





SMOKE SIGNAL

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December, 2015

MERRY CHRISTMAS and A HAPPY NEW YEAR!

Rose Andom Center to Open in the New Year!

Shortly after the first of the year, the Golden Triangle will welcome Colorado's first domestic violence resource center - the Rose Andom Center opening at 1330 Fox Street. Steve Siegel, the Director of the special Programs Unit of the Denver DA's Office, has high praise for Milender White, the contracting firm responsible for the redeveloping the site. "The level of their commitment to the social justice cause has been outstanding. We could not have found a better partner."

The \$13,000,000 projhect is the result of an eight year coalition including Mayor Michale Hancock, U.S. Senator Michael Bennett, former City Attorney, Cole Finegan, and District Attorney, Mitch Morrissey, and the Denver Justice Council along with generour benefactor Rose Andom, the CEO of Rosmik and a local entrepreneur. Ms. Andom donated a \$1 million kick-off grant. She has since contributed an additional \$500,000 and has pledged major multi-year sustaining funds. Two years ago, the city proclaimed 'Rose Andom Day' to honor her for her involvment. "Ms. Andom brings a face to the courageous victims of domestic violence, and is a model of strength and perseverance. She knows, like Michael, Mitch, and I know that we must become a city that will not tolerate domestic violence, " Mayor Hancock said. "The Rose Andom Center realizes our vision of providing a collaborative facility where victims can access comprehensive services in their journey to find safety from abuse. It is our hope that the center

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Side Heading

Business Cards

Do you have your Zonta business cards yet? If not, contact Julie Bradley to let her know what will encourage victims to seek help and break the cycle of violence."

Designed to bring multiple services under one roof serving victims of domestic violence and their children, the dream of providing this resource, which actually began in 2004, is about to become a reality. Community organizations and government agencies will provide services, counseling and training along with limited child care for those in need.

Steven Siegel, of the District Attorney's office, proudly points out that the Rose Andom Center will shortly be a model for other cities looking to make ending domestic violence a priority. "This concept crosses political boundaries. It will not just serve those involved in existing cases, but we expect that it will help those in the community who are in need of our services."

information you want on them. She will mail them to you or bring them to a meeting.



Architectural Rendering of front of building at 1330 Fox

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HUMAN TRAFFICKING SYMPOSIUM

On Saturday October 31st I was again honored to attend the Human Trafficking Symposium in Colo. Springs. As usual it was a great event with a lot to learn. We



heard from speakers very knowledgeable in Human Trafficking from law enforcement to victims.

One of the most interesting and innovative speakers was Anya Cherneff. What made her most interesting and intriguing was her take on the issue. Anya is extremely passionate about empowering women to take control their own destinies. Anya has dedicated her life to promoting women's rights as human rights. She has worked for several trafficking organizations both here and abroad.

While in Nepal she became extremely frustrated. Her frustration stemmed from the fact that no matter how many victims of trafficking that were helped there were always more, a lot more victims with no end in sight. She decided to attack the root of the

problem as she saw it in Nepal, poverty. She realized that families would not be so eager to sell their children if they had enough resources to support them and live decently, that young women would not be so likely to sell their bodies if they had an honorable and useful profession. She also realized that the Nepalese were energy poor. 40% of the country does not have electricity and the electricity that does exist is sporadic and unreliable at best.

After a lot of thought and consideration Anya founded Empower Generation. This is a company that employs women to sell solar powered lanterns. They sell other solar powered lighting but the lanterns are the most popular and affordable. It is a tiered sales program much like Tupperware and much like Tupperware the women have a lot of flexibility. It is almost entirely a woman to woman business.

There are now 13 women led businesses and it is growing. In addition to pulling these women and their families out of poverty and helping this energy poor nation there are many more benefits. Most homes got their light from kerosene, which is a horrible health hazard in an enclosed structure. Women now have light to prepare evening meals. Students now have real light for studying. There is much more family activity in the home that has light. Anya has done a lot for the people of Nepal in addressing the root cause of trafficking.

