



Smoke Signal

Z O N T A C L U B O F D E N V E R

THE WORLD OF ISSUES AND ADVOCACY

WOMEN, PEACE AND SECURITY



Today I awoke in a warm house, safe, secure, loved and looking forward to my toast and coffee and reading the newspaper. For most of us this not unusual. However this is not true for many of our sisters around the globe.

From 16 to 76 percent of women and girls experience sexual or physical violence from men in their lifetime. Everybody has a role to play in combating this global pandemic!

In 2000, the U.N. Security Council adopted Resolution 1325. A movement to bring more women to the peace table and to become leaders in this battle of violence against women. (In addition, what happened to CEDAW, the Convention on Elimination of All Forms of Discrimination Against Women signed by President Jimmy Carter in 1978? The United States has never ratified this treaty!) Resolution 1325 was touted as a watershed in the evolution of international women's rights and peace and security issues.

As a State Legislator for eight years, I saw with my own eyes how politics wins over issues. Here are some suggestions for helping each of us to become active in this fight against tyranny against women and human rights.

For more information sign up for SAY NO TO VIOLENCE AGAINST WOMEN AND GIRLS. www.saynotoviolence.org.

- Run workshops and sensitization trainings on the prevalent forms of violence against women and girls for police, judiciary, medical professionals, teachers, media, private sector companies, and faith based leaders. Each person you reach is an action. Tool kits are available from many organizations.

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PRESIDENT'S MESSAGE

As we approach the end of 2011, I can't help but reflect on what a wonderful group of women we have in our organization. The award that we received in November is a reflection of what we have been doing for our community for many years. Some may not know that this is the fourth time that we tried for the NPD award. Several members helped with writing the narrative, especially Nikki and Jacki. Judy Mc and Barb provided much needed background information. Beth wrote and submitted our entry last year. It truly was a group effort. We had a great turnout for the luncheon. We were certainly made to feel so very special, and like VIPs. If you missed the video of Dorothy, go to www.blacktiecolorado.com and click on the picture of Marilyn Van Derbur. There are a couple of other pictures there too. There is also a nice picture on



the Delores Project web site.

It is with regret that I tell you that Dottie has had to resign her position on the Board and as a Trustee due to her health. The good news is that she is going to remain a Zontian!! Judy Allen has consented to take over the chairmanship of Membership for the rest of the year. Thanks, Judy!

I know that we will all provide Dottie with moral support as she heals from her recent stroke. Cathy C is recuperating from her recent hip surgery. Be sure to send Cathy a note, I'm sure she would appreciate it.

Thank you for your support in 2011 and I look forward to seeing you at our Holiday Party on December 11. It promises to be a lovely evening.

—YIZ, Kathy

Advocacy, from p. 1

- Engage men, and youth and community leaders to raise awareness of and prevent violence against women
- Implement a zero-tolerance policy towards discrimination and harassment in your workplace and promote women's leadership.
- Sign the global call for action on www.saynotoviolence.org to tell governments around the world that you want them to make ending violence against women and girls a top priority.

—Alice

CLUB NEWS

Zontians and Friends Fill Two Tables at National Philanthropy Day Colorado Luncheon

At the National Philanthropy Day Colorado Luncheon on November 18, where ZCD received the award for Outstanding Service Organization of the Year, the club was cheered on by Terrell Curtis and Liesl Thomas from Delores Project, Greg Geissle with the Metro State Foundation, Tamra Ryan of WBP and Elizabeth Fisher of the Empowerment Program.

Among some pretty impressive company, President Kathy Hyzer was featured in a video about Zonta, then took the podium when invited and introduced Zonta to nearly 1000 luncheon attendees. President

Kathy talked about Zonta's mission, international and local efforts, and our multi-faceted approach, including fundraising, advocacy, hands-on service and grants awards. Here's hoping the message she shared with the 970 people at the luncheon will translate into more attendance at fundraisers and service projects, and perhaps more members.

Thank you, Kathy, for representing our club so gracefully and professionally.

—Wendy

HOLIDAY PARTY

Where: Maggiano's Little Italy Denver South
Dolcetto Room
7401 South Clinton Street
Englewood, CO 80112

When: Sunday, December 11, 2011
5:30pm – Cocktails
6:30pm – Dinner
8:00pm -- Entertainment

Menu: Appetizers, Salads, Pastas,
Entrées, & Desserts

Cost: \$50.00

RESERVATIONS: Please RSVP to Dorothy at (303) 934-3780 by December 6th. Checks should be made out to the Zonta Club of Denver, and sent to Gayle Erickson-Ash or brought to the party.

