



Zonta Club of Denver

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SMOKE SIGNAL

FEBRUARY, 2014

ADVOCACY AND AWARENESS DAY

The Human Trafficking Task Force of Southern Colorado is sponsoring its second annual **ADVOCACY AND AWARENESS DAY** at the Colorado State Capitol on Thursday, February 20, 2013.

This event supports the mission of the Task Force, which is "to build a collaboration of organizations and individuals to reduce human suffering caused by human trafficking, through advocacy, awareness, rehabilitation, and services for survivors."

The Department of State has estimated that 80% of victims of cross-border human trafficking are female and up to 50% are minors; hundreds of thousands of these women and children are used in prostitution each year.

Two of the Objects of Zonta International are "to improve the legal, political, economic, educational, health and professional status of women at the global & local level through service & advocacy," and "to promote justice and universal respect for human rights & fundamental freedoms."

Attendance at the Advocacy and Awareness Day at the Capitol is one way for Zontians and others who support Zonta's goals to advocate for the eradication of human trafficking. Come to the Capitol on February 20 and show members of the Colorado legislature how strongly you, their constituents, support legislation against trafficking. Show members of the administration and law enforcement how

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strongly you support enforcement of existing and future laws against traffickers.

Come for the entire event or just for the rally on the steps of the Capitol, but come and stand up for eliminating human trafficking!

The Human Trafficking Task Force of Southern Colorado was founded by Past Zonta District 12 Governor Betty Edwards. The event agenda appears below under Upcoming Events.

Our 2013 Day of Film Sponsors—thank them, patronize them!



It always seems impossible until it's done.

Nelson Mandela

Join Our Mailing List!

Forward to a Friend

MARY BENOIT SHARES

Just so we don't take ourselves too seriously. . .

Old Age

I very quietly confided to my best friend that I was having an affair.

She turned to me and asked, "Are you having it catered?"

And that, my friend, is the definition of 'old'!

* * *

Just before the funeral services, the undertaker came up to the very elderly widow and asked, "How old was your husband?"

"98," she replied, "Two years older than me."

"So you're 96," the undertaker commented.

She responded, "Hardly worth going home, is it?"

* * *

I've sure gotten old! I've had two bypass surgeries, a hip replacement, new knees, and fought diabetes.

I'm half blind, can't hear anything quieter than a jet engine, take 40 different medications that make me dizzy, winded, and subject to blackouts.

I have bouts with dementia. I have poor circulation and can hardly feel my hands and feet anymore. I can't remember if I'm 85 or 92. I've lost all my friends.

But, thank God, I still have my driver's license.

* * *

I feel like my body has gotten totally out of shape, so I got my doctor's permission to join a fitness club and start exercising. I decided to take an aerobics class for seniors.

I bent, twisted, gyrated, jumped up and down, and perspired for an hour. But, by the time I got my leotards on, the class was over.

* * *

My memory's not as sharp as it used to be. Also, my memory's not as sharp as it used to be.

* * *

Know how to prevent sagging?

Just eat till the wrinkles fill out.

* * *

It's scary when you start making the same noises as your coffee maker.

* * *

These days about half the stuff in my shopping cart says, 'For fast relief.'

* * *

The Senility Prayer

Grant me the senility to forget the people I never liked anyway, the good fortune to run into the ones I do, and the eyesight to tell the difference.

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February Meeting

Meeting Details

- Date:** Thursday, February 13
This is our Grant Recipient Night. Come and hear all the Grantees speak about the projects we are funding.
- Time:** 5:30 pm
- Location:** Embassy Suites Denver Southeast
7525 E. Hampden Avenue
Denver, CO 80231
- Menu:** Caesar Salad - all

Choice of entree:
Braised Short Ribs
Roasted Garlic Mashed Potatoes and Baby Carrots

Mahi Mahi
Potato and Onion Roesti and Roasted Red Peppers
Hollandaise and Steamed Broccoli
- Greeters:** Cheese Cake for dessert
Nikki Headlee
- Inspirational Moment:** Barb Pellegren
- Cost:** \$30

Reservations to Judy Allen at judith.allen@ch2m.com or 720-286-5012 by 10am Monday, Feb. 10th. Members on the Permanent list must call to cancel or you will be charged.

