# Smoke Signal January 2013

Volume 19, Issue 8

President, Wendy Henry-Moraskie Editor, Judy McNerny



#### Campaign to End Violence against Women and Girls

In November, coinciding with the start of the annual 16 Days of Activism against Gender Violence, Zonta International (ZI) announced the launch of its Zonta Says NO campaign to raise awareness of and increase actions to end violence against women and girls around the world.

ZI president, Lynn McKenzie, says, "We can't and mustn't ignore the fact: violence against women and girls is still pervasive in all kinds of countries and societies. It's in our back vard. Zonta International has been committed to its prevention and eradication for many years. In 2013, as the UN's Commission on the Status of Women focuses on fighting violence against women, we support the initiative with "Zonta Says NO," a worldwide campaign saying no to violence against women. Do not look away. Join us!"

The campaign will feature

the service and advocacy actions of Zonta clubs and districts in 64 countries around the world to prevent and end violence against women and girls in their local

communities, and ZI's ongoing efforts through ZISVAW (the Zonta International Strategies to End Violence against Women program) and through Zonta's partnerships with the United Nations and its agencies.

Zonta clubs in District 12---Colorado, Wyoming, Montana and South Dakota---have begun campaigning.

The Zonta Club of Fort Collins used a recent city council meeting to raise awareness of the issue of violence against women and girls. The mayor of Fort Collins read a proclamation opening the 16 Days of Activism. Club president Bridget Masters presented information about Zonta and statistics about victims of misdemeanor and domestic violence in the

Fort Collins area.

Members of the Zonta

Club of Pierre/Fort Pierre, South Dakota, kicked off the 16 Days of Activism with the help of the local volunteer fire department and their advocacy slogan, "Real Men Raise Their Voice Against Violence" (photo next page). The club plans to create posters that will include the firefighters' picture and a listing of phone numbers for resources a victim can go to for help, or to receive more information. Posters will be distributed at area businesses, schools, gas stations and even roadway rest stops. Zonta Club of the Black Hills kicked off the 16 Days by hosting an information station during the busy Thanksgiving shopping weekend in downtown Rapid City, South Dakota. Club members distributed 500 white ribbons pinned to an information card urging the wearer to take a stand against violence

Continued next page

# Special points of interest:

- Zonta International Campaign to End Violence against Women and Girls
- New U. N. Special Representative on Sexual Violence in Conflict

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"Real Men Raise Their Voice against Violence" against women and girls. In addition to the ribbons, club members handed out candy canes and chocolates to children and adults and shared hot cocoa and coffee to ward off the chilly day.

Smoke Signal

"The coffee and cocoa were a really good idea. When people were told it was no charge, they asked if they could make a donation. We quickly rounded up a donation box, and the money collected will be given to Working Against Violence, Inc., a local

#### battered women's shelter.

What was great about the hot drinks was that we would offer a cup of coffee to a pedestrian and then have a great conversation about the abuse of women around the world. I can't say how many times I explained what 'ZISVAW' is," said club advocacy chair Jessica Larson. "We really did not know what to expect. Next year, we will have 2000 orange ribbons ready for distribution."

The ZI campaign website,

zontasaysno.com, will offer ideas and tools for Zonta members to use.

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ZI Advocacy Chair, Kay Meyer, says, "We must do more than grieve. We must avoid hand-wringing. Zontians in every community must become a part of the positive problem-solving that our societies desperately need. I urge you to make 'Zonta says NO' a reality in your hometown."

"We must do more than grieve. We must avoid hand-wringing. Make 'Zonta says NO' a reality."

#### January Dining-In Club Meeting Details



This month we'll be having our

second annual dining-in event to support the Zonta International Foundation (ZIF). Nikki is our club ambassador and she will speak about ZIF's current projects. District Governor Sheila will again host.

See Nikki's article on page 4 for more information about the background of and reasons for this event.

At the end of the meeting, if you would like to

participate, please make a donation to the Zonta International Foundation for the difference between \$30 (our normal dinner expense at the hotel), and the cost of the ingredients in your dish. You can specify to which fund the money goes, and you can donate additional dollars also.

Where: Sheila's house

(see directory

for address)

When: Thursday,

January 10

5:30 p.m.

Menu: Pot Luck

If your name begins with:

A-D, bring a main dish

E-K, dessert

L-O, wine

P-Z, salad

**All Bring:** Your checkbook or credit card

#### **RESERVATIONS:**

**Everyone**, please confirm your attendance to Nikki at nheadlee@solucian.com.

#### **PROGRAM:**

ZIF and its Funds — Nikki New member induction Olette Stanberry



ZCD members preparing to serve dinner at Delores Project

#### Friendly People, Thoughtful People

If I have learned anything during my journey on Planet Earth, it is that people need one another. The presence of other people is essential — caring people, helpful people, interesting people, friendly people, thoughtful people. These folks take the grind out of life. About the time we are tempted to think we can handle things all alone — boom! We run into some obstacle and need assistance. We discover all over

again that we are not nearly as selfsufficient as we thought.