Now let's not kid ourselves, there are many more causes, more stories, more statistics. I would be happy to bring more of these stories and facts to you in the coming months.

Have a wonderful, peace filled and relaxing holiday season.

~Mary B

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Zonta Member: Pam Dumonceau's company provides free financial planning resource to any and all!

Consistent Values writes a "Dear Abby" style column in the Denver Post. People that write in receive a one hour free consultation and a free financial plan!

Link to the most recent article is below:

What's The Plan November 22, 2015 Click <u>here</u> to see the article on The Denver Post's website.



Balancing paying for college tuition and saving for retirement can be very difficult for families, especially those with multiple children to plan for.

This week we look at a couple trying to balance retirement investing and college investing for their three children.

The Situation...

Kevin and Becky.....

Recommendations...

According to Mintel research, parents are more likely to be currently using a financial adviser (61 percent) than those without children younger than the age 18 at home (42 percent), and Becky and Kevin's situation is proof!.....

What's the Plan?

Ask Pam what you should do - email <u>whatstheplan@consistentvalues.com</u> to get advice. Names and identifying information are changed to protect confidentiality.

~Pam

PS. Please feel free to forward this article to family, friends, or colleagues.



December Holiday Party and Meeting

Meeting Details

Date: Thursday, December 10th

Time: 5:30 p.m.

Location: The Haven Holiday Party!!

Cost: This meeting is our holiday party with The Haven,

one of our Service Project and will be a potluck event . See the following message from Marylou Edwards as to food and other assignments - we

need 5 more items!

Message from Marylou Edwards about the Haven Holiday Party!

Hello Ladies - I hope your Thanksgiving holidays were terrific. And now we need to think about our Christmas party at The Haven.

So here is a reminder of what you signed up to bring to The Haven on Dec. 10. There are a few slots left open (designated in red with ###!!!###) - please sign up for whatever is possible for you to bring - and don't forget to bring the Christmas gifts for the women. We can get into the building (second from the corner) between 5 & 5:30 that evening to set up and we will plan to eat

at 6:30. Please leave extra time for travel- The Haven is a long trip for most of us and Christmas traffic at rush hour is formidable. If you need travel directions, please let me know.

PLEASE NOTE: DUE TO ALLERGIES OF HAVEN CLIENTS, DO NOT ADD ONION TO ANY DISH THIS YEAR!!

WE WILL BE FEEDING BETWEEN 50 & 60 WOMEN.

WE WILL BE FEEDING BETWEEN 30 & 00 WOWEN.
4 turkey breasts - already cut into generous slices: Judy Allen, Nancy McWhirrer, LIZ STEWART (2)
1 Lg. pot of turkey gravy:###!!###
3 spiral cut hams - already separated into generous slices: Mary Benoit, Debbie Gridley, Nikki Headlee
1 large pan of dressing: Mary Lou Edwards
2 large pans scalloped potatoes: Judy Bingenheimer and###!!!###
2 large pans sweet potato wedges (see recipe below if needed): Mary Lou Edwards, Mary Lou
Edwards
2 green salads: Kate Linscott, Gwen Fornia
2 fruit salads: Sheila Davis, Alexis Newton
50 - 60 rolls and butter: Evie Ashmore
Fruit punch: Judy Allen
6 Desserts (pies, cakes, Christmas cookies, etc.): Olette Stanberry, Olette Stanberry, CJ Long,
Nuts and Candy & bowls for each of 8 tables: Mary Benoit
Coffee: Mary Lou Edwards
lce (1 10 lb. bag), coffee creamer, sugar: Helen Mulhern
Table Decorations: Cathy Conley (Xmas confetti, snowmen, trees, etc for about 8 tables)
Paper Products:
Large oval paper plates - Kathy Hyzer Name tags: Kathy Hyzer
Hot/cold cups - Kathy Hyzer 8 Plastic tablecloths:

Kathy Hyzer

Holiday Napkins - Kathy Hyzer

Plasticware - Kathy

Hyzer

Small dessert plates - Olette Stanberry

If you have any questions, please call or email me: Mary Lou Edwards, 303-688-9787 or rhmledwrds@aol.com.