Permanent Reservations:

We are charged for the number we guarantee for our dinner meetings, so we must bill a member who makes a reservation but doesn't come (or who forgets to cancel a permanent reservation).

The following members have permanent reservations:

Judy Allen
Evie Ashmore

Mary Benoit
Alice Borodkin
Julie Bradley
Sheila Davis
Mary Lou Edwards
Nikki Headlee
Cynthia Herndon
Kathy Hyzer
Kate Linscott
Judy McNerny
Nancy McWhirter
Wendy Moraskie
Dorothy Swindt

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COMMITTEE REPORTS

Service Committee

The Service Committee met on Jan. 20. The grant recipients will be notified about the upcoming February meeting in which they will receive their grants. While contacting each recipient, we will discuss potential service opportunities for the coming year.

Olette talked about our monthly Delores dinner. In addition to the sign up sheet at the Zonta meeting, she is also going to have an online sign up for those who miss a meeting. The theme for the January Delores dinner was Warm Winter Soups. A delicious meal was provided by Judy Mc, Julie B., Nancy, Olette, Jeannette, Mary, Katie and Dan. Thanks to all!

Jeannette is going to contact The Friends of the Haven for more suggestions on what we could collect for them at a Zonta meeting. Our original plan of collecting undergarments is proving to be too complicated at this time.

The next Service Committee meeting will be on Monday, Feb. 24 at 6:00 p.m. at Perkin's.

The **Items of the Month** for the **February** meeting will be **coffee, tea, sugar, and creamer** for The Delores Project.



Nancy

Fundraising

T-minus 2 months (or less) to our wonderful Day of Film. Set for March 22nd, film starting at 10am and discussion and brunch after. We need all of your help to make sure our event is a spectacular one! We have picked our film and will be distributing invites, fliers, posters, etc at our February meeting.

The film is "Honor Diaries." you can see a trailer by going online at www.honordiaries.com. Blacktie is now up and soon our website will be linked to the film as well and feel free to purchase tickets now! Tickets are staying the same cost at \$40 per ticket. We will be at the SIE Film Center once again and should enjoy a fabulous day! We will be having sign up sheets at the meeting as well for all our needed helpers.



This is our BIG fundraiser for the year and we will need every person in the club to help with something. Emails will be going out very shortly to remind former attendees of our event and info will be sent out to club members as well to make sure you invite all your friends with a standard template to send out to your friends.

The committee will be meeting on Weds Feb 5th at 5:30pm at Perkins Restaurant for last minute plans before the meeting the following week.

See you soon, get excited - this is a FABULOUS film concerning the very issues that Zonta International is all about and many of the international service projects that we currently support!

Julie

Advocacy

The Advocacy Committee has signed the club on as a co-sponsor of the 2014 Colorado Women's Legislative Breakfast on Tuesday February 25. The event begins at 7 am (perfect for you morning people!) at First Baptist Church, 1373 Grant Street. We will have a small area to promote Zonta (and our Day of Film) but mainly this is an opportunity to hear from some of Colorado's women legislators and meet others with an interest in many of the same issues that we Zontians care about. The keynote speaker will be Carol Hedges of the Colorado Fiscal Institute. tickets are \$20 and can be purchased [here](#).



We also hope many of you will attend some part of the Human Trafficking Advocacy and Awareness Day at the Capitol discussed in the first article in this issue. This event is free--how about a group lunch afterwards? We'll have sign-up sheets at the meeting. We had a great Empty Shoes event; this is another way to show that *Zonta Says No* to violence against women and to continue flexing our advocacy muscles!

Judy Mc

Membership

Membership met January 13. Our main focus is the Meet Zonta Event we are planning in April. This is to follow the Film Event. We will have information to hand out at the Day of Film if guest have shown an interest in Zonta. We don't want to intrude if they don't want us to contact them.



Our focus now is to secure a meeting place. We have had several ideas but haven't reached a decision. We don't want to go downtown. We also want it to be an evening during the week so not to interfere with people's weekends.

If anyone has a suggestion on a meeting place we are open to any.