In spite of our high-tech world and efficient procedures, people remain the essential ingredient of life. When we forget that, a strange thing happens: We start treating people like inconveniences instead of assets.

-From *Wisdom for the Way*by Charles R. Swindoll
(contributed by Evie)

#### **COMMITTEE REPORTS**

#### Advocacy

In the current ZI enewsletter, ZI President, Lynn McKenzie, gives us information about the "Zonta Says NO" campaign and website (zontasaysno.com), and

(zontasaysno.com), and encourages us to start our own club project. Your Advocacy committee will be investigating ways for our club to get involved with this campaign.

The same e-newsletter has an article about taking action on the Violence Against Women Act (VAWA) which has stalled in the US House of Representatives. "VAWA

Representatives. "VAWA programs, administered by the Department of Justice

and Health and Human Services, give law enforcement, prosecutors and judges the tools they need to hold offenders accountable and keep communities safe while supporting victims." It is hard to imagine what

supporting victims." It is hard to imagine what objections our representatives could have to passing VAWA — perhaps they just need to know how strongly their constituents feel about it. To show support for passage of this Act, please contact your member of congress now.

I remind you to put the Human Trafficking Task Force of Southern Colorado on your calendars:

Tuesday, January

8th, First Methodist Church, 410 N. Nevada in Colo. Spgs., 5:30-7:30 p.m. – next meeting of the Task Force; and

Thursday, February 21, Colorado State Capitol, 200 E. Colfax Avenue, Denver – West Steps Rally for Human Trafficking Awareness Advocacy Day.

-Mary Lou





"It is hard to imagine what objections our representatives could have to passing the Violence Against Women Act."

#### **Fundraising**



Wendy and I met on Dec 21st with the folks at

the Denver Film Society to discuss possible films and details of the contract for our film event in March. We are progressing toward a choice but have not yet selected a film.

There are many exciting films that the Voices Film Festival is trying to get (the films at the Sundance festival alone are pages and pages of exciting names) and we hope to

get the best of the best for our event! The Festival this year will be 10 days long and our film will be on the next to last day, Saturday March 9th.

In an effort to increase early bird ticket sales for our film event the Film Society is offering us a special treat. They will be giving us the opportunity to promote tickets to a prefestival party. Those individuals who purchase tickets online by the first week of February will be invited, as a special bonus, to a private cocktail reception at a benefactor's home taking place a week or so before the film. We do

not yet know the location but Cynthia Herndon and I represented Zonta at a pre-reception cocktail party before their November Film Festival and it was very posh!

We will set up our Blacktie event page in the next few days and have it ready for ticket sales by the January meeting.

The fund raising committee will meet at 6:00 p.m. on Thursday, January 3rd, at Mary Benoit's office at 1123 Delaware.

Get excited ladies - only 10 weeks to go before our wonderful film event!!

-Julie B.



2009 Day of Film



Panel Discussion

"Last
biennium our
District 12
went from the
bottom third
to the top 10 of
districts for
individual
giving!"



**Delores Project** 



#### **ZONTA INTERNATIONAL**

#### Club Foundation Ambassador

Last year our district, at this

time, had less than 5% of individuals donating to ZIF. District 12 was in the

bottom third of districts in individual giving. The biennium ended May 31, 2012, and our district had just under 25% of individuals donating! That put us in the top 10 of districts for individual giving. This year to date, 41 individuals, or about 7%, in our District have already donated. Last biennium, one club in our district had 100% of its members donating. Our District Foundation Ambassador, Tommie Atanasoff, has set a

goal to increase donations by at least 10%.

Who knows, perhaps we'll have 100% of our ZCD members donate during this biennium. If we do, our club will receive special recognition at the 2014 ZI Convention in Orlando, Florida.

-Nikki

#### **Service Opportunities**



#### **Most-Needed Items of the Month**

Winter Coats, Hats, Gloves & Scarves
We desperately need larger coats
2X, 3X, even men's coats would work!

thedeloresproject.org/

#### From your District 12 Advocacy Chair

#### Women Engaging Globally

"Women engaging globally" describes what Zonta has done and continues to do as its mission to sustain women here and around the world.