RSVPs cancelled after December 6th will be billed, as a final meal count will be given to the restaurant the morning of December 7th.

PROGRAM: *New Chords Musical Entertainment*

The New Chords, a non-profit singing group, has been performing in the Denver area for over 24 years. They have performed at the Governor's and Phipps mansions, the Museum of Natural History, shopping malls, churches, and in Denver's premier hotels, restaurants and country clubs. The group includes professionals from all walks of life, such as lawyers, doctors, engineers and educators.

Birthdays to remember—

George Armstrong Custer—Dec 5
Lynn Fontane and Evie—Dec 6
Sinead O'Connor and Diane—Dec 8
Emily Dickenson—Dec 10
Tim Conway and Nikki—Dec 15
Ludwig van Beethoven and Cheryl—Dec 16
Cathy and Chase Utley—Dec 17
Jane Fonda and Chris Evert—Dec 21

Directory Additions—

Susan Davenport's cell phone: 720-232-0564
Please add this number in your directory; and let Judy Mc know any time you find a mistake or other missing information.

Please note that the member information section of the directory is also posted in the members-only pages of our website and information is added and corrected there as corrections are published in the *Smoke Signal*.

Generosity is not giving me that which I need more than you do, but it is giving me that which you need more than I do.

~Kahlil Gibran



SAVE THE DATE!

**2012 ZONTA
DAY AT THE CAPITOL**

**JANUARY 17
8 AM**

COMMITTEE NEWS

SERVICE OPPORTUNITIES



At the holiday party, Alice will be collecting Target gift cards for clients of the Mental Health Center of Denver. If you will not be at the party, feel free to mail your cards to Alice.

PROJECT C.U.R.E. Holiday Project

For a second year, our holiday project is for each member in our club to fill one C.U.R.E. Kit for Kids. Through C.U.R.E. Kits for Kids, Project C.U.R.E. invites us to help provide everyday medical supplies and other essentials to children in the developing world. Last year we filled 42 boxes. Let's go for more this year!

There are some changes from last year. Please place your items—along with \$5 to cover the cost of shipping—in a PLASTIC BAG. The items will not be accepted UNLESS the \$5 is included.

Tip from Kathy Hyzer – She purchased nine of the ten items at the Dollar Store! Thanks Kathy!

Each member is asked to provide any ten items from the list below, with total volume about the size of a shoe box. The contents were recommended by doctors and nurses specializing in pediatric care, who understand intimately the keys to children's health.

The items are:

Pain reliever (ibuprofen or acetaminophen)	Antibiotic ointment (e.g. Neosporin)
Sunscreen	Safety pins
Dressing tape	Body soap or wash
Comb or brush	Facial tissues
Elastic bandage	Blunt scissors
Box of adhesive bandages	Sling
Burn ointment	1% cortisone cream

Tweezers

Lice shampoo (e.g. Nix, RID, or a generic that contains pyrethrum)

HOW TO DO

Please obtain ten different items (only new, clean, and unused) from the list above .

Please keep in mind when purchasing supplies that Kits for Kids are shoebox-sized boxes. Travel-sized items fit more easily than full-sized items.

Please remember to include with your ten items either a check for \$5 made payable to Project CURE or cash placed in an envelope. This will be used to cover shipping to hospitals and clinics in developing countries.

If you want to know where your Kit for Kids box goes, with your donations include a note saying "Follow Me" followed by your email address.

Bring your items and check to the holiday party. For those not attending, please give to a member who will attend the holiday party, call me at 303-617-0947 or email jeashmore@comcast.net and I will arrange to pick them up! I will take the plastic bags to Project C.U.R.E. and assemble the boxes there. (If you would like to help me with the assembly, please let me know.)

On behalf of some of the world's less fortunate children, Project C.U.R.E. thanks you for your contribution to its mission of "Delivering Health and Hope to the World."

—Evie



**PROJECT C.U.R.E.
Monthly Sorting**

WHEN: Monday, December 12
WHERE: Project CURE warehouse
10377 E. Geddes Avenue
Centennial

Please be there by 6:30 p.m.