Our next meeting will be February 17, 2014 at 6 pm at the Perkins on Colorado Blvd.

Judy A.

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SERVICE OPPORTUNITIES

Bring coffee, tea, sugar and creamer to the February meeting for [The Delores Project](#).

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JANUARY MEETING MINUTES

This general meeting of the ZCD club was a potluck dine-in at the home of District Governor, Sheila Davis, on February 9. Julie Bradley provided the Inspirational Moment and guests were introduced:

- Katlin _____ and Katrina _____ - friends of Katie Boysen
- Alexis Newton with the United Nations Population Fund
- Lisa Desia from Women Engaging Globally and Free the Girls
- Sister May Kay Brennan of Sisters of Loretta

President-Elect Mary Benoit called the meeting to order. Minutes for the November & December Meetings were approved. There was no treasurer's report.

Thank you to Sheila for hosting our meeting at her home and all those who helped on Zonta Says No and to Mary for chairing the event.

The Program for the evening was several presentations from members of the club.

- Education Programs of ZI, Amelia Earhart Fellowships, Jane M. Klausman Women in Business Awards and Young Women in Public Affairs
- Rose Fund
- Zonta International Service Projects
- ZISVAW
- Safe Cities
- "Edutainment"
- Elimination of Mother to Child HIV in Rwanda
- Liberia Fistula Projects

Governor Sheila talked about Zonta International's Zonta Says No campaign and the fact that Area 3 raised \$10,900 - 2/3 to be divided between the 5 area clubs that participated and a third sent to Zonta International for ZISVAW. All clubs were credited for their portion of the ZISVAW money She presented a gift to Mary Benoit in thanks for the No more Empty Shoes event this year.

It was discussed that Zonta International presents awards to the clubs that have 100% participation in contributions to the ZI Foundation over the biennium and Pam Dumonceau will match up to \$25 per member. Our membership has until May 2014 to make their contributions to the Foundation. The goal for this biennium is \$5 million.

COMMITTEE REPORTS:

Membership - no report

Service - 4 or 5 people are needed for the Delores project in January. Project Cure Area 3 project is on Feb 1st and you can sign up online to participate.

Fundraising - Our next meeting is January 15, we are still waiting to identify our film and will have all our invitations, posters etc. at our next meeting.

Public Relations - Katie reminded us to make sure we send our articles for the Smoke Signal to Katie Boysen, Gwen Forna or Judy McNerny.

Advocacy - Judy McNerny discussed the Human Trafficking Event at the Capitol on Feb 20th.

Archiving - Barb Pellegrin discussed the need to have our club report ready for the District archiving project that will then in turn be forwarded to International. Wendy and Mary said they would handle it.

There being no further old or new business, the meeting adjourned at 8:20pm.

Respectfully Submitted,
Julie Bradley for Mary Lou Edwards

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DOMESTIC DIVA

Dr. Oz 'pick-me-up' Energy Bars

I saw this recipe on Dr. Oz and fell in love with how easy and tasty they are. Instead of reaching for a cup of coffee in the mid-afternoon, which can wreak havoc with your sleep - try these no-bake energy-boosting bars:

Ingredients

- 1 cup quick-cook oats, uncooked
- 1/3 cup dried tart cherries
- 1/2 cup all-natural peanut butter
- 3 tbsp honey
- 1 tsp vanilla

Directions

Mix the ingredients together in a bowl.

Spread the mixture in a pan and refrigerate for 2 hours.

Slice and enjoy! Return uneaten bars to fridge for storage.

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PRESIDENT'S MESSAGE

Let the Zonta "high season" begin! February through May are the best kind of busy for us. We are so honored to give our grants this month to organizations who offer support and new options to local at-risk women. It's certainly my favorite meeting of the year, and a great night to bring a friend or three. Thank you to everyone who participates in all the activities all year that lead up to this night. Every contribution you make, even the small ones that you think don't count, can be shown to add in some way to the cohesion and viability of our club and to grants we're able to give.



We'll all be called on in the next few months to help out with our main fundraising events of the year, the Day of Film, and the Yard Sale. Although we're getting pretty good at them, these activities take some effort, and they also give us a great return on our investment. Funds from these events support our grants to assist local groups as they improve the status of at-risk women so they can become self-sufficient (and maybe join Zonta...). In addition, we all get the opportunity to hang out with a bunch of great women, and meet new ones.