Now I invite you to join me at a new Meet Up: Women Engaging Globally. For all the information and to RSVP, please see:

http://www.meetup.com/ AliceBorodkin-com/ This new Meet Up will be a Town Hall setting with guest speakers addressing the issues women face here and around the world.

Violence against women, human trafficking, health care and the crippling poverty faced even in the United States.

Discussion will address how to leverage our political power, become familiar with the issues and more. Although this is not a Zonta project, it certainly will support

the work Zonta already does to help women become sustainable members of society.

The first event will be on January 15 and I hope you will join me!

-Alice B.





#### **United Nations**

Zainab Bangura started work recently as the United Nations Special Representative on Sexual Violence in Conflict. Bangura was formerly Sierra Leone's minister of foreign affairs and health minister.

Bangura is a survivor of Sierra Leone's civil war, Women Enews reports. "I know what it means to lose your house, to be looted. To look a child in the eye and say, 'If they come for me, you need to run'," she said. "I know what it means to give testimony and to investigate the documents." Bangura worked to document and report human rights abuses throughout her country's civil war. The youngest rape victim she met during her documentation work was three years old.

Bangura believes governments must be the U.N.'s partners to combat and redress sexual violence in conflict and its aftermath. "It is a primary and moral responsibility for member states to provide security for its people, especially the most vulnerable," said Bangura. "You cannot pursue a development agenda if you cannot provide security for your people."

#### Bangura's predecessor,

Margot Wallstrom, a Swedish politician and the first-ever special representative on sexual violence, earned kudos from some gender-basedviolence activists for strengthening efforts to collect accurate information.

Andrew Mack, director of the <u>Human Security Report</u> <u>Project</u>, says a lack of documentation prevents sexual violence in wartime from being taken seriously in the international community. "The secretary-general...
has no idea if the sexual
violence around the world
has been increasing or
decreasing," said Mack,
who previously worked in
the executive office of
former Secretary-General
Kofi Annan. "Nobody in the
U.N. system knows that."
Ending impunity for those
who commit sexual
violence during conflict is a

who commit sexual violence during conflict is a key goal for Bangura. This pleases other activists who do not believe gathering better statistics is the answer.

Elisabeth Roesch with the International Rescue Committee, says, "I wonder what the magical number is—is it 10 million or is it 50 million women raped?"
"In my mind, there isn't a level that is acceptable."

This article is a summary of the *Women Enews* report. Go <u>here</u> to read the full story.

"I wonder what the magical number is— is it 10 million or is it 50 million women raped?"



Zainab Bangura addresses U.N. General Assembly

Dorothy and Barb at holiday party

# "Happy Birthday to President Wendy and PastPresident, Past-District Governor Marjorie!"



Banner seeking its forever home

#### DOMESTIC DIVA

#### Mary Lou's Yummy Potatoes

3 cups peeled and thinly sliced baking potatoes (about 2 medium)

4 cups peeled and thinly sliced sweet potatoes (about 2 medium)

8 cups salt-free chicken stock

2 T. vegetable oil

3 T. flour

2 garlic cloves, crushed

1 ½ c. lowfat milk

2 thyme sprigs

3/4 tsp. salt

1/4 tsp. freshly ground black pepper

3/4 cup shredded Gruyere or Swiss cheese

2 T. chopped chives

1 ½ tsp. chopped fresh thyme

1/4 cup freshly grated Parmesan cheese

Preheat oven to 350 degrees.

Place potatoes in a large saucepan and cover with chicken stock. Bring to a boil, cook four minutes. Remove from heat and carefully remove potatoes from pot using a slotted spoon, reserving cooking liquid. Arrange potato slices in a single layer on a flat, lightly oiled pan and allow to cool. Using a fine-mesh sieve, strain cooking liquid into a bowl; reserve one cup cooking liquid. Save solids and remaining liquid for soup or discard.

Heat oil in a two-quart saucepan over medium heat. Add flour and cook one minute, stirring constantly. Add garlic; cook two minutes, stirring frequently. Add milk and reserved cooking liquid gradually to pan, whisking. Add thyme sprigs. Bring to a boil, cook until slightly thickened (about four minutes), stirring frequently. Remove from heat. Strain through a fine-mesh sieve over a bowl, reserving sauce; discard solids. Stir ½ tsp. salt, pepper and Gruyere cheese into sauce.

Spread  $\frac{1}{2}$  cup sauce in bottom of a broiler-safe two-quart baking dish, lightly oiled. Arrange a single, flat layer of potatoes over sauce, alternating white and sweet potato slices. Over the flat layer, arrange an overlapping layer of potato slices, again alternating. Sprinkle evenly with  $\frac{1}{4}$  tsp. salt, one T. of chives, and chopped thyme; pour remaining sauce over potato mixture. Sprinkle with Parmesan cheese. Bake until potatoes are tender when pierced with a knife, about one hour.

