

Smoke Signal - December 2018

2018-2019 Zonta Club of Denver

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"The holiday season is a perfect time to reflect on our blessings and seek out ways to make life better for those around us." Terri Marshall

December Meeting

Date: Thursday, December 13th

Event: Holiday Party Time: 5:00 p.m.

Place: 22098 Tyrolite Avenue

Parker, CO 80138

Program: Celebrate with Zonta friends

The Haven Holiday Party

The party will begin at 5:30 pm on Thursday, December 6 at 3610 Princeton Circle, Denver, CO 80236.

All members providing food or other items should arrive at 4:30 to prepare for the party. This is always a wonderful time to start the holiday season and is very much appreciated by the women at the Haven.

See you there!

MONTHLY MEETING MINUTES

November 8, 2018

Meeting called to order at 5:30 by Marian Lee, President

Nikki introduced guest, Nikki who she met at yoga. Jeanette brought Michelle Haggerty, hairdresser

October meeting minutes approved as published in the Smoke Signal

Advocacy Moment: Dawn Bali – Success for women in US midterm elections

More women ran for office, contributed to campaigns and won elections. A lot of firsts for minority women groups. In the near future women will reach parity with men if this trend continues.

New Business

Dawn introduced our Speaker: Theresa Blumberg, President and co-founder of Women Veterans of Colorado

Theresa shared a 'women in action' video. We now have 44k women veterans in CO. Past conferences have not been well attended, so they have shifted focus to partnerships with public and private organizations supporting vets.

New initiatives to pursue: Financial assistance to student women's veterans; development of a speaker's bureau; and workshops

Our donations are going to support Women in Arms at Clermont Commons which was highlighted in a film shown by the women vets who have benefitted.

Service committee members spoke about each grantee organization that we are considering for 2018-19 service grants

Approval of Grant Awards – All members approved the grantees and division of funds.

Old Business

Committee updates and reminders

<u>Advocacy</u>: Dawn asked for members if they would like to form a committee to work toward Centennial celebration activities including grant applicant and a celebration project for our club

Service: CJ reminder of collecting money for gloves for the Haven

<u>Membership</u>: Veronica announced that hanging titles name tags will be made. She also asked for those interested in Z clubs to let her know. Members please give a little extra support to members who may have trouble getting to meetings or want more socialization.

Haven Holiday party is Dec 6 at 5:30. Will send out sign-up sheet (4:30 prep)

Next meeting at Dottie's holiday Party Dec 13th at 5pm.

<u>Fundraising</u>: Selling pouches. We still have 124. Film event will be March 30th. Can look up the film, Be Relentless, on I- empathize, out of Boulder.

Symphony tickets for March need to be purchased (\$35) at Feb meeting

Birthday Recognition: Sarah Ball - Nov 12th Member for 1 year

Julie Bradley shared info on Douglas County Fundraiser Oct 5-13th. It will cost approximately \$2000 for a trip to Greece.

50/50 Drawing

\$87 - \$43 for MaryLou and \$44 to the club

Judy M. announced that her grandson gets to go home from the hospital tomorrow

Meeting adjourned at 7pm

Message from our President



Thanksgiving has come and gone, and we're entering the height of the holiday season. Our club has started a delightful tradition of holding two celebrations: One, a giving opportunity – serving dinner at the Haven and singing Christmas carols, which will take place on December 6. This is always an enjoyable event. The other, a chance to celebrate each other – a holiday party graciously hosted by Dottie Jenkins, which will take place on December 13. Many thanks to the Membership and Service Committees for organizing these events for us.

I recently attended a conference presentation on the Seven

Habits of Highly Effective People. This wise resource has been around for a long time, but its principles are eternally relevant, and bear repeating. The Seventh Habit, "Sharpen the Saw" (the habit of self-renewal) is particularly resonant at this time of year. It holds that in order to maintain and increase our effectiveness, we must continually renew ourselves in body, heart, mind and soul. We often feel too busy to take care of ourselves during the holiday season, and much of the potential joy is lost in stress. It's important to take time for self-renewal every day, in some form, because it allows us to do everything else – including serving our families, friends and communities.

So in the coming month, resolve to carve some time out for yourself, whether it's to take a walk, soak in a long bath, get a massage, listen to music, or just sit quietly in gratitude.

Happy Holidays! Thank you again for all that you do.

~ Marian Lee

Combining Passions: Advocacy and Running Shoes

On October 7, 2018, I had the unique opportunity to combine my two passions – fighting human trafficking and running. The Justice Run, started in 2010, works with non-profits and sponsors to raise money and awareness to combat modern-day slavery. On that cool morning, my husband and I suited up in warm clothes and ran a 10K. The crisp fall morning and beautiful atmosphere at Hudson Gardens was deeply inspirational for a run; however, what I was most struck by were the number of people running to combat human trafficking.



As I attempted to keep up my pace, my mind kept wandering to some of the daunting facts about human trafficking, including:

- According to some estimates, approximately 80% of trafficking involves sexual exploitation, and 19% involves labor exploitation.
- According to the U.S. State Department, 600,000 to 800,000 people are trafficked across international borders every year, of which 80% are female and half are children.
- The average age a teen enters the sex trade in the U.S. is 12 to 14-year-old. Many victims are runaway girls who were sexually abused as children.
- Between 14,500 and 17,500 people are trafficked into the

U.S. each year.

- Human trafficking is the third largest international crime industry (behind illegal drugs and arms trafficking). It reportedly generates a profit of \$32 billion every year. Of that number, \$15.5 billion is made in industrialized countries.
- The International Labor Organization estimates that women and girls represent the larger share of forced labor victims with 11.4 million trafficked victims (55%) compared to 9.5 million (45%) men.