TUSCAN STYLE SWEET POTATO WEDGES

15 Lg. sweet potatoes, washed and cut into ¼ inch wedges. Oil heavy baking sheet with olive oil and arrange wedges, separating them. Rub wedges all over with olive oil then dust with coarse salt. Bake, basting with olive oil every 15 min. until brown and cooked through. Sprinkle with fresh grated parmesan cheese.









HACIKNDA COLORADO

Committee Reports

Service Committee

The 2016 grant recipients were announced and approved at the November Zonta meeting. The organizations selected this year were Making Choices, Domestic Violence Initiative, Hands of the Carpenter, Second Chances and COVA.

The monthly Delores dinner was served on November 15. A delicious menu featuring favorite Mexican casseroles was served. Thank you, Olette, Judy A, Mary Lou, Cynthia, Nikki, Mary, Debbie, and CJ for providing all the food. As always, Olette, did an exemplary job of organizing the dinner!

Our first service opportunity with Hands of the Carpenter was Saturday morning, November 21. Even though it was a frigid morning, there was a good turnout for the car clinic. We served refreshments that included donuts, breads, muffins, fruit, juice, and coffee. We also set up an activity table for the children.

Members brought activity books, stickers, crayons, markers, matchbox cars, and miniature My Little Ponies. Thank you, Debbie, for organizing this event! Thanks also to Julie, Nancy, Debbie, Cathy C, CJ, Evie, and Cynthia for providing the food and supplies. It was a very successful and enjoyable morning!

Mary Lou has been busy planning for the Christmas party at The Haven on December 10. Members signed up for food items and gifts at the November meeting. If you have not signed up yet, please contact Mary Lou.

Because members are providing items for the Christmas party, there will not be an additional Item of the Month collection for December.

~ Nancy



Yummy Mexican food at Delores Project in November - Great food, good company!





Fun at hands of the Carpenter on Nov 21st!



Please thank and patronize our 2015 Day of Film Sponsors!





Marian Lee Bank of Denver Cockriel Agency

Fund Raising Committee

"The fundraising committee, now 100% focused on the Day of Film, has exciting news regarding our major fund raiser. We are holding the Day of Film on March 5, 2016, at Metro State University. Instead of being seated in a theater and having the brunch in another area, we will be seated at rounds of 8 or 10. There are extremely large drop-down screens where our film will be shown. Now we will have



plenty of room for the brunch where our guests can be comfortable and not have to eat standing up. And, no one has to move after the film so we should not have the long lines for food and champagne that we've had before. We thought partnering with Metro State University would be appropriate since we have over \$100,000 in the Edna Jean Hershey Scholarship Fund at Metro, which benefits single mothers. In addition the Women's Studies Department has been a sponsor of our Day of Film for several years. There is a parking structure across the driveway from our building. Parking will be paid for by the Day of Film.

At this moment, we have not chosen a film. However, Kathy Hyzer and Gwen went to the screening of The Hunting Ground, which they feel would be a great film for us.

We're meeting on Wednesday, December 2, at Gwen's home at 5:30. Future meeting dates will be decided upon at that time."

~ Nikki

Please thank and patronize our 2015 Day of Film Sponsors!

Judith Allen and Richard Starlin





Advocacy Committee

The Sixteen Days of Activism against Gender-Based Violence started on November 25, International Day for the Elimination of Violence Against Women, and runs through December 10, Human Rights Day. The members of the Advocacy Committee will be meeting with Judy Allen, members of the PR Committee, and, we hope, other club members on Tuesday, December 1, to work on the Silent Witness program, our club project for the Sixteen Days.