In the past few months, containers have been staged for Uganda and the Congo. On November 14 Estella and I were part of a team that sorted and packed four pallets of medical supplies that will be sent to Haiti. It was great fun. Your efforts are worthwhile and very

much appreciated. Please join us!

In addition, if you have any unused medical supplies that would be suitable for donation, let me know and I will be happy to deliver them. Mary Benoit, Barbara Pellegren and I have donated medical supplies and these are deeply appreciated.

For more information about Project C.U.R.E., visit <http://www.projectcure.org/>.

If you have any questions, please contact me – email jeashmore@comcast.net; cell 303-746-4608.

See you on December 12.

—Evie



FUND - RAISING



Top Ten List of Items Currently Accepting

1. Plastic pillow covers (standard size)
2. Socks (white, women's, ankle length, all sizes)
3. Coffee/tea bags/drink mixes
4. Sugar
5. Trash bags, all sizes
6. Toilet paper
7. Bleach/household cleaners
8. Sunscreen
9. Ear plugs
10. Sleeping masks
11. Liquid dish soap/liquid hand soap

If you have a question about donating items not listed above, please contact Susan at 303-534-5411, ext 101 or at susan@thedeloresproject.org.

Fundraising Committee is moving forward on the film event in March - we do not have a film title yet but are meeting with the Denver Film Society to get it set this month.



We are working on setting up other aspects of the event. Keep March 10th on your calendar for the film event.

Don't forget to keep our garage sale in mind when you get those unwanted strange things at Christmas, you can save and donate them to sell at our sale in May.

Scarf sales are continuing in conjunction with some of the necklace sales thanks to Susan D. We are looking to try out a different scarf for sale and are looking for volunteers from those who sew to make a few. If you are interested in a small sewing project that takes about an hour of your time from start to finish on a scarf, let me know.

—Julie B

ZONTA INTERNATIONAL



Commission on the Status of Women

ZI STATEMENT IN SUPPORT OF RURAL WOMEN TO THE UN COMMISSION ON THE STATUS OF WOMEN'S 56TH SESSION

The theme of the Commission on the Status of Women's fifty-sixth session, "The empowerment of rural women and their role in poverty and hunger eradication, development and current challenges," is one that is particularly important in light of the many challenges facing rural women due to many factors including the current combined effects of world-wide economic instability and climate change, both of which exacerbate the poverty they are already experiencing.

In 1995, the Beijing Platform for Action emphasized that policies to improve the circumstances of women in rural areas needed to be formulated and, most importantly, those policies needed to be implemented. The areas of special interest at that time included rural women's access to resources such as land, credit, technology and decent employment. The need for rural women to be part of the decision-making processes was noted as was accessibility to education and health services.

Along with the Beijing Platform for Action, the Convention on the Elimination of All Forms of Discrimination against Women (CEDAW) specifically calls for States to guarantee to protect the human rights of rural women and that they have equal access with men to land, markets, health care facilities, training, education and decent living conditions.

Most families in developing countries rely on agriculture to sustain them. The women in rural areas, as a consequence, must take part in the farming chores while maintaining and caring for their families. Women play critical roles in the rural economy as well as agricultural production although

much of their work is under-reported due to the lack of disaggregated information. Much of the work they do may sometimes be considered "housework" when it is actually fundamental to agricultural production and development. The unpaid work of women on farms owned by the family is often underestimated as well as undervalued.

Some States that have adopted policies to bring about gender equity have failed to implement those policies. The result is that customs and cultural attitudes that perpetuate female stereotypes are allowed to go unchecked. When States do implement policies aimed at gender equity, many women, due to a lack of education and the resulting illiteracy, are unaware of the rights they do have and therefore do not claim those rights under the law.

In many countries, gender-based discrimination is the cause of rural women's inability to own or inherit land. Even when women are allowed to own or lease land, often times it is land that is difficult to farm and is far from points of distribution so that markets become almost inaccessible.

We believe that investment in rural women through education, training, better health facilities, and decent work and living conditions will reap benefits to all States which make these issues their priorities.