As I headed toward the finish line, the 10K race joined with the 5 K racers/walkers. With the two groups combined, there were numerous families and children running with shirts that stated, "I am an abolitionist." Included in the mix were a number of children who had been adopted. These little people, in some cases, had been saved or were a product of human trafficking. As they joyfully ran the race with their family and friends, I felt so privileged to be a witness to their story of survival.

After I finished the race, albeit slower than I had hoped, I waited for my husband to cross the finish line. It was there that I saw both a Republican candidate and a Democratic candidate for office finish the race. I also witnessed a few individual ladies cross the line wearing survivor shirts. The moment made me realize how, in this time of considerable political polarization, there are universal truths that we all can stand against – human slavery. There are also people we can universally stand up for – the victims of human trafficking.

What I love about advocacy is that it can take all shapes and forms. The Justice Run provided me an opportunity to enjoy one of my favorite activities – running – and be deeply inspired by a group of people working hard to stop human trafficking. The race raised \$46,000 for the cause.

As Zontians, we have the distinct duty to advocate for women – and the way we advocate can take on many shapes and forms. This year, I challenge each member of the Zonta Club of Denver to advocate in a way that is special and important to you. The Justice Run was one small moment in my year, but the impact of dollars raised that day will continue to make a difference.

~ Penny Burke

Annual January Dining In Event

Date: Thursday, January 10, 2019

Where: Sheila Davis' House

When: 5:00pm

Program: Overview of the Zonta International Foundation and its Funds

Menu: This is a pot luck dinner with members bringing the food & drinks as follows:

Members with Last Name beginning A-C bring a Salad or Side Dish

Members with Last Name beginning D-K bring a Main Dish

Members with Last Name beginning L-R bring a Bottle of Wine

Members with Last Name beginning S-Z bring a Dessert

RSVP: Sheila at shedavis@comcast.net.

Guests are welcome, and it would be a nice way for them to meet other club members and learn about Zonta.

A Word from the Treasurer

DID YOU KNOW?

The Hershey Charitable Trust was established under the will of Edna Jean Hershey after her death on April 15, 1977. As a charitable trust, it is exempt from income taxes under Section 501(c)3. The funds come from the gift from the estate of Edna Jean Hershey, income (interest and dividends) from the invested gift and capital gains and losses on the investment.

The Trust was established to aid needy Zontians. It was amended by a court order in February 1999 and provides for unexpended funds to be distributed to the Metropolitan State College of Denver Foundation for scholarships in accordance with established criteria. A line item has been added to the monthly financials under "Deferred Reserves" to show the income reserve for the scholarships for the period June 1, 2016 to May 31, 2019 – a 3-year period. Take a moment to check out the financials found in the members only section of our website.





Committee Reports



SERVICE

The Service Committee, the Board, the Foundation Trustees and ultimately the club approved five agencies to be awarded grants in 2019. The winners include: Hope House-\$8000, Women Veterans of Colorado-\$4000, Center for Spirituality at Work-\$8500, The Blue Bench-\$8,500 and Asian Pacific Development Center-\$5,000. All of the these organizations are doing amazing work with creative ideas for improving the status of women.

~ C J Long

MEMBERSHIP

We are looking forward to the holiday party at Dottie Jenkins' and have 29 people signed up so far!

We look forward to seeing you and your guests. Also, please invite those guests you may have introduced at recent general meetings; it is a pleasant way to help them get to know what generous and talented women we are!

We are planning some interesting social activities in the next year, including a guided tour of the Vance Kirkland Museum and lunch to follow. In June, July or August we are planning a visit to the Angel Shop in Littleton and happy hour. Did you know there is a wall at the Convention Center displaying historically significant Colorado women, a mural that was funded by our club in 1990? We will visit it this summer as a group and, of course, dinner or a happy hour to follow!

A Z Club for Denver area high school students is being explored. If you are interested in working with teen age girls and helping us charter a Z Club to help groom young women to be leaders in their community, this is your chance! Z Clubs are an opportunity for young women to serve their communities and prepare their credentials for college applications in a non-competitive environment. We would like to nurture the next generation of young women to serve other women through Zonta.

~ Veronica Hoegler





FUND RAISING

Fundraising Committee will meet the second Monday of the month in December, on Dec. 10 at 5:30 pm at my home. We will be working further on our Day of Film, Saturday March 30, 2019 at Metro State University. We hope you will be making a list of people you will be asking to be sponsors for the event. Sponsorships range from \$2,000 to \$300. Benefits include complementary tickets to the event and superior wine for the more generous sponsors. Be sure to go to the website for the film, *Be Relentless*, to get a preview of Norma Bastidas' inspiring athleticism. She breaks several Guiness World records in an effort to bring international attention to the problem of human trafficking and violence against women.

And you can still get a Zonta pouch for that special person on your gift list! Only \$15 buys either a brown or black pouch that holds your ear buds, business cards, name tags or gift cards. See Jeanette at Zonta gatherings.

~ Jeanette Scotland

Club Calendar

Club Meetings

December 13, 2018

5 - 8 pmHoliday PartyDottie Jenkin's home

January 10, 2019

5 pm Annual Dining In Event Sheila Davis' home

February 14, 2019

5 pm Grants Award Meeting Rendezvous Restaurant 2888 S Heather Gardens Way Aurora, CO 80014

Special Events

December 14, 15, 17, 18, 2018Santa Claus Shop

Area 3 Meeting/ Amelia Earhart Luncheon January 26, 2019, 11 am - 4 pm CU Boulder, C4C Building

Committee Meetings

Fundraising Committee

December 10th at 5:30p Jeanette Scotland's house

Save the Date

March 30, 2019

Zonta's Eleventh Annual Day of Film

3350 S Clermont St

Membership Committee

January 16 at 4:30 Panera's at Riverpoint Hampden at Sheridan









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