Whether or not you were able to attend the December 1 meeting , you can still advocate or otherwise be active in the quest for an end to gender-based violence (often, but not always, violence against women). For example, go to the website of the National Domestic Violence Hotline. (This is a resource highlighted on the Colorado Coalition Against Domestic Violence website-its phone number is the one at the top of the CCADV's home page!) The Hotline's website includes simple suggestions for what a friend or acquaintance can do, person-to-person, to help a victim of domestic violence (go to http://www.thehotline.org/help/help-for-friends-and-family/) and then talk to a friend, family member, neighbor and coworker about the issue, tell them about the Hotline and the discuss ideas on the website. Some contradict "normal" reactions people often have to a victim's response to the violence.

If you have another idea, especially if you think it is better than this one, pretty easy, and something any of us could do, send it to me and I'll share it with the club.

~ Judy Mc

Please thank and patronize our 2015 Day of Film Sponsors!





PR Committee

PR is busy working on identifying venues to publicize our film event as well as monthly meetings and updating Facebook, Meetup, etc. We will beholding our meeting through emails for the time being.



~ Julie

Please thank and patronize our 2015 Day of Film Sponsors!





Membership Committee

Enjoy the holiday part at the Haven on December 10th. Our next meeting in January is our wonderful dining in event at Past President Sheila Davis' home in January which is a potluck. You will see more information in next month's Smoke Signal



~ Marian









Minutes

ZONTA CLUB OF DENVER **NOVEMBER 12, 2015** Hacienda Colorado I-25 & Colorado Blvd

Call to Order: 5:58 p.m.

Judy Allen, President

Introduction of Guests:

Lora Hansen, MSU Scholarship Advisor (Judy Allen)

Nina Chacon, Jane M Klausman Scholarship Winner (Judy Allen)

Diane Wall (Meetup)

Kathryn Wirkus (Program speaker: Women Veterans of Colorado)

Lorie DiSaia (Applying for Membership) Carol Mangold (Applying for Membership)

Program: Women Veterans of Colorado

Thank you to Zonta International and Zonta Club of Denver for the tremendous support of Women Veterans

Katherine shared her story of her many years of service in the Air Force.

The mission of Zonta is very similar to the Mission of Women Veterans of Colorado (WVC). which is to have all Women Veterans in Colorado realize their full potential.

Colorado has approximately 40,000 Women Veterans. Homeless women Veteran population is the fastest growing homeless population.

Non-membership, all volunteer organization. Not a Veteran Service Organization (like the VFW) WVC hosts educational conferences and symposia, connects the community, and provides information about local resources to support self-sufficiency.

Every year, they host a Women Veterans Conference themed around transition to civilian life Partner with: Volunteers of America, Student Veterans Organization at UCD, Adopt-a-Vet at Community Living Centers, Canines Providing Assistance to Wounded Warriors and others. Also participate in the Denver Homeless Veterans Stand Down, which focuses all military attention for one day on homeless Veterans. WVC is the only organization in Colorado that focuses on homeless women veterans. Next event is November 19, donate coats, money, gift cards, hats, gloves, etc.

Need help with website, strategic planning, fundraising, etc. If you are interested in volunteering, contact Kathryn: 719-387-1493 or Kathryn@womenveteransofcolorado.org See www.womenveteransofcolorado.org for more information.



Advocacy Moment: Judy McNerny

Global Goals (Sustainable Development Goals (SDG))

Leslie Wright presented on these goals that were developed by the UN. 17 goals were created for the world to aim on achieving. Goal number 5 is "Gender Equality" however, each goal being met will positively affect the status of women.

In Smoke Signal Judy McNerny asked members to consider steps that they will take to work towards the SDGs. Members shared examples of what they will do:

Carin Paupore: To continue organic community gardening (goal 12: Responsible Consumption and Production) which donates 2500 lbs of fresh produce to Denver Urban Ministries each year (Goal 2: Zero Hunger).