This year's film has been chosen. The date is March 22, as if you'll forget. Check Julie B's column for more. I wouldn't want to steal the thunder of her fabulous fundraising committee.

I hope you're looking at all the clutter in your house and thinking, "Hmm, that would look good on a table at the Zonta Yard Sale in May," I sure am. Now that I'm not traveling so much (knock on wood), I will be gathering things, getting them out to the garage and pricing them.

In other news, perhaps you noticed there was A Football Game (its name shall not be mentioned) on February 2. In between the disappointing plays of That Game, we were entertained by many of the commercials. Although I loved the puppy and Clydesdales, and the Jaguar ad with the "evil" Brits, the one that stood out for me was the ad for Goldieblox. In return for submitting a winning ad in a competition of 15,000 small businesses' ads, Intuit bought the air time for the company's commercial during The Game.

Goldieblox produces toys for girls to encourage them to follow engineering and science interests. Here's a [link](#), in case you missed it.

In an interview with Huffington Post, Goldieblox's founder, Stanford engineer Debbie Sterling, said she developed the toys so little girls would have "more choices than the pink aisle has to offer."

I loved the ad, showing girls leaving their traditionally approved activities like dolls and beauty pageants (although there's nothing wrong with those options -- as options), and banding together to build a spaceship.

About the ad, Sterling said, "It will be refreshing to see something empowering for girls during the big game; it should resonate with so many people."

Way to go, Debbie Sterling! That's exactly what girls need—more choices and encouragement to step outside the (toy) box. I hope someone has invited her to join her local Zonta chapter!

Wendy

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UPCOMING EVENTS

SAVE THE DATE

25th Annual Colorado Women's Legislative Breakfast

Tuesday, February 25, 2014 | 7:00am-9:30am
First Baptist Church | 1373 Grant Street, Denver, CO

\$20 One Ticket *scholarships available*

\$50 **Pink Sponsor:** includes 1 piece of literature in the packets, 1/3 table for organization, organization listed in program plus one ticket

\$100 **Purple Sponsor:** includes 2 pieces of literature in packets, 1/3 table for organization, organization logo in program plus two tickets

Feb 25, 2014

Check <http://www.cwlb.org/> for updates!

IT'S
HERE
NOW

20

FEB
2014

**HUMAN TRAFFICKING ADVOCACY DAY AT THE
COLORADO STATE CAPITOL**

BE AWARE

MORNING SESSION

**HUMAN TRAFFICKING IS IN COLORADO
LEARN WHERE, WHEN, HOW AND WHY**

BE INFORMED

MID DAY SESSION

**PANEL OF EXPERTS WITH INSIGHTS FOR FORMULATING
PUBLIC POLICY**

BE ENGAGED

**WEST STEPS RALLY WITH HT SURVIVORS, KEY LAW
ENFORCEMENT OFFICIALS, AND AGENCY LEADERS THAT
ARE RESPONDING NOW TO END HUMAN TRAFFICKING IN
COLORADO**

SAVE
THE
DATE



ALL ARE
WELC
OME

EMPATHIZE DISPLAY IN THE NORTH ROTUNDA THROUGHOUT THE DAY

AGENDA

7:30am to 8:30am Legislative Breakfast (breakfast provided for legislators only)
Old Supreme Court Chambers (citizens may fill in empty seats)

"Human Trafficking in Colorado" with A.J. Alejano-Steele, Ph.D., Chair, Laboratory to Combat Human Trafficking

8:30am to 9:00am Human Trafficking Resolution presented in the House and Senate by the Advocacy Day
Legislative Host Committee members:

Sen. John Kefalas (D)
Sen. Steve King (R)
Sen. Nancy Todd (D)
Sen. Mark Scheffel (R)

Rep. Beth McCann (D)
Rep. Dan Nordberg (R)
Rep. Jenise May (D)
Rep. Amy Stephens (R)

followed by comments from fellow House and Senate members. Citizens are welcome in the gallery above the House and Senate Chambers.

