



Zonta Club of Denver

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SMOKE SIGNAL

CONTINUING ZONTA INTERNATIONAL SERVICE PROJECTS

Zonta Objective: Create HIV Free Generation in Rwanda

Since 2008 ZI has provided \$2.2 million USD to support a project for the Elimination of New Pediatric HIV Infection & Prevention and Response to Survivors of Domestic and Gender Based Violence in Rwanda. 89% of facilities offer prevention of Mother to Child transmission services and 62% of HIV and pregnant women received antiretroviral treatment during pregnancy.

The goal is to achieve an HIV free generation by 2015. Gender based violence has been widespread in Rwanda and more than 6,000 survivors have been treated at One Stop Centers.

One Stop Center facilities are delivering friendly services, programs and education. These centers respond to all survivors. They provide the medical, mental health, protection and legal needs of the survivor throughout the investigation and prosecution of violent crime with the timeliness, objectivity, and comprehension and precision required.

The goal is to support research to identify barriers to equitable access to quality comprehensive HIV prevention information and services; and support implementation of quality comprehensive HIV prevention information and services especially on young people and adolescent girls.

The Zonta International website includes two personal stories about the successes of this project, including the story of Jean Claude Siboniyo, his wife Claire and their 17 month old son, Yves (pictured above). Jean is HIV positive; however, thanks to a family health package, neither Yves nor Claire have tested positive for HIV. "Nothing matches the happiness we enjoy in knowing that our



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baby is healthy," says Claire. Read more at <http://tinyurl.com/k8grsq> by clicking on the link at *Human Interest Story: A Family Package*.

Dottie Jenkins

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**Zonta Objective:
Eliminate Obstetric Fistula
in Liberia**

Zonta International supports a project in Liberia towards elimination of obstetric fistula and reduction of maternal and newborn mortality and morbidity. Since 2008, Zonta International has provided a total of 1.95 million U.S. dollars to support this project. A total of 1,079 women and adolescent girls with various types of fistulae have received surgical treatment. A total of 264 survivors have been rehabilitated and reintegrated into their mainstream communities.

A fistula is a childbirth injury caused by prolonged, obstructed labor without timely medical intervention, usually a caesarean section. A fistula causes physical, social and psychological effects on the patient.

The project equips hospitals to treat and repair obstetric fistulae and trains health care providers in fistula management. In addition, education is the key to prevention. The project works with women and adolescent girls' advocacy groups and celebrities to raise community awareness of the issue and the harmful impact of traditional practices such as female genital mutilation that lead to obstetric fistula.

Often there is stigma associated with this condition, and those women suffering from fistula are abandoned by their families and marginalized by their communities. The Liberia Fistula Program includes a rehabilitation center to help reintegrate fistula survivors into society. The social reintegration activities help to ensure that there is proper follow-up and development of vocational skills to assist fistula survivors as they go back to their communities after treatment. Sarah, a graduate of the Program, says, "I never thought that I would have had the opportunity to be among my friends again." Read more of her story and see photos by clicking on the link for *Life after Fistula* at <http://tinyurl.com/k8grsq>.

[Zonta Says No](#)

[UN Women](#)

"You can tell people of the need to struggle, but when the powerless start to see that they really can make a difference, nothing can quench the fire."

Lehmah Gbowee

Help Needed

A secretary, treasurer assistant, data base experts, art organizers, a shoe contact, partners assistants, designers, and docents for the 2014 Zonta Says No event in October. Email or call Mary Benoit.

Business Cards

Do you have your Zonta business cards yet? If not, contact Julie Bradley to let her know what you want on them. She will mail them to you or bring them to a meeting.

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ZONTIAN RECOGNIZED FOR COMMUNITY LEADERSHIP

Zonta Club of Denver member Pam Dumonceau has received Honorable Mention for philanthropic excellence in the 2014 Invest in Others Community Leadership Awards for her Zonta volunteer work.

The Invest in Others Charitable Foundation established the Community Leadership Awards to support the philanthropic and volunteer activities of financial advisors. Financial advisors from across the nation are nominated by their peers for exemplifying outstanding leadership qualities in the industry and actively volunteering to improve their communities and make a difference in the lives of others.