Climate change, as we know, has brought about unprecedented natural disasters and is one of the most serious challenges faced by rural women who are already suffering due to extreme poverty. We must realize the important link between climate change and gender as well as the significant easing and adaptation to climate change that women can help bring about. The role of rural women as agents

of change can be significant as they face the challenges of a greatly different future. They cannot, however, face these challenges if they are ill-prepared due to lack of education and accessibility to land, technology, and decent employment. The need for decent employment is a road to lifting rural women up from poverty that will only grow more desperate as agricultural pursuits become less and less likely to sustain their families. Unfortunately, there is a pattern of inequality when it comes to decent employment. Much of this stems from cultural discrimination. Women are often given the most menial of jobs, many with poor working conditions that offer low pay and long hours. This does not lead to equality, but perpetuates discrimination.

Ultimately, the cultural barriers that keep rural women in poverty and that prevent their empowerment can be overcome through the education of girls and women. The Millennium Development Goals (MDGs) include the aim that equal opportunity must be given to both boys and girls at all stages of education. Educated girls become educated women who have greater competence, which results in healthier families and communities.

While the preceding only begins to scratch the surface of the problems facing rural women, we feel the need to bring the subject of violence against women into the dialogue. It is a consequence of inequality between the sexes. UN Secretary-General Ban Ki-moon remarked, when launching his 2008 UNiTE to End violence Against Women campaign that, "...one out of every three women is likely to be beaten, coerced into sex or otherwise abused in her lifetime." We know that poverty and inadequate living conditions do much to aggravate the problem of violence against women. The problem is recognized to be more pervasive in developing countries where poverty levels are extreme. If we are to bring about the eradication of violence against women, an end to deprivation and poverty can help to speed that eradication.

Keeping in mind the above, our recommendations

are as follows:

- In all states, it is crucial to implement CEDAW and the Beijing Platform of Action in order to improve the lives of rural women and to empower them economically. At the same time such implementation will help to reduce poverty and help to sustain development.
- In line with CEDAW, special attention should be paid to ensure that rural women participate in all spheres of their lives which should include the political aspects, especially where decision-making is concerned.
- All States should be urged to make provisions and policies that are gender-based and gender-sensitive. Education, training and awareness should be provided so that women may take full advantage of those policies and provisions. Training of government and justice workers should not be a footnote to such policies, but an important component as well.
- The implementation of equality-based laws should be of utmost importance to all States. It is of no value to have laws that allow transgressors impunity.
- All issues of gender-equality must be based on the assumption that women's rights are human rights. A human rights approach will allow rural women to enjoy the full range of human rights and will help to eliminate discrimination and violence against women.
- All States should make every effort to increase the accessibility of health-care facilities for rural women. The health-care facilities should include preventative care as well as palliative care.
- All States should be aware of the cost-benefits of educating girls and women. Educating girls and women is an investment in the future and can only bring about better conditions for families, communities and countries.

Statement Respectfully Submitted

Dianne Curtis

President

Zonta International

MEMBER NEWS

Postcard from Florida

Hope all is well your way. I'm busier than a one-armed paper hanger. Can't get my house in order because am out trying new things all the time.

Go to a Civil Discourse Club meeting once a week.

The Foreign Film Club shows two different films a month with discussion and snacks afterward (everything in The Villages comes with food and beverages - cost at the Foreign Film Club is \$5 to join and \$1/film to cover food - amazing!?).

Volunteer at Kids Against Hunger once a month.

Go to Sunday Tea Club once a month on Sunday afternoon.

Volunteer at Operation Shoebox every Monday afternoon - this club is making, filling and mailing close to 40,000 Christmas stockings to our troops overseas. Over 400 people work all year long on this project - just love it.

Go to political clubs a couple of times of a month.

Will check out the Colorado Club in January. A man introduced himself at another club meeting and told me about it and then e-mailed me contact info. There are over 200 members in it.

Go to a lot of seminars put on by The Villages on local issues like gardening/landscaping (their flora and fauna is very different here), health, etc.

Am going to help the U. of So. Fl. with a research project on the people in The Villages and why they



are so happy, healthy and living so long (that ought to be interesting).

And just joined Lake Sumter Singles Club but don't have time to do much with them until after the first of the year, though will

probably go to a very nice ladies house party on the 18th. They have at least one activity on their calendar every day.

Besides all this I work out with my sister every day either biking, exercise class, walking, etc.

Am going to a shuffleboard clinic this afternoon at a rec center and will start pickleball lessons Monday.

