-human trafficking organization (www.transitionsglobal.org). Mary Benoit passed on the following message from Pam.



Free To Shop (www.FreeToShop.org)

is my new website that enables you to shop in style from socially conscious companies and at the same time help end modern day slavery and human trafficking.

You, as a friend or associate, probably know that I have a heart to end modern day slavery and by shopping at my new website, Free To Shop-www.FreeToShop.org - you can help too.

By entering my website to access stores like <u>The Body Shop</u>, <u>Gap</u>, <u>REI</u>, <u>Organic Bouquet</u>, <u>Piperlime</u>, <u>The Ultimate Green Store</u>, and <u>Toms</u>, a small percentage of your purchases will be earned by Free To Shop and 10-50% of all proceeds will be donated to Transitions Global, International Justice Mission, and other organizations working to end modern day slavery and human trafficking.

You can shop at these socially conscious companies by <u>first</u> entering <u>www.FreeToShop.org</u> and <u>then</u> clicking on their websites. (You will need to access these through my website each and every time you shop in order for Free To Shop to receive credit from your purchases.)

Will this site make a ton of money? No . . . But hopefully, this site will help fund those organizations that are working to end this injustice . . . <u>because everyone should be Free To Shop</u>.

Thank you for all your support and please add us to your Facebook "Likes" for updates and specials!

Pam Harvey
Free to Shop
Pam@FreeToShop.org
303-668-4463

PS: note the website, www.FreeToShop.org ends with .org - not .com

PAGE 10 SMOKE SIGNAL

ZCD FEBUARY MEETING



2011 grant recipients and their big checks



Empowerment Program



Women's Bean Project



Mental Health Center of Denver



The Zontas—cheering



Day of Film display

THANKS, 2010 DAY OF FILM SPONSORS

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P.O. Box 2665 Denver, Colorado 80201

We're on the Web! Visit us at www.zonta-denver.org

Upcoming Calendar Events—Save the Date!

March 8	Zonta Rose Day/ International Women's Day
March 8	IWWD 100th Anniversary Event at Sewell Ballroom
March 9	Beth's birthday
March 10	ZCD meeting
March 13	2011 Day of Film 1 pm—Starz FilmCenter at the Tivoli
March 14	Project C.U.R.E.—service opportunity
March 20	Delores Project—service opportunity

March 25-26	Beautiful Junk Sale Zonta Club of Lakewood-Golden
April 1	Gayle's birthday
April 2	Trivia Night Zonta Club of Douglas County
April 3	Robin's birthday
April 9	Area 3 Meeting
April 14	ZCD meeting
June 3—5	North American Inter-District Conf. Reno, Nevada