9:00am to 10:30am As Legislators go from House and Senate Chambers to committee, citizens may approach their legislators briefly and respectfully in the hall. Citizens are encouraged to make appointments or stop by to visit with their Legislators.

10:30am to 11:30am House and Senate in Committee

11:45am to 12:30pm Legislative Lunch (lunch provided for legislators only)
Old Supreme Court Chambers (citizens may fill in empty seats)

Panel of experts discuss the 4 P's essential to end Human Trafficking: Prevention, Protection, Prosecution, and Participation

Moderated by Jim Smithwick, Laboratory to Combat Human Trafficking

Prevention: Megan Hope, Human Trafficking Project Coordinator, Rocky Mountain Immigrant Advocacy Network (RMIAN)

Protection: Jo-Ann Cahill O'Neil, MA, LPC, NCC, Clinical Director, Southern Peaks Regional Treatment Center

Prosecution: Assistant Attorney General, Janet Drake and Innocence Lost Task Force member and Denver PD Sergeant Daniel Steele

Partnerships: A.J. Alejano-Steele, Laboratory to Combat Human Trafficking

Citizen and group participants may walk to local restaurants to get lunch.

12:30pm to 1:15pm West Steps Rally on the west steps of the Capitol Building

Event Chair and emcee, Tamra Farah

Special music by Marta Burton

Chair, Human Trafficking Task Force of Southern Colorado, Betty Edwards

Governor Hickenlooper - Invited

Attorney General, Jon Suthers

Denver Chief of Police, Robert White

FBI Denver Special Agent in Charge- Thomas Ravenelle

Homeland Security Special Agent in Charge, Kumar Kibble

Denver PD Sergeant and ILTF member, Daniel Steele

Legislative Host Committee members

Brad Riley, iEmpathize

Survivor, Aubrey Terry Lloyd

Close with a charge: "Where we go from here"

1:30pm Official event program ends. Capitol doors close to citizens at 3:00pm.

The 4th ANNUAL



“Zing for Zonta”

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Zonta Foothills Club
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Wednesday, March 5, 2014

6-9 pm

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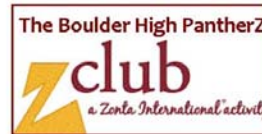
\$45.00 per person

\$250 sponsorship for two tickets

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www.zontafoothills.org

All proceeds go to educate women and girls through the work of



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Judy Allen
 and
 Richard Starlin

CALENDAR

Date	Event	Time	Location	Details
February 5	Fundraising Committee meeting	5:30 pm	Perkins South Colorado Blvd.	
February 13	Club meeting	5:30 pm	Embassy Suites 7525 E Hampden Ave Denver, CO 80231	Presentation of 2013-2014 service grants
February 14	Kate's birthday			
February 17	Membership Committee meeting	6 pm	Perkins South Colorado Blvd.	
February 20	Human Trafficking Awareness Day	7:30 am – 1:30 pm	Colorado State Capitol 200 E. Colfax Ave	Hosted by Human Trafficking Task Force of Southern Colorado
February 24	Service Committee meeting	6 pm	Perkins South Colorado Blvd.	
February 25	Colorado Women's Legislative Breakfast	7:00 am	First Baptist Church, 1373 Grant Street	Carol Hedges, Colorado Fiscal Institute, Keynote speaker
March 13	Club meeting	5:30 pm	La Hacienda Colorado I-25 and Colorado Blvd.	TBA
March 22	2014 Zonta's Day of Film	10 am – 1 pm	Sie FilmCenter Denver	"Honor Diaries"
April 10	Club meeting	5:30 pm	La Hacienda Colorado I-25 and Colorado Blvd.	TBA
May 8	Club meeting	5:30 pm	La Hacienda Colorado I-25 and Colorado Blvd.	TBA
May 17	ZCD Annual Garage Sale	7:00 am to 3:00 pm	1360 Glencoe Street	START SAVING STUFF NOW
June 27 – July 1	Zonta International Convention		World Center Marriott Orlando, Florida	orlando2014.zonta.org

Zonta Club of Denver | president@zonta-denver.org
 Wendy Henry-Moraskie, President | Gwen Forna, Judy McNerny, Editors