Judy Allen: Make Husband use a refillable water bottle instead of disposable bottles (Goal 12: Responsible consumption and production)

Judy McNerny: Help with Silhouettes campaign (Goal 5: Gender Equality)
Nancy Whirter: Promote Zonta to everyone (Goal 5: Gender Equality)

Cathy Conley: Use a reusable cup instead of paper cups at Starbucks (Goal 12: Responsible consumption and production)

Presentation of Nina Chacon (Jane M. Klausman Scholarship Winner)

Junior in Nursing, has 1 more year of school. Scholarship has helped tremendously in being able to show daughters that being a strong, educated woman is important. Thank you for the opportunity.

Presentation of Laura Hansen (Scholarship Coordinator at Metro)

Zonta Club of Denver has helped over 150 women with scholarships.

This year, Zonta has 5 scholarship winners, decided upon by Women's Studies. Metro is aware and appreciative of ZCD support. Shared story of Ana, who is a single parent of 2 with Cystic Fibrosis. She can't work but has created her own major of "Advocating for Children with Medical Conditions"

More the 70% of MSU Denver Graduates stay in the Denver community. These scholarships help to build the community.

Approval of October 8, 2015 Minutes

Carin Paupore, Secretary

Filed as submitted.

Treasurer: Filed for audit/ membership page for review

Committee Reports

Service (Nancy McWhirter)

Presentation of Service Grantees

Making Choices (Olette Stansbury and CJ Long)

Inside Denver Women's Correctional facility. Mentors teach decision-making and life skills to women in incarceration. Mentorship continues once women are released from prison. 92% of women who go through the program successfully transition back into society.

Will use \$10,000 grant for expanding and diversifying outside mentorship program.

Domestic Violence Initiative (DVI) (Debra Gridley and Penny Burke)

Small organization that was the first organization in the US to address the needs of women who are disabled and victims of abuse. Have since mentored 5 other facilities in 5 other states.

Provide training and education for community service providers

All clients fall into low-income categories with 95% reported layers of disability.

5 year goal is to have a shelter for women with disabilities who are victims of violence.

ZCD service project could be a Christmas party for the clients.

Grant award: \$5000

Colorado Organization for Victim Assistance (COVA) (Penny Burke)

Will use \$3,000 for 7 women and girl victims of human trafficking, helping them create self-sufficient lives through intensive case management and support services.

Second Chances (Judy Allen)

Will use \$10,000 to start a new business teaching women refinish and sell furniture.

Motion to approve Making Choices and Domestic Violence Initiative as new club projects: Judy Allen

Second: Evie Ashmore

Approved by Unanimous Consent

Motion to approve \$3000 from Service budget to be used for Service Grants: Judy Allen Approved by unanimous consent

Haven Holiday Party (Mary Lou Edwards)

Email went out earlier in the week with details about event. Let Mary Lou Edwards know if you will be going to the event and what you will provide.

Doing wish list gifts this year. If you are interested in buying gifts for a Haven resident, ask Mary Lou Edwards for a person to sponsor. (Detail in e-mail, maximum of \$20 spent)

Hands of the Carpenter Service Event November 21

Information about Jane M Klausan Winner Edit Maszlaver (Kathy Hyzer) First ZCD winner to also win ZI award.

Old Business

Silent Witness

Judy Allen

Silhouettes of women to be hung in public places that share the stories of women who were murdered due to violence against women or girls.

Asking members to create silhouettes, share information on them, to be included in the project. Doesn't need to be someone that you know.

Can also include statistics of violence against women, interesting or startling facts.

Silhouettes need to be red.

Wendy Henry-Moraskie will print silhouettes from the District 12 website.

Alexis Newton is working on finding a men's club to present silhouettes on.

Wendy Henry-Moraskie has a template to use to write the story. Contact her for the template. This is a Club Project, important that everyone get involved in some little way. Important to have as many people as possible to attend the presentation.