Remove dish from oven and preheat broiler. Broil 3 minutes or until browned. Sprinkle with remaining chives. Serves 8.

#### Lending Library

Our club has a lending library...and this is how it works! If you wish to give someone the joy of reading a good book why not bring it to the Zonta Club of Denver

lending library. Each month I bring a suitcase full of books donated by members. If you see a book you would like to read – take one. If you have a book that you

can part with bring it and put in the lending library for someone to enjoy. This is available at each meeting. Bring a book – take a book.

-Evie

#### Free Banner to a Good Home

Remember the Fall Shopping Spree our club had for our major fundraiser some years ago? I still have the banner and would like to donate it to a good cause! If you or someone you know belongs to another club or a church group who might be able to use it, please have them contact me by January 31st at shedavis@ comcast.net.

-Sheila





December holiday party

# Happy New Year!

#### **President's Message**

Each New Year brings an almost irresistible urge to reinvent ourselves with resolutions about exercise, positive attitudes, food choices, relationships and dozens of other topics. Luckily, participating in the activities that brought us to Zonta and keep us involved in our club can help us succeed at those pesky resolutions.

The January meeting could help with the goal of "Spending More Time on Meaningful Relationships" and "Increasing our Charitable Giving." It's our annual "Dine In" at Sheila's house, a lovely tradition begun to direct some funds toward Zonta International's projects, and increase our club's percentage of membership contributing toward ZI. I'm really hoping we can reach that elusive 100 percent mark, with each member contributing what she can to get us there.

what if we look at February as our chance to improve our "attitude of gratitude"?

February, our favorite meeting, when we present our grants to select local groups, could count as our effort to thank those people who walk the walk every day, advancing the status of local women in their own significant ways. February 14 is also our last dinner meeting before the film event in March.

Saturday, March 9 will be ZCD's Fifth Annual Day of Film, a multi-faceted event sure to exercise every virtue on your resolutions list. And just as a friendly reminder, Fundraising chair Julie Bradley will have increasing amounts of information for us, and requests for help as the days pass. Starting with the February meeting, and sooner for some of us, we all become barge-toting, balelifting members of the Fundraising committee.

Those resolutions about
"Putting Important Things
First," and "Meeting New
Friends "? We've got them
covered – ZCD is hosting the
Area 3 meeting in April 2013

and the planning has already begun. If you have ideas of presenters, locations, activities or caterers you'd like to suggest, please send

like to suggest, please send them along to Mary Lou. And May will see our 11th(?)

Annual Yard Sale at Cynthia's. Is anyone else resolving to de-clutter the house and clean out the basement? Me, too. I'll be saving the good stuff for the yard sale. Setting up for the sale is usually a good opportunity for some aerobic exercise, too.

I extend my thanks to all those who participate in each club activity as your time and talents allow. Your willingness to pitch in, especially when you give more than the task requires, is what makes Zonta Club of Denver such an effective, and heartwarming, group. I look forward to seeing you at the meetings and other gatherings in the coming months.

-Wendy



New member Olette and Sheila

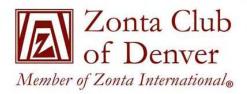
"Participating
in Zonta
activities can
help us
succeed at our
pesky New
Year's
resolutions."



**President Wendy** 

#### NOT THE SHARPEST TOOL IN THE SHED!

In Modesto, California, Steven Richard King was arrested for trying to hold up a Bank of America branch without a weapon. King used his thumb and a finger to simulate a gun. Unfortunately, he failed to keep his hand in his pocket.



#### Nominations for 2013-2014 Officers and Directors

It is time again for Denver Zontians to indicate their preference for officers and directors for the coming year and to guide the nominating committee in preparing the slate for the coming year.

I suggest the following Zontians as officers of the Zonta Club of Denver for the 2013 to 2014 fiscal year (more than one name for each office will be appreciated):

President	Mary Benoit (as President-Elect, Mary automatically becomes President)
President-Elec	t
Vice-President	·
Secretary	
Treasurer	
I suggest the 2015):	following Zontians as directors (two must be elected for the two-year term of 2013 to
Directors	
I suggest the fiscal year.	following Zontians to serve as members of the nominating committee for the 2013 to 2014
If you are inte	rested in serving on the Board, please include your name and interest on this form.
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Nominating committee: Cynthia Herndon (<u>cherndon81@yahoo.com</u>); Estella Rummelein (<u>ERummelein@lewisandfowler.com</u>); Joetta Williams (<u>joettaw@comcast.net</u>)

Please return this form or the information requested by **February 14th** to any one of the nominating committee. They will be meeting to make decisions.