Hundreds of nominations for the Community Leadership Awards are received each year and reviewed by a diverse panel of leaders in the financial services industry. This year's applicant pool was particularly strong. Those receiving Honorable Mention were selected based on their level of involvement, contributions, and the impact of their efforts.

Pam has been in financial services since 1983. She uses her practical experience to help families and business owners to make smart financial choices. Pam has received many awards from her clients and peers. Most recently, Pam achieved a perfect "5 for 5 record" being a multiple year winner as a "Five Star Professional Wealth Manager" given by 5280 Magazine, ColoradoBiz Magazine, and Five Star Professional. The Five Star Wealth Managers are a very select group, representing less than 9 percent of the wealth managers in Colorado.

Pam is a contributing member of several organizations aimed at the empowerment of men and women of all types. Two of her most valued memberships are with Zonta International and the Financial Planners Association. She most recently served as the Pro-Bono Chair for the Financial Planning Association of Colorado where she volunteers her time and expertise to those who do not have the benefit of a personal financial planner. Her education and registrations are in financial advising, investments and insurance.

She says, "I have been deeply impacted by the work conducted at Zonta Club of Denver. As a trustee of the organization I have the opportunity to work directly with the Board of Directors and create a strategic plan that is going to impact as many individuals as possible. My work is not in the area of direct client service but the work we do creates opportunities for these women to thrive."



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IGNITE THE SPIRIT OF "UBUNTU"

Leymah Gbowee is a Liberian social worker and women's advocate who also shared the 2011 Nobel Peace Prize (with Ellen Sirleaf and Tawakkol Karman).



She shared advice for women in an interview with *The Daily Beast* in April, 2010. She said:

We have a saying: "A single straw of a broom can be broken easily, but the straws together are not easily broken." So here are three things African women can do to support their sisters and daughters:

1. Join the support network even if your own community is not plagued with conflict or violence. Most women only take action when their own communities are threatened. This must stop if we are to tackle the ills that are plaguing our African society. We must ignite the spirit of "Ubuntu"- "I am what I am because of who we all are."
2. Develop a solid and consistent leadership base. The leadership of most African women's initiatives functions very well during times of crisis, but tends to disintegrate after a huge success is scored. Movement leaders, even myself, made our own plans for self-advancement. It is time that the leadership of African women's initiatives plans for succession.
3. Reach out to the un-converted. My final point comes from my 12-year-old daughter. For her, the feminist message is not filtering very well to potential victims, perpetrators, and government leaders. She believes-and I agree-that we speak loudest at women's conferences and other spaces already filled with the converted. But we must speak to everyone, everywhere, about the struggles of African women.

Read more about Gbowee at thedailybeast.com and at leymahgbowee.com.

Katie Boysen

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GOVERNOR'S SEMINAR

The theme for the Governor's Seminar this year is "**Looking Inward, Looking Outward.**" The kitty in the mirror really wants to be a **Lion!** *Ever feel like that?*



The theme is a great one because we will be:

- 1) Focusing on you (Looking Inward) via an Emergenetics Profile, and
- 2) Kicking off the Zonta 2014-2016 Biennium (Looking Outward) - International highlights, 2014-2016 Goals....and you have a chance to meet your District 12 Leadership team in a fun, engaging Trade Show environment.

The Emergenetics profile will be a tool that you can use in your working, family and Zonta life. It measures 2 attributes: Thinking preferences AND behavior style. Knowing your preferences and style will help you be an effective leader- as you will learn to identify styles and adjust your approach to ensure you are communicating to all your team members.

Who can attend? **Anyone. Get involved and meet other Zontians!**

So what are the logistics?

Registration Deadline: Sept. 1, 2014.

Also, take advantage of the **hotel rates by reserving a room by August 19, 2014**. Refer to Zonta of Cheyenne at:

- * Towne Place Marriott \$109 nightly (307) 634-0400
- * Holiday Inn Express \$119 nightly (307) 433-0751

Emergenetics profile **MUST** be completed prior to the seminar. In order to create a good working session with exercises, we need final registrations completed and the Emergenetics profile completed by September 1, 2014.

Cost: \$70 for seminar

- Optional: Friday Evening Mixer (9/19/14): \$20.
- Optional: Saturday Evening Event (9/20/14): \$35.