I tell ya, this place is amazing and the people (most of them) are so friendly and helpful!! There are over 1,800 organized clubs/support groups, etc. here. I gotta run now - think there are over 1,700 I haven't checked out.

Oh, and am going to meet some Zontians for lunch on the 12th. A lady from Minneapolis who lives here half-time wants to organize Zontians who might be interested in working on helping women here. Outside of The Villages there is a lot of poverty in middle Florida.

I could just go on and on but this is enough.

Merry Christmas to all my Denver Zonta friends and best wishes for 2012. Miss you all. Enjoy keeping up with the *Smoke Signal* and e-mails but of course it isn't the same as being there.

—Carroll

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HAVE YOU READ—

Hotel on the Corner of Bitter and Sweet by Jamie Ford. Great writing style, has history, conflict, growing up, falling in love and politics. Has been out for awhile and was on the N.Y. Times Bestseller list. Just loved it.

—Carroll

Reading Lolita in Tebran by Azar Nafisi. Memoir about being a woman in Iran after the Islamic Revolution.

—Judy Mc

DOMESTIC DIVA**Fruit Ambrosia or 24 Hour Salad**

1 – 8 oz can pineapple chunks	1 – 8 oz carton sour cream
1 – 11 oz can mandarin orange sections, drained	1 cup miniature marshmallows
1 cup coconut	2 tablespoons chopped pecans

Drain pineapple chunks, reserving 1 tablespoon juice. In a medium bowl combine reserved juice, pineapple chunks, mandarin oranges, coconut, marshmallows and sour cream. Cover and chill for 2 – 24 hours.

Before serving, sprinkle with pecans.

Variations: Can change the varieties of fruit used. I often use fruit cocktail or tropical fruit. Can eliminate the coconut.

—Compliments of Jeannette

BLONDE COOKBOOK**MONDAY:**

It's fun to cook for Bob. Today I made angel food cake. The recipe said beat 12 eggs separately. The neighbors were nice enough to loan me some extra bowls.

TUESDAY:

Bob wanted fruit salad for supper. The recipe said serve without dressing. So I didn't dress. What a surprise when Bob brought a friend home for supper!

WEDNESDAY:

A good day for rice. The recipe said wash thoroughly before steaming the rice. It seemed kind of silly but I took a bath. I can't say it improved the rice any.

THURSDAY:

Today Bob asked for salad again. I tried a new recipe. It said prepare ingredients, then toss on a bed of lettuce one hour before serving. Which is what led up to Bob asking me why I was rolling around in the garden.

FRIDAY:

I found an easy recipe for cookies. It said put all ingredients in bowl and beat it. There must have been something wrong with this recipe. When I got back, everything was the same as when I left.

SATURDAY:

Bob did the shopping today and brought home a chicken. He asked me to dress it for Sunday (oh boy). For some reason Bob keeps counting to ten.

SUNDAY:

Bob's folks came to dinner. I wanted to serve roast. All I could find was hamburger. Suddenly I had a flash of genius. I put the hamburger in the oven and set the controls for roast. It still came out hamburger, much to my disappointment.

GOOD NIGHT DEAR DIARY:

This has been a very exciting week. I am eager for tomorrow to come so I can try out a new recipe on Bob. If we could just get a bigger oven, I would like to surprise him with Chocolate Moose.



NATIONAL PHILANTHROPY DAY



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**The true meaning of life is to plant trees,
 under whose shade you do not expect to sit.**
 ~Nelson Henderson ~

We're on the Web!
 Visit us at www.zonta-denver.org

U p c o m i n g C a l e n d a r E v e n t s – S a v e t h e D a t e !

December 6	Evie's birthday	December 18	The Delores Project—service opportunity
December 8	Diane's birthday	January 11	Amelia Earhart's birthday
December 10	Human Rights Day and last of 16 days of activism for elimination of VAW	January 12	Club meeting—dine in for ZI Foundation
December 11	ZCD holiday party— Maggiano's Tech Center	January 14	Area 3 service project— Project C.U.R.E.
December 12	Project C.U.R.E.—service opportunity	January 17	2012 Zonta Day at the Capitol
December 15	Nikki's birthday	March 8	Rose Day/International Women's Day
December 16	Cheryl's birthday	March 10	Zonta Day of Film— Denver Film Center
December 17	Cathy's birthday	July 7-12 , 2011	Zonta International Convention Torino, Italy