# women Voices

Women + Film Presents: Susan Claassen in A CONVERSATION WITH EDITH HEAD By Paddy Calistro and Susan Claassen

#### TICKETS ON SALE NOW!

7:00pm Sunday, March 3rd L2 Arts & Culture Center

An Evening of Wit, Wisdom and a Whisper of Gossip!



The Denver Film Society is proud to present the incredible stage production of A CONVERSATION WITH EDITH HEAD. This critically acclaimed production is a feast of delicious behind-the-scenes stories about Hollywood's greatest stars that provide an intimate portrait of Hollywood's legendary costume designer. In her six decades of costume design, Edith Head worked on over eleven hundred films; dressed the greatest stars of Hollywood; received 35 Academy Award® nominations, and won an unprecedented eight Oscars®. Edith Head's story is as fascinating as the history of the film industry itself, filled with humor, frustration and, above all, glamour. This "reel" diva of design helped to define glamour in the most glamorous place in the world - Hollywood!

Come an hour earlier and check out our lobby gallery full of original Edith Head sketches and one-of-a kind memorabilia!





Save the Dates!
Women + Film VOICES Film Festival 2013
March 3 - March 10, 2013

The Denver Film Society proudly presents the <u>3rd Annual Women+Film VOICES Film Festival</u> occurring in conjunction with International Women's Day on Friday, March 8. More than 2,600 attendees are expected to participate in the Festival. This year the Festival will launch with the "dishy" one woman show <u>A Conversation</u> with Edith Head.

# WE ARE THE CHANGE





2.21.13

ONE VOICE FOR ONE CAUSE TO END MODERN SLAVERY IN OUR TIME

### HUMAN TRAFFICKING AWARENESS ADVOCACY DAY

WHEN:

**THURSDAY, FEBRUARY 21, 2013** 

WHERE:

COLORADO STATE CAPITOL 200 EAST COLFAX AVENUE IN DENVER

**HOST:** 

HUMAN TRAFFICKING TASK FORCE OF SOUTHERN COLORADO

**HT-COLORADO.ORG and VISIT US ON FACEBOOK** 

#### **JOIN US AS WE:**

#### INFORM

Come together as individuals and in groups as we share our passion as citizens with our legislators on the issue of trafficking in Colorado

#### INSPIRE

Portray modern slavery in Colorado through a powerful display by iEmpathize in the Capitol Rotunda

Host a West steps Rally to hear from key leaders from around the State

Laud the continued development of public policy to effectively end modern slavery in Colorado

#### INVOLVE

For more information about Advocacy Day, please contact tamrafarah@gmail.com

# **Zonta International**

**North American** 

**Inter-District Meeting** 

Niagara Falls, ON Canad

June 14 to 16, 2013

# SAVE THE DATE

Please plan to join us

- Network beyond your club and district
  - Hear great presentations
    - Share ideas

"Get on Board the New Zonta Express, BE the Change, the Zonta Change"

Watch for registration and program details in January 2013



# **2012 Day of Film Sponsors**

### Kenneth King Foundation

900 Pennsylvania Street, Denver, Colorado Helping those in need by doing the common thing in an uncommon way





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Julie and Anthony Farina

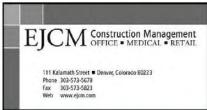


1245 Elati St • Denver, CO 80204 • 303-534-0171

#### Harding & Hittesdorf, CPAs

600 South Cherry Street, Suite 815 Denver, CO 80246













P.O. Box 2665

Denver, Colorado 80201

#### How far that little candle throws his beams! So shines a good deed in a naughty world.

~William Shakespeare, Merchant of Venice ~

#### We're on the Web!

#### Visit us at www.zonta-denver.org

Jan 1	New Year's Day	March 9	2013 Zonta Day of Film
Jan 7	Wendy's birthday	March 14	Club meeting—Embassy Suites
January 10	Club meeting—Sheila's home ZIF dining-in event	March 17	The Delores Project—service opportunity
January 15	Marjorie's birthday	April 11	Club meeting—Embassy Suites
January 20	The Delores Project—service opportunity	April 13	Area 3 meeting—Denver—ZCD hosts
February 14	Kate's birthday	October 4-6	Zonta District 12 Conference—Cañon City, CO
February 14	Club meeting—Embassy Suites Service Grants awarded	June 14-16	Zonta International North American Inter- District Meeting—Niagara Falls, Ontario
February 17	The Delores Project—service opportunity	July 2014	Zonta International Convention Orlando, Florida