So sign up early and often!

Thanks,

Marcy O'Toole
Zonta District 12 Governor
2014-2016

Ed. note: We will be sending a separate email with registration forms to all members.

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HUMAN TRAFFICKING

From the July newsletter of the Human Trafficking Awareness Partnerships, Inc. (Florida nonprofit founded by Zontian Nola Theiss) -

In June, The Trafficking in Persons (TIP) Report was released by the U.S. Department of the State. This report is the principal diplomatic tool to engage foreign governments on the dangers of human trafficking. It provides an up to date and global account of the nature and scope of the trafficking industry. Read the report at state.gov/j/tip/rls/tiprpt/2014.

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AUGUST MEETING

Meeting Details

Date: Thursday, August 14, 2014

Time: 5:00 pm Social Hour
6:00 pm Dinner

Location: Liz Cameron's Home
6235 E. Montview Blvd

Menu: Pot Luck!
A-D Please bring a dessert
E-L Please bring a main dish
M-Z Please bring a salad

Advocacy Moment: Sheila Davis

Cost: Please bring \$10 to defray costs of drinks and extras

Reservations are not needed for this meeting.

Program: Relax and enjoy! Membership committee would like you to consider this a 'Plus One' meeting. **Bring a friend to meet your Zonta friends in a lovely setting and enjoy the beautiful summer evening.** Membership plans on having meetings throughout the year when we think friends would enjoy our meetings. Remember that your friends will enjoy meeting your Zonta friends and perhaps might be interested in our mission and joining as well. A great number of friends to Zontians have joined after attending this get together!

Item of the Month:

Packages of Colored Markers (thin and thick)
for
Smart Girl

Please bring to the August Zonta Meeting

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800 East 17th Avenue
606 West Colfax Avenue
530 South Holly Street



COMMITTEE REPORTS

Service Committee

The new service committee is off and running. Our first meeting was held on July 22 at 6:00 p.m. at Panera Bread.

Members volunteered to be the liaisons to our current grant recipients for the rest of the year. They are Kate for Open Door Ministries, Penny for COVA, Jeanette for Friends of the Haven, and Kathy H for Smart Girl. Olette will continue to work with The Delores Project.



Jeanette reported on this year's Jane M. Klausman selection. She and her committee, Laurie Peterson, Robin Jennings, and Beth Mundell, selected Autymn DeWolfe, a Regis student, after deliberating over the 10 applications we received. Autymn will receive her award at the September Zonta meeting. Thanks, Ladies!

Joetta, Dottie, and Nancy offered to write articles describing three of the International Service and ZISVAW Projects for the Smoke Signal. These articles will also be included in the new Zonta directory.

The grant process and the timeline for the new grant applicants was discussed and decided upon. The grant applications are due on Sept. 13.

For the July dinner at The Delores Project we served bratwurst and chicken sausage with all the fixings. Thank you, Olette, Nikki, Julie, Penny, Marian, Cynthia, Nancy, Beth, and Cathy C. for providing all the food. It was a big hit with all the Delores residents.

The next service meeting will be on Aug. 26 at 6:00 p.m. at the Village Inn on Colorado Blvd. by the Hacienda. The Item of the Month for the August meeting will be packages of markers (thin and thick) for Smart Girl.

Nancy

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Fundraising

We are looking forward to our first Fundraising committee meeting, coming up shortly on Monday, August 18th, 6pm at my house (14 Beacon Hill Ln). Committee members are asked to bring a bite to share. I would like to show off my new courtyard, but as of this writing it hasn't stopped raining for two days - please Mr. Sunshine, you are invited too!

We will be getting a start on our agenda, and will come up with a calendar for the next 12 months.



Gwen

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Advocacy

The Delores Project July newsletter included the following article:

Advocacy Matters - A Story of Hope

Sandra came to The Delores Project after she was no longer able to work and lost her apartment, leaving her nowhere to go. Unsafe living in her father's car, Sandra found The Delores Project. First accessing our emergency shelter program, Sandra thankfully had support from her family and community and quickly entered the Steps to Stability program.