Zonta Rock Presentation

Alexis Newton

Presented to Carin Paupore, Secretary

Recognition of birthdays and membership anniversaries of November and December through presentation of yellow roses and certificates: Judy Allen

Dorothy Swindt: 33 years of service Cathy Conley: 17 years of service Evie Ashmore: 18 years of service Nikki Headlee: 29 years of service Penny Burke: 1 year of service

Debra Gridley: less than 1 year of service

Certificates presented outside of Regular Meeting:

Barb Pelligren: 29 years of service Liz Cameron: 14 years of service Pam Dumonceu: 8 years of service

Judy Allen and Mary Benoit met 6 ladies from the Cameroon Legislature. Visited Colorado and Vermont because we have the most female legislatures of all states. Explained Zonta, but there is no Zonta Club in Cameroon. Judy Allen going to send more information. Look for pictures in

the Smoke Signal.

Adjournment: 8:06 p.m.

Dates to Remember: November 21, 2015 December 3, 2015 December 10, 2015

Hands of the Carpenter Service Project ZCD Board Meeting (Perkins I-25) Haven Holiday Party

Respectfully submitted, Carin Paupore

Please thank and patronize our 2015 Day of Film Sponsors!





President's Message

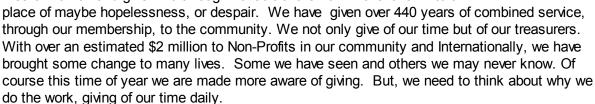
What is Volunteerism?

The dictionary states: "One who enters into any service of his or her own free will, offer or undertake to do something."

December 5, is the day of volunteering set forth by the UN. Have you ever asked yourself WHY DO I VOLUNTEER?

Does it make you feel good? Or do you do it because it might help someone who is in need of some service you may be able to give?

Zonta has given us the way to be volunteers in our community, to better the lives of women and girls who through no fault of their own have fallen into a



Working on the Silent Witness silhouettes has educated me that what is and has been happening to women and girls is a centuries old problem. Women have had to endure many hardships through the ages and still are today. Have you asked yourself what would I do in that situation? I have many times when I hear of a women being abused by some one they have trusted or not even known. Our grant recipients this year covers a broad range of aide to women in very different settings.

We will be giving of our time when we volunteer to do a service project with these organizations. We have given of our treasurers through the funding of these projects.

Thank each and everyone of you for the dedication you so feely offer with your membership in Zonta Club of Denver and the community.

Happy Holidays to you and your families.

Judy Allen, President

Please thank and patronize our 2015 Day of Film Sponsors!







Please thank and patronize our 2015 Day of Film Sponsors!







Upcoming Events



COLORADO GIVES DAY

For the sixth year, Community First Foundation and FirstBank are partnering to present Colorado Gives Day on Tuesday, December 8, 2015. MORE »

Each year the Community First Foundation and FirstBank partner to boost giving to Colorado non-profit service providers that are registered at Colorado Gives.

You can make your dollars go further when donating to charities by making your donation online thru Colorado Gives.

https://www.coloradogives.org/

You can also go online before next Tuesday to schedule your donation for that day!

Calendar

Date	Event	Time	Location	Details
Dec. 1st	Silent Witness Meeting	5pm	Mary Benoit's office 13th & Delaware	finish up Domestic Violence Stories & cut-outs, displays
Dec. 1st	Barbara Pellegren's Birthday			
Dec. 1st	Fund Raising committee	5:30 pm	Gwen Fornia's Home	Discussion of the film event
Dec. 3rd	Z C of D Board meeting	5:30 pm	Perkins Restaurant I25 & Colorado Blvd	
Dec. 6th	Evie Ashmore's Birthday			

Dec. 9th	Trustee's Meeting		Sharkey, Javier & Howes	
Dec. 10th	Holiday Party at the Haven	5:00 pm setup		If you haven't signed up to bring food items, please contact MaryLou
Dec. 15th	Nikki Headlee's Birthday			
Dec. 17th	Cathy Conley's Birthday			
Dec. 20th	Delores Project Meal	6:30 pm	1280 King St	
Dec. 25th	MERRY CHRISTMAS			
Dec. 31st	Penny Burke's Birthday			
Jan. 1st	HAPPY NEW YEAR!			



Zonta Club of Denver P.O. Box 2665 Denver, CO 80201

Empowering Women through Service & Advocacy | <u>information@zonta-denver.org</u>

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