Sandra was in a unique situation as she had a housing voucher. Because Steps to Stability provides individualized services, we were able to assess her needs and provide the appropriate level of case management she needed. Housing seemed to be the immediate goal due to the looming voucher expiration. With a two-week deadline, Sandra remained motivated, relentless, and focused on finding an apartment. Housing vouchers, while a fantastic resource, can have many barriers and challenges. Sandra came across significant hurdles being denied from the first apartment due to lack of income and a previous eviction.

Heartbroken and discouraged, Sandra persevered towards her goal of finding a new home.

Sandra Soon found another apartment that was willing to give her a second chance. Our Transitional Advocate (TA) and Sandra worked together with property manager to demonstrate that Sandra was a good tenant even with her limited income. The TA advocated on Sandra's behalf by coordinating services, sharing Sandra's strengths, providing financial assistance, transportation, and completing a plan with Sandra for success as a tenant.

Finally, the property manager accepted her application and Sandra was able to move into her very own apartment this summer. With the help of our donors Sandra received furniture to fill her new home. Due to Sandra's perseverance, support from her network of support, and the TA's advocacy, Sandra has a place to call her own!

While this is not a form of advocacy that ZCD members can provide directly, the Advocacy Committee hopes you will share the information you learn in the *Smoke Signal* and at meetings with others who may not understand the challenges faced by the women we try to help.

Judy Mc

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COLORADO WOMEN'S FORUM ON ECONOMIC OPPORTUNITY

Dear Fellow Coloradan,

I am pleased to invite you to attend the Colorado Women's Forum on Economic Opportunity that I am co-hosting with the American Association of University Women of Colorado, the Institute for Women's Studies and Services at Metropolitan State University of Denver, and the Triota Honor Society on Thursday, August 14, 2014, from 10 a.m. - 12 p.m. at the Metropolitan State University of Denver.

Since launching the Udall Women's Policy Network last June, my staff and I have been traveling throughout Colorado holding roundtables with women community leaders to learn about their ideas and concerns. Whether it's starting a business, workplace flexibility, equal pay for equal work, or access to an affordable and quality college education, most of the issues we have discussed share one thing in common - wanting better access to opportunity - and that's why I'm hosting a Colorado Women's Forum on Economic Opportunity.

My office will send out invitations to this exciting event soon. I hope you'll join me and my co-hosts to continue this important conversation so I can keep turning your ideas into action.

Warm regards,

Mark Udall

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GRANT APPLICATION AVAILABLE

Do you know of a nonprofit group that would like to apply for one of our grants for 2015? If so all the information can be found on our Zonta website. **To be Eligible for Funding it must:**

1. Support a new or on-going project for a 501(c)(3) organization.
 2. Project focusing on directly improving the status and quality of life of Denver at-risk women.
 3. The funding must be used for projects within the Denver Metro area that benefit local women.
- Applications are due to Nancy McWhirter at njm696@aol.com by September 13, 2014.

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DOMESTIC DIVA

If you are like me, you have lots of tomatoes and basil growing in your garden this summer. If not, they are plentiful in stores and markets, as well, right now.

Here is a simple side dish / light main dish that is perfect for a summer dinner or potluck:

Caprese/Farro Salad

Cook about a cup of dried farro (Italian wheat berry found in grain section) according to package directions. (Trader Joe's has a quick cooking version.)

To cooled down farro add:

1 cup chopped regular tomatoes or halved cherry tomatoes
1 cup bite-size pieces of soft mozzarella (the kind that is floating in water)
1/2 cup chopped fresh basil
2 TBSP olive oil
2 TBSP balsamic vinegar or lemon
salt and pepper to taste

Mix it all together and enjoy at room temperature.

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PRESIDENT'S MESSAGE

As I mentioned in my last message to you the Zonta International Convention was an exciting and inspiring time. I took some random notes. Now, after a breather and recovery from some nasty bug I brought home, here are some reflections on the convention.

31% of our new members leave within 2 years. WOW--that is something that needs to be fixed. I have always said if a club isn't growing, it is dying. Good Zontians are looking for a cure.

Laura Suarez, Amelia Earhart winner that spoke at the convention, was a fascinating speaker, but unlike most AE speakers, her topic was very understandable. SPACE JUNK, seriously a topic that truly needs to be examined. Ever since Sputnik was launched into space 40 years ago the accumulation of junk has been astounding. The closest estimate of the number is now 600,000 pieces. It does not go away, the sizes are varied and it is a great discussion on what to do with all that junk. Just imagine your basement and garage only the size of outer space.

And speaking of the AE Fellowship, this year there were 168 applications, 90 of whom were fully qualified, but only 35 fellowships were given. These numbers make us realize how important our fund raising efforts and personal donations are to the Zonta International Foundation.

And speaking of donations, the Zonta Club of Denver received a certificate of achievement because each one of our members made a personal donation to Zonta International Foundation. I would like to give a shout out to Pam Dumonceau for matching all



contributions up to \$25. Pam, you are awesome.

I hope you are having an enjoyable summer. It always goes too fast and the next thing we know we will be staring down the snow shovel. For right now, there are many activities planned, so fall should be quite exciting. We have our wonderful garden party / meeting at Liz Cameron's home on August 14th. Remember the Governor's Seminar on September 20th in Cheyenne. It sounds like a great program and a chance to have a Zonta fix.

Mark your calendar for the 2nd ZONTA SAYS NO event to be held on Saturday, November 8th, from 5 to 8 at Posner Center for International Development, 1031 33rd St. The event will be similar to the event last year with drinks, snacks, art and a lot of things to make us aware of the violence that women around the world suffer every day.

Please plan to come, please plan to help.

Mary

UPCOMING EVENTS

Share Dinner At Carmine's On Penn

Tuesday, September 2

*Join The Delores Project on **Tuesday, September 2** for the annual **Share** dinner at Carmine's On Penn. For \$45 per person, diners are treated to a delightful three-course family style Italian dinner.*

Great for couples to large groups, the Share dinner is more than a great night out and a way to support The Delores Project - Carmine's also provides this night for our shelter guests who enjoy a night out at a warm, welcoming restaurant.

Make your reservations today at www.CarminesColorado.com or call (303) 777-6443.

Thanks to Brad Ritter and the Carmine's on Penn team, as well as MV Transportation for making this evening special for everyone at The Delores Project!

SAVE THE DATE
You're invited
to celebrate...

**ZONTA CLUB OF
DENVER II**

*has achieved 501(c)(3) status
for tax-exempt organizations*

Join us for an Italian buffet

WHEN: Friday, Sept. 12, 6 to 8 pm
WHERE: Brio Tuscan Grille
2500 E. 1st Ave. Denver

INVITATIONS
ARRIVING SOON

CALENDAR

Date	Event	Time	Location	Details
August 14	Colorado Women's Forum on Economic Opportunity	10 am to noon	Metropolitan State University of Denver	
August 14	Club meeting	5:30 pm	Liz's garden	Bring a friend Pot luck and relaxation News from ZI Convention \$10 per person
August 18	Fundraising Committee meeting	6 pm	Gwen's 14 Beacon Hill Lane	
August 26	Service Committee meeting	6 pm	Village Inn Colorado Blvd. & E. Mexico	
September 2	The Delores Project Fundraiser	Make a reservation	Carmine's on Penn 92 S Pennsylvania St	\$45 per person
September 11	Club meeting	5:30 pm	La Hacienda Colorado I-25 and Colorado Blvd.	TBA
September 12	Zonta Club of Denver II 501(c)(3) Celebration	6 to 8 pm	Brio Tusean Grille 2500 East 1 st Avenue	Italian Buffet
September 13	ZCD Grant Application Deadline			
Sept. 19 -20, 2014	District 12 Governor's Seminar		Cheyenne, Wyoming	Looking Inward, Looking Outward Registration deadline: Sept. 1
October 9	Club meeting	5:30 pm	La Hacienda Colorado I-25 and Colorado Blvd.	TBA
November 8	ZONTA SAYS NO	5 to 8 pm	Posner Center for International Development 1031 33rd St.	Drinks, snacks, art and information about VAW
November 13	Club meeting	5:30 pm	La Hacienda Colorado I-25 and Colorado Blvd.	TBA
December 11	Holiday party	TBA	Friends of the Haven	TBA

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Mary Benoit, President | Gwen Fornia and Judy McNerny, Editors

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